

HE ARCH



Published by East Finchley Newspapers, P.O. Box 3699, London N2 8JA. http://www.the-archer.co.uk

SPORTS PAGE

By Robert Moore

Reading Half Marathon

Sunday 10 March 2002

APRIL 2002

Four local runners took part in the Reading Half Marathon, which is seen as an ideal road race in preparation for The London Marathon which takes place five weeks later on Sunday 14 April.



Left to right: Robert Moore, Sean Hussey & Tom Fothergill wearing medals after the race.

I was one of the lucky entrants who pounded 13.1 miles of Reading's streets in extremely cold, wet and blustery conditions,

Fortunately I was able to keep up a consistent pace of about 7.5 minutes per mile, and even managed a sprint finish!

My friends also enjoyed the run, and as we shall also be taking part in the London Marathon, this was a boost for us. We all play on Saturdays for North Finchley based Old Woodhouseians Football Club in the Southern Olympian League, and we are all raising funds for charity by running.

Results:

Christopher Grey (Muswell Hill) - 1 hour 59mins 02 seconds Tom Fothergill (Muswell Hill) - 1 hour 43 mins 15 seconds Sean Hussey (Long Lane, East Finchley) - 1 hour 43 mins 15 seconds (not a misprint-

Tom & Sean ran the course together)



Appliances are now available in our shop ranging from washing machines, tumble dryers, fridge/freezers.

Low voltage lighting -Special purchase 3 set (other styles available) Includes fittings, transformers and lamps for just £25 available in white, chrome or brass

We are also stockists of: Roberts Radios, Dualit toasters & Dimplex heating

020 8444 5630 115 High Road, London N2. www.ef-elec.co.uk

along with over 9,000 others.

Robert Moore (Cromwell Close, East Finchley) - 1 hour 42 mins 14 seconds



Five Bells FC

Don Spouse Memorial Cup Semi Final, 17 March 2002 Five Bells 4 Convers Park Reserves 1



Back I-r. Five Bells Captain Matthew Arvantis, referee Peter Davis and Conyers Park Reserves Captain Mark Rebbeck. Front Five Bells mascots Conor Mephan and Danny Thurgood. Photo by Robert Moore

Kayim scores all four in rout

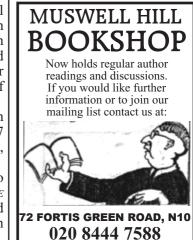
Five Bells FC produced a stunning performance with a demolition of Division One rivals Conyers Park Reserves. On a pitch that was soft underfoot and cut up badly towards the end of the game, the quality of the passing football played by the East Finchley based team was outstanding. Ten minutes before the break, James Allen made an attack down the right flank, reached the bye-line and put over an inch perfect cross for Kayim who volleyed into the net for a 1-0 lead.

The game was effectively put beyond Convers Park's reach in the 15 minutes before half-time, as Kayim continued to break through their line to grab another three quick-fire goals.

Conyers managed a consolation goal on 65 minutes, but the result was never in doubt. Matthew Arvanitis, Peter Parkinson (man of the match) and James Allen worked tirelessly in the midfield, and player-manager Robbie Banks was solid at the heart of the defence.

Five Bells now face Premier Division side Conyers Park 1st XI in the final on 7 April at Old Owens ground, Coopers Lane. Potters Bar - kick-off 11am.

Anyone interested in coming along to support the team, please contact me at THE ARCHER. A coach will take the team and supporters to and from the game, leaving from The Five Bells car park. All welcome.





Building Insurance

£100,000 Sum insured for only £140 A YEAR

Household Contents, Private Car and Motorcycle Policies

RAMPDALE INSURANCE BROKERS LTD 127 High Road, East Finchley, LONDON N2 8AJ

Members of The General Insurance Standards Council

THE ONLY BROKER IN EAST FINCHLEY PROVIDING YOU WITH INDEPENDENT INSURANCE ADVICE



0870 444 6126 / 0870 444 6125 E.MAIL BIKE@RAMPDALE.COM

