



Wendy Diamant, Duncan Mills, Maggie Driscoll, Kundan Clehane, Lawrie Chivers and Maureen Antionette. Photo by John Dearing

Christmas sparkle for schools and Brownies

By John Dearing

The East Finchley Traders Association, under the guidance of Lawrie Chivers and Dino Loizou, raised enough money some years ago to fund a set of Christmas lights for the High Road. Particular mention should be made of McDonalds, who contributed half of the £12,000 required at the time.

Since then, the Traders have raised money each year to pay for the lights to be serviced and installed. Now that Barnet Council have decided to take over this function (and the lights), the Association intend to donate the residual fund to some good causes.

Vibrant community

On Thursday 2 December, a social event was held for the Traders Association at the East Finchley Constitutional Club. The highlight of the proceedings was a speech by Lawrie Chivers, who first talked about the origins of the club some 100 years ago as a venue for local businessmen for lunch and for entertaining. He described East Finchley as a vibrant community and urged everyone to nurture it, particularly the local businesses

that make it such a unique place.

As an example, he asserted that our Christmas lights were the best in the borough, and this was down to the efforts of the Traders. He noted that despite being given the existing lights, the Council had sought a further £1,500 contribution, which the Association had turned down, preferring to decide for themselves how the fund would be used. In deciding who should benefit from the donation, Lawrie said that he attended Holy Trinity School in his youth, and was later a governor at Martin School. He also noted that the Brownies had collected for the Christmas Lights in years past, so he proposed to the Traders Association that these should be the beneficiaries, which they agreed.

To considerable applause, he then presented a cheque to a representative of each of these organisations.

Never on a Saturday?

By Daphne Chamberlain

Never mind the charter, taste the mushrooms! That's the message from Chris Elder of City Farmers' Markets' Alexandra Palace site. News that the European Parliament is being asked to overturn a 17th century charter, forbidding Saturday markets within 6.66 miles* of Enfield Town, has started speculation as to whether the Farmers would move from Sunday to Saturday.

Archaic law

Local councillors say it is ridiculous that an archaic law should dictate when Haringey can hold markets. They say it is contrary to EU competition law.

There are similar charters all over the country, and Haringey LibDem councillors want the EU to ask the British Government to remove these restrictive clauses if they do not serve any beneficial social purpose. They believe that the Sunday market might be even more successful on a Saturday, and they say it should be up to the local community when any market takes place.

Chris Elder told *THE ARCHER*, "I knew about the charter before I set up the City Farmers' Market here. In fact, I discovered it. I'm very happy with Sunday, and have no plans to change the day.

The market is already generating more local trade. Several of the neighbouring shops are opening on Sundays now. It is important though to realise that there are charters in other places besides Enfield."

What about those mushrooms?

The Farmers' Market will be held on Sunday 9 January and Sunday 23 January, and on the 23rd the theme will be mushrooms. They will be arriving fresh from Cheltenham, along with smoked garlic from the Isle of Wight. Chris Elder promises recipes, cookery demonstrations, and the chance to sample them.

*Why 6.66 miles? Apparently that was the distance a horse could be expected to travel in a day.

Advertising Feature

Treat Yourself for 2005

WITH the Christmas party season over, it is important for us to keep looking and feeling good. And at the Isabel Douglas Health & Beauty Centre in East Finchley, you will find experts on hand to attend to your every need. Whether it is a relaxing massage you are after, or a deluxe manicure and pedicure to give the finishing touch to your festive look, the centre offers a range of treatments to suit all requirements.

The Salon, run by Nova Douglas, specialises in top quality cutting and colouring and gives complimentary consultations to anyone wanting advice on their hair.

Nova trained and worked with Vidal Sassoon and prides herself on bringing a little of the West End to East Finchley.

"The salon is very much about quality and keeping up to date with the latest fashions and trends," says Nova.

"We specialise in organic colouring which is extremely good for the hair as there is no

peroxide and no ammonia. It's very gentle, covers grey 100 per cent and leaves the hair in great condition." For those with hair and scalp problems, Isabel Douglas is a Trichologist with more than 30 years experience treating hair loss, dandruff, flaky and itchy scalp, greasy hair and



scalp and psoriasis, also an expert in colour correction. Isabel says: "Deterioration and dehydration of the scalp produces dry, limp and dull hair but there are treatments that can help promote natural, silky and shiny hair."

But it is not only help with hair that the centre offers its clients. There are a host of

alternative therapies available including osteopathy, chiroprody, shiatsu, reflexology and acupuncture. For the ultimate relaxation, you can choose from a wide range of massages, including aromatherapy, Indian head massage and a deep tissue massage to relieve built-up tension.

The manicures, pedicures and nail extensions available at the centre use UV Gel, Silkwrap and fibre glass as a healthy alternative to the usual acrylic used in these treatments. Clients can also opt for a St Tropez tan, the safe and easy way to achieve that all-important sun-kissed look during the winter months. For the ultimate pick-me-up, Dr Steven Harris, who works at the centre, offers Botox as a safe and effective treatment to reduce unwanted fine lines and wrinkles. Nova adds: "Many clients come and spend the whole day here. They get their hair done, have a massage and a manicure and really enjoy a relaxing day of treatments all under one roof."

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