



## THE ARCHER

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*Thank you to The Bald  
Faced Stag for providing  
us with a meeting place.*

*THE ARCHER team wishes  
to thank all the generous  
people who give up their  
spare time, in all weather,  
to deliver the paper for us.*

### Your contributions

If you have a story for us, please contact us at the above address.

Comments to THE ARCHER may be published unless clearly marked 'Not for publication' within the text.

### Copy deadlines 2008

September issue: 15 August  
October issue: 12 September  
November issue: 10 October

## USEFUL TELEPHONE NUMBERS

### Councils

**Barnet Council:**  
Admin/Town Hall 020 8359 2000  
Council Tax 020 8359 2608  
Recycling & refuse 020 8359 4600  
Primary Care Trust 020 8201 4700  
Benefits Agency 020 8258 6500  
Employment Service 020 8258 3900  
**Haringey Council** 020 8489 0000

### Leisure

**Alexandra Palace** 020 8365 2121  
**East Finchley Library** 020 8359 3815  
**Muswell Hill Odeon** 0870 505 0007  
**Phoenix Cinema** 020 8444 6789  
**Warner Cinema** 020 8446 9933

### Transport

**BR Enquiries** 0845 7484950  
**City Airport** 020 7646 0088  
**London Transport** 020 7222 1234  
**National Express** 08705 808080  
**Heathrow Airport** 0870 000 0123

### Hospitals

**Barnet General** 0845 111 4000  
**Coppetts Wood** 020 8883 9792  
**Finchley Memorial** 020 8349 7500  
**Oak Lane Clinic** 020 8346 9343  
**Royal Free** 020 7794 0500  
**St Luke's** 020 8219 1800  
**Whittington** 020 7272 3070

### Health Advice

**AIDSLINE** 020 8363 2141  
**Alcoholics Anonymous** 0845 7697555  
**Barnet MENCAP** 020 8203 6688  
**Cancer Support** 020 8202 2211  
**Carers' Line** 0808 808 7777  
**Drinkline** 0800 917 8282  
**Drugs Helpline** 0800 776600  
**Health Info Service** 0800 665544  
**MIND** 020 8343 5700

### OAP's Advice

**Barnet Age Concern** 020 8346 3511  
**Contact (N2)** 020 8444 1162

**Help the Aged** 0808 800 6565

### Crime

**Emergency** 999  
**Finchley Police** 020 8442 1212  
**Mus. Hill Police Stn.** 020 8345 2148  
**CrimeStoppers** 0800 555111  
**Victim Support** 0845 303 0900  
**East Finchley Safer Neighbourhood Team** 020 7161 9014

### Help & Advice

**Childline** 0800 1111  
**Disability Info Service** 020 8446 6935  
**E.F. Advice Service** 020 8444 6265  
**Gingerbread** 020 8445 4227  
**National Debt Line** 0808 808 4000  
**NSPCC** 0800 800500  
**Rape & Sexual Abuse** 020 8683 3300  
**Relate** 020 8447 8101  
**RSPCA Inspector** 08705 555 999  
**Samaritans** 08457 909090  
**Refuge Crisis Line** 0870 599 5443

EAST FINCHLEY  
ADVICE SERVICE

42 Church Lane, London N2 8DT.  
Tel/Fax: 020 8444 6265

**General Advice.**  
Monday to Friday: 10am -  
12.30pm and 1.30pm - 4pm.

**Legal Advice.**  
Tuesdays: 7pm - 8pm.

**Councillors' Surgery.**  
Saturdays: 10am - 11.30am

### Community Services

❖ **Credit Union**, Green Man Community Centre 020 8883 4916  
❖ **Careers advice**, Green Man, Community Centre 020 8883 4916  
❖ **Toy library**, Muswell Hill 020 8444 0244/ 8489 8774

## While the mice are away

When you are on holiday, your home can be vulnerable to the attention of burglars, but there are many ways to reduce that risk.

Make sure your home looks like someone is living in it. Curtains closed in the daytime tell the opportunistic burglar that your home is unattended. Use automatic timer-switches to turn your lights on when it goes dark.

Cancel any milk or newspapers. Cut the lawn before you go. Don't discuss holiday plans with strangers and don't put your home address on your luggage when you are travelling to your holiday destination.

Think about using the Royal Mail's "Keep Safe" service.

They can keep your mail for up to two months.

If you usually leave your very expensive pedal cycle or lawn mower in the shed, consider bringing it into the house.

Just before you leave for the airport or to beat the rush hour traffic to the coast, take a couple of minutes to walk around the house making sure all windows and doors are locked. Check for valuable items, such as laptops, on open display and conceal them.

If your house has a drive, persuade a neighbour to park their car on it while you are away.

## Planning Applications

### Barnet Council

**75 Abbots Gardens, N2**  
Loft conversion and dormer extensions to rear roof slope.

**18 Baronsmere Road, N2**  
Single storey rear/side extension. Alterations to windows.

**18 Cherry Tree Road, N2**  
Ground floor rear extension.

**208 Creighton Avenue, N2**  
Conversion of garage into habitable room. Creation of balcony at first floor level at rear. Roof extension involving rear dormer windows to facilitate a loft conversion. New front porch. Alterations to windows.

**156 East End Road, N2**  
Single storey rear extension to accommodate additional storage space.

**3 Elm Gardens, N2**  
Demolition of existing rear extension and garage. Erection of new rear extension and new detached garage at rear of dwelling.

**Oak Lodge School, Heath View, N2**

Extension to existing main entrance area, relocating school offices and provision of a 'Community Room' and internal reconfiguration of existing staff facilities. Infilling of courtyard area providing additional classroom space and flexible teaching space.

**Phoenix Cinema, 52 High Road, N2**

Erection of a detached timber

shed in a rear yard.

**201-203 High Road, N2**  
Change of use from B1 (office) to A1 (supermarket). (205Sq.m.)

**Chapel at junction of St Mary's Road and Lower Road, Islington and Camden Cemetery, High Road, N2**

Addition of Photovoltaic panels to roof of chapel.

**46 and 48 Lankaster Gardens, N2**

Single storey rear extensions to both properties

**Garage adjoining 82 Leicester Road, N2**

Construction of first floor over existing single storey building and conversion into one bedroom house.

**36 Leopold Road, N2**  
Single storey rear extension.

### Haringey Council

**2 Bancroft Avenue, N2**

First floor side extension.

**70 Twyford Avenue, N2**

Alteration to front elevation, change garage door into window, internal alterations to improve insulation, appearance of garage and garage to be used as habitable room.

**27 Twyford Avenue, N2**  
Alteration of hipped roof to gable end, erection of two rear dormer windows, erection of first floor extension over garage to front and erection of single storey rear extension with conservatory.

## Deliverers wanted

Could you spare 30-45 minutes a month to help us deliver THE ARCHER? We're a community newspaper and we rely on volunteers to distribute the paper to 9,500 households in the East Finchley area.

We currently have a few rounds that aren't being covered, and we'd like to get THE ARCHER to people in those roads again.

Copies of the paper would be brought directly to your door around the start of each month and you can deliver them in your own time.

Here are the rounds that currently need covering:

• Manor Court (Aylmer Road)/Mansfield Heights (Great North Road).

• Widdecombe Court / Widdecombe Way.

• The Grange (three rounds)

We also need drivers who could deliver the papers to our distributors, typically eight or nine 'drops'.

If you can spare a little time each month to help with our deliveries, it would be much appreciated. Please contact us at the-archer@lineone.net or 08717 334465.

## OSTEOPATHY

at

## The Twyford Practice

*Osteopathic consultation and treatments  
in Fortis Green, N2.*

**Robin Kiashek,**  
**Osteopath and Naturopath,**  
**Bsc (Hons), Ost Med.,**  
**N.D., M.R.N.**

**For appointments:  
please phone 020 8815 0979**

**or visit:**

[www.robinkiashek.co.uk](http://www.robinkiashek.co.uk)

**for further information**

## BOBATH CENTRE

FOR ADULTS WITH NEUROLOGICAL DISABILITY

Stroke

Brain injury

Multiple sclerosis

Spinal cord injury

Dystonia

Cerebral palsy

The Bobath Centre offers specialist physiotherapy for a range of neurological conditions.

Our treatment is tailored to the needs of the individual and focuses on regaining independence and improving a person's quality of life.

If you would like to know more about how we can help, please call Diana on 020 8444 3355 or email [info@bobathlondon.co.uk](mailto:info@bobathlondon.co.uk)

[www.bobath.org.uk](http://www.bobath.org.uk)

The Bobath Centre, Bradbury House, 250 East End Road, London N2 8AU