

A community newspaper for East Finchley run entirely by volunteers.

Phoenix Cinema's £600,000 breakthrough

By John Lawrence

The team at the Phoenix Cinema are celebrating after their ambitious project to restore the glory of the 100-year-old building won more than £600,000 in lottery cash. Months of detailed preparation and painstaking paperwork by Chief Executive Paul Homer and his team went into the successful bid for the Heritage Lottery Fund award.

But this cash boost is only the start of the hard work. Now the Phoenix must raise the final £200,000 it needs to get the building work under way. The cinema is asking for donors to step forward and for film lovers to support a series of fundraising events planned for this year.

The Phoenix will shut its

The £607,000 grant repre-

Swine flu cases at **Holy Trinity**

Parents have been warned that swine flu has reached Holy Trinity School. A letter was sent home from the primary school in Eagans Close on 24 June.

The letter from Dr Andrew

He stated: "This infection has now affected people in a number of schools in London and it seems to be more common. Our current experience is that, in the vast majority of instances, this is a relatively mild, short-lived infection that

HGS school closure

Garden Suburb Junior Schools in Childs Way, NW11, reported 143 cases of a mild viral-type illness amongst pupils and staff. Most sufferers recovered quickly.

their health should contact NHS

Faces of the Festival

Master of Ceremonies Antigua Joe and young fan Fin from Martin Primary School enjoy the fun at the 2009 **East Finchley Festival.**

Photo by Sylvie Clarke.

See our picture special on pages 6-7.





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Councils





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Health trust changes name

By Janet Maitland

A recent report by the Local Government Association revealed that 50% of people don't know what a Primary Care Trust (PCT) is or what it does.

Barnet PCT has therefore just changed its name to NHS Barnet, in line with national recommendations. NHS Barnet's role is to commission, or buy, the most appropriate health services for the approximately 367,000 people living in Barnet. To do this it has a budget of £414 million.

There is also a new name, Barnet Community Health Services, for the wide range of healthcare services commissioned by NHS Barnet.

'We were assessed as one of the top performing PCTs in London recently," said Alison Blair, Acting Chief Executive of NHS Barnet. "But we know a lot more needs to be done to improve services and improve health locally and that is what NHS Barnet will concentrate on.'

Planning Applications

Barnet Council 60 Abbots Gardens, N2 Single storey rear extension. 13 Bedford Road, N2 Single storey rear extension. Eastwood, 41 The Bishops Avenue, N2 Demolition of existing buildings. Landscaped area at corner of The Causeway and Deansway, N2 Installation of new green coloured fibre cabinet adjacent to existing cabinet (British Telecom fibre network).

59 Church Lane, N2 Installation of external extractor fan and flue to rear of restaurant. 42 Church Vale, N2

Part single, part two storey side extension (facing No.44). Single storey side extension (facing No.40). New canopy porch and single storey extension to front. Alterations and extensions to roof including three side dormer windows to facilitate a loft conversion. Oak Lodge School, Heath View, N2 Single storey rear infill extension to courtyard providing one additional classroom.

to northeast elevation to provide additional classroom. Internal alterations.

The Manor House, The Sternberg Centre, 80 East End Road, N3 Renovation of south-west (garden) elevation of the Manor house works to include cleaning and repair of brickwork and stonework, repointing as required, renovation of windows and shutters, rainwater goods, steps, railings and balustrades and redecoration as necessary.

Haringey Council 3 Bancroft Avenue, N2 Erection of single and part double rear extension. To side of 115 Fortis Green, N2 Installation of green telecommunications cabinet. 3 Greenfield Drive, N2 Erection of single storey garden building to rear of property. 10 Midhurst Avenue, N10 Erection of single storey rear extension. 42 Twyford Avenue, N2 Demolition of existing garage, erection of two storey side extension with pitch roof, erection of single storey rear extension and erection of rear / side dormer window with insertion of three rooflights to front roofslope. 72 Twyford Avenue, N2 Erection of first floor rear extension. Flat 11 Whittington Court, Aylmer Road, N2 Replacement of existing metal windows with PVC double-glazed

windows.

Beware electricals and parcels scams

Police are advising the public not to reply to bogus adverts placed in local and national press by a company claiming to sell high value electrical goods at reduced prices.

Customers who have attempted to buy these goods have been asked to pay or transfer cash into a bank account. They are told that the items will be sent to them only to find that the purchases never arrive.

The adverts have been placed nationwide under a variety of names including Arash Ltd, Gadget Limited, Office Bits Warehouse, Office Supplies Cabin and Office Brands Megastore. The only contact details are telephone and fax numbers and occasionally an email address that is based on the URL @easymailorders.com.

Another aspect of the scam is that cards from a company calling themselves 'Parcel Express UK' are posted through random front doors telling the householder that they have missed delivery of a parcel. It asks the recipient to phone a number and pay for a customs charge of the product by credit or debit card. Once this is

done the parcel fails to arrive. The money is not debited from the victim's account but the details are later used fraudulently. Parcel Express UK is not a legitimate company.

Police advise that you should not provide your card or bank details to organisations or people not known to you, unless you are confident of the legitimacy of the company contacting you.

Police have also warned of a company calling themselves Network Link Courier posting fake delivery notes through letter boxes. The address provided in Rainbow Industrial Estate, Raynes Park, is false.



sandraslifebus@live.co.uk



The Archer team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

Your contributions

If you have a story for us, please contact us at the above address. Comments to The Archer may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines

August issue: 10 July September issue: 14 August October issue: 11 September 11 High Road, N2 Installation of external fascia sign. The Coach House, King Street Mews, King Street, N2

Conversion of part of existing office building into live work unit containing two bedroom apartment, associated office and separate pottery studio. Insertion of glass screen to rear first floor terrace. Martin Primary School, Plane Tree Walk, N2 Erection of single storey extension Osteopathic consultation and treatments in Fortis Green, N2. Robin Kiashek, **Osteopath and Naturopath,** Bsc (Hons), Ost Med., N.D., M.R.N. For appointments: please phone 020 8815 0979 or visit: www.robinkiashek.co.uk for further information



By David Tupman

Seventy years old this July, who would have thought it of our local Grade 2 listed gem of a building? The station was conceived in the 1930s as part of a programme to extend public transport connecting East Finchley with the Northern line and to provide work to alleviate unemployment.

The overground railway had come to East Finchley in 1867 and was part of the route running from High Barnet to Kings Cross via Highgate and Crouch End. New work began in November 1936 with the construction of tunnels from Highgate to East Finchley and the rebuilding of the station.

Designed by Charles Holden and LH Bucknell in red-brown brick and concrete, the island platforms for four lines were spanned by staff offices with a flat cantilever roof. Access to the offices was by two sets of spiral concrete staircases enclosed by curved glass walls for the whole of their height. Such a feature is also found in the splendid De la Warr Pavilion at Bexhill-on-Sea built in 1935.

The construction involved an enlarged railway bridge over the Great North Road as well as the diversion of Brompton Avenue and the demolition and rebuilding of The Old White Lion.

Above the station is a statue of an archer standing ten foot high pointing towards London and designed by Eric Aumonier, though our very own 'Archie' was not actually unveiled until 1940. Lord Ashfield, then Chairman of London Transport, hosted an opening day party on 3 July 1939, arriving in a special train from Archway. After formalities, the guests had a slap up lunch at the newly reconstructed White Lion Hotel. So here's to the next 70 years!

Do any of THE ARCHER's readers remember this day? Please let us know. Our contact details are on page 2.



The Archer statue on top of East Finchley tube station. Photo by Erini Rodis

Spotlight on street light overhaul Many readers have complained to *THE ARCHER* about the street light replacement pro-

Many readers have complained to *The Archer* about the street light replacement programme that took place throughout East Finchley and other areas of Barnet in May and June. People were annoyed that some lamps were repositioned in the branches of trees, closer to bedroom windows or next to driveways where they are causing obstructions. We took your questions and concerns to Barnet Council.

The Archer: People want to know why the present lights are being replaced after a fairly short time.

Barnet Council spokesperson: The street lights are being replaced for two reasons 1.) Many columns are/were life expired and in need of replacement as their structural integrity could not be guaranteed. The lighting units attached to these old columns are also life expired and in need of replacement as they are inefficient, environmentally unfriendly and provided poor lighting output. 2.) The remainder are being replaced in order to upgrade them to meet current standards.

How is this being funded?

The replacement programme and maintenance provisions are included in a Private Finance Initiative Contract (PFI). Under this type of contract, Central Government provides substantial grant funding to support the costs of the PFI. Since entering the PFI contract the council has not needed to increase its budget provision for street lighting, but will benefit from around 70 per cent of the lighting stock being renewed and brought up to current standards.

The positioning of the new lights is causing problems. Some have been installed with the lanterns in tree branches or next to trees which will grow around them.

Clearly it is not desirable to install lighting columns close to trees, however in heavily tree lined roads it is not always possible to position columns in the preferred/ideal positions due to other constraints such as Utility equipment (chambers, ducts, boxes etc) and vehicle crossovers. Designers attempt to utilise existing positions where possible and to position columns at property boundaries. The responsibility of order to maintain light output. It is therefore not in the service provider's interest to position new columns close to trees as this increases his maintenance liabilities and hence costs.

The glare from the new lights is disturbing people in their bedrooms.

The service provider is required to respond to all concerns expressed by residents in this respect and there are actions that can be taken to mitigate light intrusion. This includes altering lantern optic settings, fitting front and/or back shields to lanterns and in extreme cases relocating columns

What do you think of the new street lights? Contact us by phone, email or post. Details are on page 2.



Reuby and Rene Hyams. Photo by Daphne Chamberlain

Fighting couple foil intruders

By Daphne Chamberlain

Rene and Reuby Hyams celebrated both their Diamond Wedding and Reuby's 91st birthday last month, but just before these happy events things could have gone terribly wrong. On Saturday 23 May, two men got into their flat in Elmshurst Crescent under false pretences.

Rene told *THE ARCHER*: "We were expecting a delivery from Iceland between 3 and 5pm, so when a young man called at the door just a minute or so before three, I opened the door right away. I would never have done that normally. Then he said he was working on water in the flat upstairs and some of it was coming through to us."

Work is being carried out on kitchens and bathrooms in their block, but when the man went into their kitchen, Reuby was instantly suspicious. "He looked on edge," he said, "and I indicated to Rene she should check the front door. As she passed our bedroom door, she saw another man sitting on the bed, going through a drawer. Then Boadicea took over."

Boadicea, aka Rene, explained: "I was just so angry. I screamed at him at the top of my voice to get out, and he did, without taking anything." The man in the kitchen also made off with some encouragement from Reuby.

Normandy veteran Reuby told his 88-year-old wife she deserved a medal. "We've been married for 60 years," he said, "but I never knew she could react like that. She was a rock." The Hyams praised police and the medical support they received afterwards. The intruders are described as white men aged about 30. Anyone with information should call police on 0300 123 1212 or Crimestoppers anonymously on 0800 555111.

3

JULY 2009

Police would also like to reinforce the message that water companies never need to enter your house. In the event of a leak, they would turn off the water in the street. Intruders often pose as officials. For this reason, organisations often give passwords for arranged visits. If the call is unexpected, always check before admitting the caller. It is useful to keep a note of telephone numbers of different organisations. To check on apparent police officers, call 020 8200 1212.



HYPNOTHERAPY SPIRITUAL HEALING

maintaining the lighting levels is the service provider's and the contract includes a requirement to prune trees as necessary in

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Project to safeguard vulnerable people

By Sergeant Andy Matthews

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The role of the Safer Neighbourhood Team is to respond to the policing needs of all East Finchley's diverse residents and businesses. As many of our residents are of retirement age, the team works in partnership with **Barnet Council, Age Concern, all the sheltered housing** communities, and Contact, a local charity which provides assistance and crime prevention advice to our elderly and disabled residents.

There has been a recent rise in distraction burglaries, rogue traders and bogus callers in the borough. These criminals target the elderly and disabled, particularly if they live alone. If someone becomes a victim of crime it can have a huge impact on their confidence, fear of crime and quality of life.

In an effort to identify and prevent such victimisation, the team has set up the Vulnerable Persons Project. Team members can be invited to visit a vulnerable person's home and give them advice on preventing these types of offences. We also offer contact to other agencies that can provide help and support for other issues that affect vulnerable people.

If you feel you are at risk of such crimes or you have an elderly or disabled neighbour or relative living in East Finchley who may be at risk, please do not hesitate to contact us using the details given below.

Drop in surgery

Anyone is welcome to meet the team and get crime prevention advice at the Drop-in Surgery upstairs at the Green Man Community Centre, Strawberry Vale, N2, on 24 July between 3pm and 5pm.

How to contact us

The Safer Neighbourhood office is at 113 East Finchlev High Road, N2 8AG. You can phone us on 020 7161 9014 or 07887 632767, email us at Eas tFinchley.snt@met.police.ukor talk to the Police Community Support Officers (PCSOs) you see on patrol.



Sign of the times

By Diana Cormack

Just before the park was inspected for Green Flag status, large new name signs were put up at each entrance to Cherry Tree Wood. Unfortunately someone got it wrong but, as the pictures show, Barnet Council put it right in the end.



Your chance to contribute

East Finchley Buswatch is holding its next meeting on

Tuesday 14 July from 7-8pm at the Constitutional Club.

The venue, on The Walks between Kitchener Road and

Park Road, is central and accessible enough to encourage

a good turn out, and Buswatch is keen to hear the public

response to the latest developments and non-develop-

contact Hazel Burnett on 020

8444 6824 or hazel.burnett@

freeuk.com.

Now you see it... now you don't. Photos by Diana Cormack

to Buswatch

By Daphne Chamberlain

ments on the local bus front.

Up for discussion will be the

extension of the 263 route from

Archway to Holloway. Does

the undoubted convenience of

a bus route going further than

Archway compensate for the frequent bunching noticed by

Members have also noticed

increased overcrowding on the 263, and want to discuss

TfL's repeated assertion that

some members?

Barnet Council has refused EFVRA's initial request for a 20mph speed limit in Church Lane, instead agreeing plans for only relatively minor alterations, mainly at the junction with East End Road.

The meeting was against those plans, as the problem also affects the other end of Church Lane towards the High Road. The current plans do not address the Safe Route to Schools, and members were unanimous in continuing to demand the introduction of a 20mph speed limit. Ongoing dialogue continues between local residents, speaking through EFVRA, and Barnet Council Traffic Control.

EFVRA Chairman Bob Owens' response letter to Barnet Council stressed that current plans do not address the concerns and fears of local people, and that EFVRA will continue to request a more effective survey of traffic activity. Details of survey schedules should be made public so EFVRA residents can attend, and the whole

matter should be discussed before any further plans are implemented.

Street lighting

Anewitemontheagenda was the current installation of new street lighting in N2, specifically in Church Lane and the county roads. Major concerns were expressed regarding its close proximity to private houses, resulting in sleep deprivation and obstruction to people's entrances from the pavement. As the implementation of this replacement scheme spreads throughout N2, EFVRA will continue to monitor local opinion and act accordingly.

As EFVRA reaches its first year anniversary, it is asking its 100 or so members for their thoughts on how it should develop. To take part in this informal survey, or for further information, please contact EFVRA@btinternet.com

Future EFVRAmeetings will be held at 8pm on 20 July and 12 September at The East Finchley Constitutional Club, The Walks, N2.

Under new management A new shop has opened where the Post Office used to be at 121 East End Road.

On Friday 12 June, Crystal Food opened its doors to sell fresh and frozen Asian and Halal food. In addition, it sells a wide range of greeting cards, stationery, newspapers and magazines, along with bus passes, Oyster cards and telephone cards. Photocopy-

ing will also be available. east finchley

Happy birthday, parking questionnaire

Well, it's a whole year since residents living in Controlled Parking Zones completed a Barnet Council questionnaire asking for their comments on the parking restrictions. As yet, no results have been made public.

Those who live close to the tube station and the Institute, where demand for parking spaces is high, are particularly concerned as to the outcome, not to mention many others who feel that the results are now well overdue.

THE ARCHER has been asking Barnet Council every month for many months when residents can expect to see the outcome of the consultation exercise.

The latest reply we received stated that the council is in the final phase of the process and a letter

regarding the outcome of the review is to be delivered to residents and traders in early July.

ABarnet Council spokesman said: "The Council received a good response from the consultation. However the feedback results were varied and several raised issues were further investigated for clarification; hence, it has taken longer than originally anticipated to thoroughly complete the review to ensure our conclusions fully reflected the views of those who responded."



Residents fight for 20mph zone By Caroline Broome East Finchley Village Residents' Association (EFVRA) held its fifth meeting on 1 June

at the Five Bells Pub, East End Road. Amongst a very packed agenda, the two main items of concern to local residents were traffic control and street lighting.

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this does not exist, and that no other bus service is necessary for this route.

Bound up with this are persistent public demands for a direct bus route to the Royal Free Hospital. Several people have pointed out the inconvenience and possible danger of crossing the multiple road junctions at Archway to reach the Whittington Hospital.

East Finchley Buswatch has raised the profile of the 263 route, but doesn't want to overlook the 143. Any information or opinions on this route would be welcome.

If you would like to discuss any of these issues, but cannot attend the meeting, please



Sheltered housing wardens to be axed

By Daphne Chamberlain

Barnet Council has confirmed its controversial decision to replace residential wardens in sheltered accommodation with a 24 hour alarm system and a floating support service, which will be available to other elderly people in the community. In April, residents of East Finchley's Paul Byrne House told The Archer about their fears for the future if the scheme went ahead.

The council has acknowledged that 88% of sheltered housing residents and their relatives opposed the original plan to cut the sheltered housing budget by £950,000. That move was rejected, but Barnet are going ahead with a revised scheme. They say that most sheltered housing tenants and their relatives support the idea of extending support to other elderly people, but no details of exactly how it will affect their own circumstances or how it will be operated have been decided.

THE ARCHER put some questions to a council spokesperson. We asked how many people would need to be employed in the floating support team, taking into account the fact that they are extending their services to the whole community, and what exactly these support workers would be doing.

Barnet replied that they would be consulting sheltered housing tenants and a panel of older people living in their own homes, some of whom are, or have been, registered with Social Services. They say that "the skill set required will determine salary levels, which will of course determine staff numbers." The Council expects to set up an organisation for the new support service in 2009, with an annual budget of around £600,000.

They say that it is "likely" that support workers will carry out "aspects" of the services provided by residential wardens at present, but that this will need to be discussed.

The floating support teams will probably be based in a small number of locations across the borough, and will be expected to visit older people in their homes by appointment. The 24 hour alarm system will be that operated by Lifeline. The changes to the service will take place in 2010 and 2011.



Kristian thrills his audience. Photo by Diana Cormack

Kristian inspires young gymnasts

Athletes are visiting 2,012 schools nationwide in the Team Super Schools project, encouraging children to take part in a variety of sponsored fitness activities. Pupils and staff at Tudor School, N3, were thrilled at a display put on by 20-year-old Kristian Thomas, Commonwealth Games bronze medalist and potential 2012 Olympics gymnast.

Each child had a souvenir photograph taken with Kristian and they took part enthusiastically in a sponsored activity circuit. Some wrote reports on the event.

What the kids say

Eva and Melissa in Year 2 wrote: "Tuesday was a very exciting afternoon because Kristian Thomas visited Tudor School. He is the Olympic star. He started off with forward and backward flips. He also did a forward roll over seven people, which was amazing. All the children kept saying, That was so cool' and 'That was excellent.'

Yusuf in Year 2 wrote: "He back flipped over seven children and one teacher! After all that we changed into our PE kit and did lots of sports, press ups and all sorts of things like that and it was so fun!!' Ayushi in Year 5 wrote:

"Kristian Thomas started training at the age of five and is still training. All the children in Tudor School took part in some activities like sit ups, star jumps, leg drives and press ups. The children had their photo taken with him. All of this was organised by Team Super Schools. They set lots of schools a big challenge. The challenge was to raise money and if you raise a certain amount you get a prize supplied by Reebok.'

5

JULY 2009

Anuj from Year 5 wrote: "The children were happy to see Kristian and they hope to see him in the Olympics. Maybe a child from Tudor can follow in his footsteps.'

Send your photos in now for *The Archer* Calendar 2010

Do you have a photo that captures something special about East Finchley? People, places or plain oddities, The Archer is looking for 12 brilliant new photos to be in our calendar for 2010.

This year's calendar was a sell-out success and raised more than £2,000 for local neighbourhood charity Contact. We hope to raise cash for another good cause in 2010.

If you have a photo of someone or somewhere in N2, we'd love to see it. Picturesque, striking or maybe just bizarre, all photos are welcome, as long as they show some aspect of life in N2

Our judging panel will pick the 12 best photos and the calendar will be on sale from October.

Cree Godfrey Wood Solicitors Commissioners for Oaths

Please email your photos to the-archer@lineone.net, clearly marking the email Archer Calendar and giving a few details about where or why they were taken. The September closing date is coming up fast so get your photos in now. Thanks.

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What a day! The people of East Finchley came out in their thousands to enjoy the party of the year in Cherry Tree Wood. Congratulations to all the volunteers and organisers who made the East Finchley Festival on 21 June such a success.

Live entertainment, a grand parade, fabulous food, fun activities for children and all our local community groups out in force made it a festival to remember.

6

First held in 1974, this is the longest-standing free festival in the borough and it was exciting to see so many people picnicking and partying in soaring temperatures this year. Thank you to everyone who came to the *ArcHER* stall to pass on stories or to volunteer as a deliverer. Our competitions were a big success too: we'll name the winners and have the answers in next month's issue.

ARCHER photographers were out and about to capture the atmosphere of the day. Enjoy their photographs on these pages, and here's to the next party in 2010!



Below: Amelie Clarke enjoys the day. Photo by Shane Vincent



Above: Antigua Joe woos the crowds. Photo by Matt Shamash

Above: Sun worshippers by Matt Shamash



Above: Puppeteering skills came in handy at the Family Holiday Association stall. Photo by John Lawrence



London Assembly member Nicky Gavron with Cllr Alison Moore. Photo by Arjun Mittra















'Performers on two stages kept the crowds entertained and there were plenty of goodies to buy. Photos: Shane Vincent & Sylvie Clarke.

The parade progresses down the High Road. Photo by Matt Shamash



Drummers in the festival parade. Photo by Matt Shamash







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—7 JULY 2009

Above: Taking time out with Falun Gong Below: Children at play. Photos by Sylvie Clarke



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adidas Women's 5K Challenge Sun 6th September

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8

THE ARCHER - 08717 334465



OUNG ARCHER



Joseph and Amaan proudly display their masterpieces. Photo taken by David Aronsohn

Look what we painted By Helen Drake

Children across all year groups at Martin Primary School got an opportunity to unleash their creative juices during Art Week from 8 – 12 June. Six artists from the East Finchley Open group worked on projects with the children which culminated in a colourful and imaginative art exhibition.

Joseph Johnson from Year 4 said: "The artist who worked with us was Christine Watson. Christine taught us some simple nature landscapes using crayons. My drawing was a lavender field with a farm and a blue clear cloudless sky. I used light blue tissue paper, paint, cork and fabric.

Amaan Nath, also from Year 4, said: "My picture was of cypress trees and purple flowers shaped like a kite. I used green coloured paper and fabric the most, but I also used paints, ice lolly sticks and tissue paper.'

Katy Wards, art co-ordinator at Martin Primary, said: "Art Week really gave the children a chance to get their imaginations going. I want to thank all the artists for sharing their time and skills with us."

Artists taking part were Ann Froomberg, Adam Justice-Mills, Christine Watson, David Aronsohn, Philip Valentin and Sheila Seepersaud Jones.

World cuisine at school food festival

In a change to the more usual summer fair, this year Manorside Primary School on Squires Lane will be holding an International Food Festival. Taking place on Saturday 11 July, between 12pm and 3pm, visitors can sample cuisine from places as diverse as New Zealand and Norway, Poland and Portugal.

Entrance is free, and there will be activities for children with stalls and bouncy castles, as well as dance displays and singing. For those who prefer a cup of tea and a cake, there will be a great range of home-baked cakes and pastries available to eat in or take away.

For art lovers, there will be a chance to see, and buy, the work of some young up-and-coming artists at the Manorside Art Exhibition. Inspired by great paintings, and a visit to the National Gallery, the whole school will have been hard at work during Art Week creating their own masterpieces.

Homeless in London through Raphael's eyes

When Raphael Abedi came across homeless people on the streets of the capital, he was moved to put his thoughts into poetry. His poem has just won him an award for children's poetry in the national Muslim Writers Awards 2009, and earned clear praise from the judges.

Raphael, who lives in East Finchley and goes to school at Merchant Taylors in Northwood, won the 11-13 age category in the competition.

The judges commented that Raphael's poem was: "Painfully real, thought evoking and gripping. Raphael is a very talented young writer with the ability to show the world painful truths without hesitation."

Raphael said he wrote the poem for his English homework and tried to imagine himself in the shoes of a homeless person. Here's Raphael's winning poem:



Photo courtesy of Muslim Writers

Homeless London

Cold, wet, this is London. Heartless, forgetting, these are its citizens. Dark, freezing, these are my surroundings. Tired, starving, this is me.

I stare around at soulless bodies, Hoping to get enough for dinner. Rain and sleet, it never stops. Tired, begging, this is me.

Across the street is a warming glow, Beckoning to me to come in. But I mustn't, no! Tired, wanting, this is me.

It's ten o'clock, no more tourists now. I roll out my tearing sleeping bag. But not to sleep, dangers are here. Tired, scared, this is me.

Next morning there's snow, Joy for some, death for others. Businessmen going to and fro. Awake, hungry, this is me.

Later on in the day, Someone enters my space. I am shivering with fear and cold. Hungry, scared, this is me.

He draws something from a pocket. Is it a knife? I shut my eyes. Cold, wet, London is me.

Playgroup opens its doors By Diana Cormack

East Finchley Methodist Church on the High Road has become host to a new playgroup that started in mid June after another playgroup had to close. EFM Toddlers is open from 9.30am to 11.30am on Thursdays (term time only).

Up to 30 children can be accommodated in the large hall, where a wide range of play equipment is available. Various painting and handwork faciliallow for change, all activities take place on a rotational basis. Story time and music sessions feature regularly.

It is run by volunteers who

is led by Linda Askew and Chris Fairclough. Linda, who lives on the Thomas More Estate, told THE ARCHER of the need for more playgroups in the area. Sadly

Bringing new blood to the art world

Jake Eiseman-Renyard, one of THE ARCHER's volunteer writers, has loved to draw for as long as he can remember. For the past three years, he has attended the University of East London, studying a combined BA of Graphic Arts and Illustration.

Other, smaller pictures and His work was selected in June narrative strips were on display for 'Newblood', an art exhibition at Olympia, during a private here, along with a video monitor inspection of a degree show put showing computer-animation of on by the students in their final two short films. year. On the day the exhibition Jake's artwork (which a classmate has described as opened, he was amazed to hear "Where's Wally On Acid") is his work had also been selected for the Dean's Award for Digital Arts usually very colourful and has a strong sense of visual detail. Jake and Visual Communication. Jake has had to work hard is considering putting his work to to get everything ready for the use in children's books, murals, exhibition and has said he was advertising, birthday cards, and anxious just to get a passing live action storyboards. grade. Works of his on display included five A1-size panoramic French pictures of his 'Utopia', a land created with influence from Learn Quickly, Effortlessly Finchley and parts of London, places visited on holiday, seen in with native teacher films or TV, and dreams all mixed All Levels together. Two of these drawings 020 8341 4005 have already been bought.

are mostly from the church and ties are set out in the annex. To

All Saints' Church, **Durham Road, East Finchley Church of England**

Sunday masses at 8.00 a.m. and 10.00 a.m. Weekday masses at 10.00 a.m. Prayer requests are gladly accepted.

> The Parish has a flourishing social life. Contact the Vicar, Fr Christopher Hardy, on 020 8883 9315.

All Saints' also has a strong musical tradition and an enthusiastic choir of both adults and children. Experienced singers are always welcome. Contact Geoffrey Hanson on 020 8444 9214.

http://www.allsaints-eastfinchley.org.uk

the one at St Mary's Church has had to close for financial reasons

EFM Toddlers is open to everyone and, as well as giving youngsters the chance to learn through play and begin to socialise, it provides parents and carers with an opportunity to meet and form friendships. The kitchen serves adults with drinks and snacks at nominal prices but these are free to children. Entrance fee is £1.50 for the first child and 50p for a second. All proceeds go to funding the group, which is also run on a first come, first served drop-in basis. For more information contact 07905 102 721 or efmtoddlers@yahoo.co.uk





9 JULY 2009

No thought control Hypnotherapy can be the solution to many people's

Hypnotherapy can be the solution to many people's habits, phobias and stresses. However, some still think it's about swinging pocket watches and swirling eyes. Hypnotherapist Samantha Lawton wants to set the record straight. Here, she talks to Sam Bevitt.

The Archer: Why do you think people still have reservations about hypnotherapy?

Samantha: Purely because of everything they have seen on the television. People come to me thinking I am going to control their mind and make them do something they don't want to do. These live shows where people are doing Elvis impersonations and walking like chickens do hypnotherapists a disservice.

The Archer: Are there any reasons to be worried? Does the process have side effects?

Samantha: There are absolutely no side effects. It's like the feeling you get just before you fall asleep. You cannot make anyone do anything that they do not want to do. We do not control minds.

The Archer: What sort of conditions, phobias or habits can it help confront?

Samantha: There is a massive spectrum for any phobia you can think of. There are a lot of straightforward phobias such as fear of flying and fears of spiders or public speaking. Other people are scared of buttons or a particular colour. It also strengthens willpower for weight loss and stopping smoking.

The Archer: How did you become a hypnotherapist?

Samantha: I moved to East Finchley 10 years ago and London was very new to me. I was trying to find my feet and I wasn't happy. I put on three and a half stone! I went to a hypnotherapist who helped me lose all the weight. I wanted to do for other people what she did for me so I trained and got the qualifications and I can help others now.

The Archer: What is the process of hypnotherapy? What can one expect from a session?



To learn more about hypnotherapy and how it could help you, go to www.vanillask ieshypnotherapy.com.

Car firm rewards hard work

By Zoe Powers

Greater London Hire held its annual staff awards amid the lush surroundings of Highgate Golf Club for the twenty-sixth year running. The awards were presented by company director John Scott, who thanked all the staff of the East Finchley firm for their loyalty and hard work.

In return, staff and directors paid tribute to Mr Scott's long years leading the company. Non-executive director Ross Gibbons said: "It's not easy to run a business for more than 40 years and during this time

John has had to make some hard decisions to ensure the company developed, expanded and prospered. But, with drive, foresight and hard work, he has managed to achieve this and I'm sure he will continue to do so for many years to come."

GLH award winners this year

were: Senior Manager of the Year, Dominic Anthony; Department Shield, Facilities and Communications; Passenger Division, Tafoun Mehmet; Despatch Division, Stuart Selley; Auxiliary, Tomasz Szeja; Best Newcomer, Anita Cahill; Staff Award, Louise Murray; Night Passenger Driver, Andy Mesfin; Day Passenger Driver, David Trafford; Van Driver, Malcolm Jones; Van Runner-up, Ian Tuite; Bike Rider, Andrew Lenaghan; Bike Runner up, Rikki Annuniato.

KALASHNIKOV KULTUR

By Ricky Savage, the voice of social irresponsibility

Feeding frenzy

We are living in interesting times, when the weird starts to seem normal and the normal weird. Times when dog doesn't just eat dog but claims it back on expenses. Welcome to the world of greed and hypocrisy, welcome to a new brown world of new puritans.

Back when puritans were real puritans, changing the political system had nothing to do with spin doctors. Instead they opted for revolution and civil war, deciding that the best thing to do with an unpopular monarch was to execute him. All right, so they invited his son back to take over his dad's job a few years later, but the point had been made.

Parliament might have reformed the monarchy, but it took a lot longer to get round to reforming itself, about 200 years in fact. Finally, in 1832 they decided that it wasn't fair that Manchester had lots of people but no MPs, whereas rotten boroughs such as Old Sarum had zero population and two MPs.

Once they could vote, the workers wanted their own MPs so the unions formed the Labour Party. As MPs didn't get paid, the unions paid their MPs until the reactionaries in the House of Lords told them not to. So, in 1911, Asquith's Liberal government decided to pay MPs, mostly because it annoyed the Tories.

It didn't mean anything changed. Rich Tories such as Winston Churchill became MPs, occasionally noticed their constituents and sometimes went to say hello. Politics was far too important to bother asking ordinary people about, so MPs either made money in the city or as a lawyer or stayed poor and cared about the people. Three guesses which party cared and which got rich.

Then the Liberals ruined it for everybody. Back in the 1970s they came up with the weird idea that MPs should represent the people, live in their constituencies and actually care about their voters. Finally, the Tories under Thatcher and Co decided that being an MP should be a proper job with proper wages and proper expenses, just like an estate agency. And what does anyone do when they get an expense account? They fiddle it. So, why the shock, the horror the surprise that your local MP put his duck pond on his expenses? I'm only surprised they didn't try to charge us for the ducks as well.



The GLH award winners. Photo by Craig Con

Animal magic

A welcome new arrival on the High Street is Fetch 22, which sells a range of accessories and food for cats, dogs and other small animals, as well as offering a grooming service.

Peter Marton and his partner Adrienne Balaze, who live in Muswell Hill, researched the area thoroughly before launching their venture. Ms Balaze comes from a retail trade background and Mr Marton has years of experience as a pet groomer. They will run the shop with Ms Balaze's sister, Boglarka.

The couple told *The ArcHer* how much they appreciate the warm welcome they have had from local people, with many customers from Mr Marton's previous workplace greeting him in the street. The shop is running a loyalty card system, with a 10% reduction to local traders. For more information, call 020 8444 6422.



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Samantha Lawton Samantha Lawton Passe Van I baram and how it could

Samantha: First of all, I do not do anything to you. All I want is for you to relax. You listen to the instructions I give you and that puts you in a hypnotic state. From there, we can access your subconscious, which contains every memory, conversation and experience you have ever had in your life. Once we have access to the subconscious, we have access to the patterns you've adapted that create the issue that you want to confront. Once we are there, we can adjust. When you come around, you will feel extremely relaxed, extremely positive and focused. The whole process usually lasts an hour.

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Glebelands Indoor Bowls Club, Summers Lane N12. New and experienced bowlers welcome. * Keep fit for the Retired on Wednesdays, Christ Church N12.

Call Bridie 8883 5269 *Muswell Hill Bowling Club, Kings

Ave, N10. New & experienced bowlers welcome. Tel: 8883 1178.

✤Pilates in East Finchley, qualified teacher. Contact Dee on 8883 7029 ♦ Pilates class Wednesdays, 2.15-3.15pm at Youth Theatre, N2. Ring Penny Hill 8444 2882.

*Tae Kwon Do at The Green Man Thursdays 7-9pm 07949 612 706 *Wood Walk, meet 10am at Cherry Tree Wood cafe on 1st & 2nd Mon of month for 1 hr walk, Call 8883 8750.

✤ Yoga, breathing & relaxation. Weekly drop-in classes - N2, N6, N10. Phone Judy on 07956 375607.

 Yoga, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 or see www.stretchingpeople.co.uk.

MUSIC, DANCE & **CREATIVE ARTS**

* Art Classes. For info call Henry on 8888 5133.

* Ballroom Dance Classes, Wednesday eves for beginners & improvers . St Mary's Church Hall, N3. 8444 0280. Ballroom & Latin American Dance Classes - beginners and Improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323. * Club Dramatika drama club for kids Call 8883 7110.

* Creative writing classes in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.

 Drama Classes for 11-18 year olds. Mondays at 6.30pm. Contact Carolyn on 07905 481682

* East Finchley Writers Group, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.

East Finchley Poetry Writing Workshops. Monthly on Saturdays. Contact Dennis Evans 8346 9528. * Finchley Jazz Club: Live jazz on Mon 6 & 20 July at 8.15pm, Wilf Slack Cricket

Pavilion, East End Rd, N3. Line dancing Tuesdays from 8.30pm at The Constitutional Club.

Call Maureen 8440 8530 Memory Lane Singing Club

friendlysinging club meets every Friday in Finchley. Call Valerie 8458 4508. * Over 50s Tea Dance at Christ Church, North Finchley. Every Weds,

1pm. 020 8444 0280. Learn to sing at Finchley Methodist Church, Ballards La. Call 8888 4412. *Salsa lessons Mondays, EF Methodist Church. Call Ronnie Raul 07958 605 773 e:ronnieraul@rocketmail.com

Street Dance every Tuesday at Old Barn for children of various ages Contact Lorna 07976 203669.

SwampRock Louisiana Dance Club. Live music. Contact Carole 8810 7454 or www.swamprock.org.uk * Symphonic Wind Orchestra Contact

Caroline Egan 8340 2706 * Tap Dance for children at Old Barn on Mondays, Call Sharon 8349 4613 Traditional music at EF Constitutional Club on 2nd Monday each month from 8.30 pm. Free to join in or just listen.

CLUBS & SOCIAL

* Bingo Club Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5459 Contact Lunch Club Tuesdays at the Green Man. Call 8444 1162 to book. ✤ EF National Childbirth Trust contact Joanna 8883 0941 or joannabrunt@cybergal.com * Finchley & District Philatelic Society, Contact Brian 8444 3251 * Friendly Rubber Bridge on Weds afternoons, call 7722 6209 Friends of Cherry Tree Wood www. cherrytreewood.co.uk or 8883 7544. ✤ Highgate Film Society, call 8340 3343 or email: admin@hlsi.net. * North London Bridge Club, Muswell Hill. Contact 8348 3495 Jewish Friendship Club for over 60s, Tuesdays 1-3 pm at Muswell Hill Synagogue, Tetherdown. Call Anita Shaw 8886 6140. Muswell Hill Tetherdown Bridge, contact 8883 4390 * Old Barn pre-school club, contact 8349 4613/1961 * Parent & Toddler Group, Green Man Centre, Julia 8444 2276 Probus Lunch Club for retired professionals. Call John 8883 8114. *Stepping Stones, interactive play session for under 3's. Karen 07957 278860.

Review: Baroque and Beyond By Ken Carter

In the latest free music concert at East Finchley Methodist Church on 14 June, Janet Marsh's flute presided in most of the works played. She certainly put her instrument through its paces, requiring it to be cool and fluent, simple and spectacular, pealing and resonant, soft and gentle as we moved from one varied

piece to another.

Credit also goes to Janet for scouring dusty documents to find such wide-ranging works within the baroque style. We heard florid Handel, tripping favourites from Haydn and Boccherini, as well as newcomers from English composers John Stanley and William Corbett.

Elizabeth Dockrell-Taylor's violin could be simple and soaring and yet articulated and impassioned. Her piano sonata from Clementi had flair. Christopher Rowland contributed ably from the harpsichord and delighted us with an aria from Handel's Acis and Galeata. The guest artist Jacek Wasowicz charmed us softly with his guitar.

July at the Phoenix

Well, we did it: our application to the Heritage Lottery

Fund was successful (see the story on page 1). They have

granted us £607,000 to help restore the cinema. This is

need only a further £200,000. Come on, dig deep now!

By the Phoenix Cinema's Paul Homer

The work should start in

January and last six months. I'll

give a monthly update in these

pages and more information will

the Centenary Restoration

Project, or any aspect of the work

we do at The Phoenix, you can

ask us in person on Sunday 12

2pm at which Trustees, our pro-

grammer, our education man-

ager and me, along with other

staff, will be present. You can

find out how and why we play

We have an open day from

For more information about

appear on our website.

July at a free event.

Some of the screamers. Phooto by John Lawrence

We had a scream By Marian Bunzl

A thousand choral singers from all over London were invited to come to Tate Modern and scream for as long and as loud as possible, and were offered a £20 per head donation. This 'work of art', created by performance and installation artist, Paola Pivi, was the grand finale of The Long Weekend, held at Tate Modern to celebrate the rehanging of their works.

For three days, Tate's galleries were filled with installations, interactive artistic activities, events, encampments, even a Maypole. North London Chorus found the combination of a therapeutic scream and some cash for the choir irresistible, so off we went.

As singers gathered on the back lawn to register, there was a

was shot at the Phoenix.

We are also showing films

in July. On 10 July we open

35 Shots of Rum from Claire

Denis. The film examines the

relationship between a single

father and his lone daughter, and

deals with an issue many parents

fear, when their children leave

home and go out independently

into the world. The soundtrack

is by Stuart Staples of The Tin-

dersticks, another reason to see

this wonderful film.

convivial buzz. People swapped choral jokes, discussed repertoires, met old friends and nibbled free biscuits. We were issued with instructions on how and when to scream, and given red elastic bands (left behind by London postmen) for identification, and industrial strength earplugs.

Then we were led into the Wind Turbine Hall, surrounded by TV monitors, and allowed to let rip. Although the audience was impressed, for us it was a bit of an anticlimax, as the earplugs muffled the sound. Altogether it was a somewhat bizarre experience, and we are not exactly sure what it had to do with art. But it was a sunny afternoon, we had fun, and the choir is a little bit richer.

The Archer needs volunteer distributors for: • Old Farm Road • Nursery Rd, Stable Walk & Brook Walk • Cornwood Close, Greenhalgh Walk & Lyttleton Rd (pt) • The Grange (3 rounds)

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painting, sculpture, textiles, ceramics, glass, photography and more. www.eastfinchleyopen.org.uk

• Finchley Choral Society perform Handel and Vivaldi, St John-at-Hampstead, Church Row, NW3, 7.45pm. Tickets £15, £12, and £1 for children, from 020 8883 5631, or Les Aldrich Music, 98 Fortis Green Road, N10. www.finchleychoral.org.uk

Sunday 5 July

 Battle of Barnet: a guided tour round the famous Wars of the The month closes with Roses battlefield of 1471. Meet at the latest in our 'Into Great junction of Great North Road and

the-archer@lineone.net Barnet and Monken Hadley. Meet at High Barnet tube station at 7.30pm. Please bring a torch if possible. For details, contact Paul Baker on 020

E-mail your listings to:

8440 6805. Saturday 11 and Sunday 12 July Second East Finchley Open weekend, 11am to 5pm. See details left.

Sunday 12 July

 Workshop on plants, medicines and keeping healthy, with Andrew Chevallier, FNIMH; a look at what herbal medicine does best, and how it can be used at home. Includes herbal first aid and pain relief. Simple treatments from kitchen, garden and health shop. Soul Therapy Centre, 28 Fortismere Avenue, N10 3BL, 10.30am, with an afternoon guided walk on Hampstead Heath and Kenwood Herb Garden, and tea at the Brew House, Kenwood, Price £65 Collins, and send to Soul Therapy Centre. For further information, con

What's On...

additional to the £260,000 we've already raised, so we now Saturday 4 and Sunday 5 July • First of two East Finchley Open Interview with the Vampire with weekends in July, 11am to 5pm. Artists and crafts people open their Brad Pitt, a scene from which homes and studios at various loca-

tions in East Finchley. Browse or buy For full details of locations visit Saturday 4 July

Booking recommended. Please make cheques payable to Ingrid tact cibachmann@gmail.com.

certain films and not others, how we respond to our audience and you can discover the wide range of education work we deliver to our community, often behind the scenes. The afternoon will finish with a screening of Neil Jordon's

Silents' series. Piccadilly from 1929 is a tale of ambition, jealousy and lust in London's Chinatown. Our box office is on 020 8444 6789 or visit www.phoenixcinema.co.uk

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Hadley Green Road at 2pm. For details, contact Paul Baker on 020 8440 6805.

Tuesday 7 July

• Jewish Community Centre for London Beach Party. For one evening only, Lock 17 in Camden will be converted into a Tel Aviv beach complete with sand, beach tennis, falafel bars, juice stands, DJs, live music and the odd bit of yoga. Don't miss this great night out. 6pm, Market Bar & Terrace, Lock 17, Camden, London, NW1. Price: £10 in advance, £12 on the door. Telephone number for tickets and information: 020 7431 9866. www.jcclondon.org.uk

Saturday 11 July

• International Food Festival at Manorside Primary School, Squires Lane, N3, from 12-3pm. Everyone welcome

• Barnet Ghosts: a ghoulish, ghostly guided walk round haunted High

Sunday 2 August

• Festival of British Archaeology, hosted by Hendon and District Archaeological Society, Avenue House, East End Road, N3, 2-5pm. Admission free. Includes Roman cookery demonstration and display of Roman pottery. For more details, visit www.archaeologyfes tival.org.uk

What's on at artsdepot, North Finchley

Impressionism and Beyond, Tuesday 7 July, 7pm; Patrick Monahan & Support, Thursday 16 July, 8pm; Ignition, Saturday 18 July, 1pm; Člive, Thursday 23 July, 7pm; artsdepot open, Thursday 23 July to Sunday 23 August; Genticorum, Saturday 1 August, 8pm.



Send your correspondence to: "Letters Page",

The Archer, PO Box 3699,

London N2 8JA or e-mail

the-archer@lineone.net.

Letters without verifiable

contact addresses will not be

reviewed or printed. Contact

details can be withheld, however,

on request at publication.

Free up our tennis

courts

almost a third of our kids will be

obese by the end of primary school

and Barnet Council is worried about

this? Really? Then make Cherry Tree

Wood tennis courts free for all (as

they were for years) and do it now.

Parents are supposed to take this

issue seriously while our council

seems incapable of doing the easy

Good to see bench is

back

Finchley four years ago, I still keep

a close eye on what's happening

there, thanks to THE ARCHER, which

my very dear friend Mary Atkinson

the June edition that the Friends

of Cherry Tree Wood bench has

been safely returned to the Wood

again. The Friends worked so hard

to raise the money for that bench

and its installation, using donations,

second hand book sales and various

raffles at the East Finchley Festival

for two or three years. It took a lot of

effort and determination but we got

there in the end.

I was very relieved to see in

sends to me every month.

Although I moved away from East

Did anyone see the news that

Dear Editor.

stuff.

Yours faithfully,

Ingram Road, N2.

Ken Behan,

Dear Editor,

THE ARCHER - 08717 334465

Rock on, Cam'ron Nine-year-old Cam'ron Rock has only been doing

Taekwondo for two years but he's already one of the best young martial artists in the country.

The Tudor Primary School pupil was awarded a bronze medal in the British Junior Taekwondo Championships held in Margate, despite being one of the most junior belts in the competition.

It was his first medal and now he's hungry for more. His coach Kevin Guy at Master Wolf's Taekwondo School believes he's good enough to win a medal at the World Championships in Croatia later in the year.

Cam'ron's mum Natalie Allen said: "I am

very proud of him. Obviously I'm biased but it's a huge achievement for him. Taekwondo is something he's taken to and wanted to learn. He likes it because it's a way to channel all his energy, and he has endless amounts of that.²

Volunteering is good

By Natalie Broadbent

Volunteering comes in many different forms, from coaching or helping at sports clubs, to administration, befriending, advice giving or writing for a community newspaper such as THE ARCHER. As a result of today's economic climate, Volunteer Centre Barnet has seen the number of people registering to become volunteers double in the last year. To find out more about the

awards or about volunteering

or if your organisation would

like to use volunteers please

contact Volunteer Centre

Aruna Bhatt was made redundant 18 months ago. She said: "Losing my job was a big shock to my system. I felt my life had come to an end. I became very ill which led to depression."

Aruna got in touch with Volunteer Centre Barnet and started volunteering over six months ago with East Finchley Advice Service.

Now Aruna says: "I have gained lots of new skills and am still learning as each day is different. I enjoy what I do as I feel very motivated, respected and know I belong somewhere. Losing confidence and feeling no one wants you is the worst feeling in the world. The best way to keep going is to become a volunteer and help the community. I wish I had done this 18 months ago but I am glad I am doing it now."

Backbone



In memory of Albert

THE ARCHER was contacted by the family of the late Albert Daggers as they marked the second anniversary of his death.

Albert owned the Sound Services television and radio shop in the High Road for more than 30 years up to his retirement in 1990 and was great friends with many of his customers. Many of them continued to call him after his shop had closed down and he always helped them out, however small the job was.

His wife Della said he had the untidiest shop but he could always find everything, including the smallest resistor. His daughter Angela hoped that many people in East Finchley would still remember her father two years on.

She said: "I'm sure that he is still remembered by many people in the area. He was still fixing their electrical equipment right to the end, and never turned anything away, from kettles to dental suction machines."

border in Haringey, has had a set of gym bars by the open field for years, and apparently parks in Scandinavia have had outdoor gym equipment for at least a decade already. As for Cherry Tree Wood, I for you hope the assault course plan can eventually go ahead. Improvements here within the last few months have

included a new municipal recycling bin by Lazy Sally's Cafe, new welcome signs with some historic trivia about the park, and the ongoing re-surfacing of paths.

Letters

valuable. historical local amenity and

I am happy to see that the work of the

Friends continues to do everything

possible to protect and preserve it.

East Preston, West Sussex.

Pumping iron

soon, I have noticed that many parks

in London now have outdoor gym

equipment, looking almost like

playgrounds. Following suggestions

for improvements to Barnet parks,

especially those in East Finchley, I

think this is certainly one of the more

would be an ideal place to try out the

outdoor equipment, maybe next to a

new indoor gym that was proposed

to compensate for the old Wilmot

Centre. Highgate Wood, just over the

If Stanley Field is restored, this

feasible ideas at this time.

With the 2012 Olympics coming

Yours nostalgically,

Anne Lalaguna,

Dear Editor,

Cherry Tree Wood really is a very

Volunteer Friends of Cherry Tree Wood have also had their exercise weeding out invasive plants. Although we are some distance from the site of the Olympic Village, I think that, like every London borough, Barnet should have enough equipment to give its people a sporting chance. Yours faithfully, Jake Eiseman-Renyard, Fortis Green, N2

Ann Vautier

Ann Vautier died in hospital on May 27 with her husband Antonio and daughter Caterina by her side. It is a painful loss for so many family and friends across the UK, Italy, Canada, where she grew up, and around the world.



charity Contact, where she went out of her way to help local people.

Ås well as being a befriender and an escort, Ann acted as secretary to the group for over two years. Her indomitable fund raising skills were an added bonus, along with her calm, positive manner which greatly influenced others.

Her funeral was held on 4 June and was attended by many family and friends. In lieu of flowers, donations may be made to the Ann Vautier Fund (Leukaemia & Lymphoma Unit), University College London Hospital. Contact Sara Goldman on 020 7380 9526 or sara.goldman@uclh.nhs.uk



JULY 2009



Ann cared about the community and she will be sorely missed. She was a long time contributor to, and distributor of, THE ARCHER. She was also an inspired and motivational volunteer for the East Finchley



Volunteers are the backbone of many organisations. They bring great enthusiasm, a willingness to learn and many have vital skills. Without them many organisations would not exist, so Volunteer Centre Barnet is urging more organisations to offer volunteering opportunities.

Volunteer Centre Barnet holds a bi-annual Community Volunteer Awards to recognise the hard work of Barnet's volunteers. The next ceremony takes place on 16 July. Those who have given 100 hours or more of their time over the past year will receive a certificate to be presented by Barnet's Mayor. Councillor Brian Coleman.



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JULY 2009



Glory of summer gardens

Hundreds of visitors got a peek behind the fence when three gardens threw open their gates as part of the National Garden Scheme.



Jane in her garden. Photo by John Lawrence

Meanwhile visitors to the Long Lane garden of John Maitland, brother to Janet, enjoyed shady nooks, pathways and a pond, and could spend time spotting the dozens of animal statues hidden in the vegetation.

Forthcoming open garden dates: Sunday 5 July (2-6pm): The Bungalow, 15 Elm Gardens, N2; Sunday 26 July (2-7pm): 5 St Regis Close, Alexandra Park Road, N10; Sunday 23 August (2-5.30pm): 7A New Oak Road, N2.



Like my new gardening shoes?

The neighbouring cottage gardens of Jane Meir and Janet Maitland in Trinity Road make clever use of small plots, with scores of shrubs and plants beautifully positioned and nurtured.

Visitors Jane's to garden were charmed by the way three tin pails full of blooms disguised a small unsightly window, while in Janet's birdbath next door a fearless robin washed his wings in front of everyone.

Three, two, one... jump! By Roger Bailey

Six men and a young woman took to the skies to raise funds for Barnetbased charity Cherry Lodge Cancer Care. The seven took part in a tandem skydive at RAF Weston on Sunday 31 May, jumping from two-and-a-half miles up, freefalling at 120mph until that heartstopping moment when the parachute opened and slowly coming back down to earth.

One of the skydivers, Craig Lesser, met with his family after his jump and said: "That was great. I wish I could do it again." Friends, family and work colleagues sponsored the skydivers around $\pounds 10,000$.

They were lucky to have ntastic weather and blue



Tippy K gets back to nature. Photo by Rebecca Miller.

Last autumn, I received an email from a fashion designer asking whether she could use our East Finchley allotments for a fashion photo shoot.

Tamara Kosta was putting together her Tippy K summer footwearbrochure and, after using abstract, 'arty' backgrounds for the previous edition, she wanted to give a more naturalistic flavour to the new one. She and her team duly turned up to look around and were mightily impressed by the possibilities for shots.

On the morning of the shoot itself, I left her little group to set up their first shot and was delighted on my return to find an elegant young lady reclining amongst Mick Curran's red cabbages with her feet in the air.

It took some while to get the shot right. The model didn't seem to mind spending half an hour on her stomach with only a sleeping bag between herself and the worms.

Then on to Dawn's trellis, Paul's flower pot, an anonymous pumpkin and several other close-up locations. The shoot took all day but the results were pretty good. The photos ended up in a 'lookbook' sent to potential suppliers and customers. You can see the whole thing by clicking on lookbook at www.tippyk.co.uk



126 HIGH ROAD, EAST FINCHLEY

skies. The original date for this event was two weeks earlier but, due to gusting winds and rain, it had to be postponed. Cherry Lodge Cancer Care ACTIV is a centre in Union Street, Barnet, providing care, support and information to people Is stress affecting your health? diagnosed with cancer. Cherry Lodge makes no EREE TALK charge for its services, which on Acupuncture and stress related conditions are available to anyone who needs them. There is no catch-With experienced Chinese Acupuncturist & lecturer Conny Duxbury ment area and the only requireon Wednesday July 15th, at 6.00pm ment is that the patient is able Learn about the effects of stress on the body & mind according to to access the centre using their Chinese medicine. Discover new ways to help yourself. own resources. Limited places available; we recommend you reserve a place For more information on the 020 8444 0666 services provided, visit www.c herrylodgecancercare.org.uk or 98 High Road, East Finchley N2 9EB www.activechiropractic.org.uk info@activechiropractic.org.uk telephone 020 8441 7000.

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