



The charity walkers set out to walk to the match. Photo by Sarah Binns.

Walking to the match

Twelve fans of Wingate & Finchley FC walked from The Abrahams Stadium in Summers Lane to Waltham Abbey's Capershots ground on Saturday 12 February for charity, a distance of around 12.5 miles.

They walked via Southgate, Winchmore Hill, Enfield and Waltham Cross before stopping for lunch at The Angel in Waltham Abbey and making it to the ground in time for kick-off. The walk raised over £2,000 for the Jewish Blind and Disabled organisation and the 2-4 win over The Abbots was a great result too.

Holy Trinity Church Church Lane, East Finchley Church of England

*We're a warm and friendly congregation
who look forward to welcoming you*

Sunday Parish Communion at 10.00 am

Children's Sunday Club ♦ Meet over coffee after church

Michael Stanway is happy to answer any enquiries:
Tel: 020 8346 8591

A friendly welcome awaits you

EAST FINCHLEY METHODIST CHURCH

197 High Road, London N2 (opp. Creighton Ave.)

tel: 0208 346 1700

www.eastfinchleymethodist.org.uk

**Sunday service at 10.30 a.m.
With Creche and Junior Church**

Worship Music Social events Toddler Group Wheelchair friendly
e-mail: info@eastfinchleymethodist.org.uk Room hire tel: 020 8444 9887

Burts Bees
Korres
Ortigia
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Tea Forte
LSA
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*Mothers Day
Competition
Come in and
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Mother's Day Sunday 3 April

the
cherry
tree

172, High Road, East Finchley N2 9AS
Tel: 020 8883 4369

info@thecherrytreeuk.co.uk www.thecherrytreeuk.co.uk

Yoga for all ages

London may be one of the busiest cities in the world, but, tucked away in a quiet road off Fortis Green, you'll find an oasis of calm. Summerlee Studios, run by mum-of-two Rosalind Hubbard, offers clients a relaxed place to practise yoga.

Brought up in Southgate, Rosalind has been practising yoga since 1995 and teaching for the past eight years. She first trained with the British Wheel of Yoga (BWY Dip), went on to practise Iyengar, Astanga and Sivananda-based yoga, and is inspired by the teaching and writings of TKV Desikachar.

Rosalind believes yoga can help everyone to feel good about themselves and to age gracefully. She does not follow any strict method or school of yoga, but encourages mindfulness. Her classes focus on flowing sequences with attention to the co-ordination of breath with movement.

In addition to her classes for adults, Rosalind works with children and teaches in primary and secondary schools. Her approach helps children develop respect for their bodies as well as a strong sense of self. An interest in yoga therapy has led Rosalind to teach groups at mental health organisations in North London.

For more details about her yoga therapy, working with toddlers and children in schools, or to book any of her classes or courses at Summerlee Studios, please contact Rosalind on 07917 094 795, ros@yogaforyou.mobi or visit her website www.yogaforyou.mobi

Music society event

The Haringey Recorded Music Society event due to take place at 7.30pm on Wednesday 16 March at Les Aldrich, Fortis Green Road, has been cancelled.

Phone 020 8361 1696 for information on future dates.

Pub quiz supports children's hospital

By Diana Cormack

When Brian Hooper launched his Christmas Quiz Charity Raffle last December, he hoped to surpass the amount raised in aid of Great Ormond Street Children's Hospital the previous Christmas. Then he was able to donate the sum of £1,550. This time his worries that the recession might have a detrimental effect proved groundless and he was able to hand over a cheque for £2,015.



Brian Hooper presents the cheque to hospital fundraiser Martin Harris. Photo by Kenric Narbrough.

Brian, of Fortis Green, organises weekly quiz nights on Tuesdays at The Old White Lion next to East Finchley tube station. He told *THE ARCHER* of his gratitude to the local shops and businesses who donated 60 prizes with a total value of over £1,000. They are always very generous and have gone a long way to help Brian raise over £6,500 for charity since October 2008. Thanks are due to them as well as to the customers and staff at the pub, not forgetting Brian and all the hard work he has put in.

Food pours in for charity

By Gaynor Spry



Diane Scott MBE, volunteer with the North London Hospice, pictured with the food mountain

Nursery open morning

The Holy Trinity nursery open morning will take place on Wednesday 23 March from 9.15am to 11.30am.

All parents, carers and children are welcome to visit the nursery in Eagans Close. Applications for admission to the nursery for children born between 1 September 2008 and 31 August 2009 close on 6 May 2011.

Before Christmas, Active Chiropractic Healthcare at 98 High Road launched a food drive to celebrate being open for three successful years. We were delighted with the response. Many existing and new clients generously donated food in return for complimentary chiropractic consultations and we were able to donate a number of bulging boxes of food to the North London Hospice. Thank you to everyone who helped to make the food drive such a success.