



New service for small businesses

TaxAssist Accountants, the largest national network of independent accountants, has quietly opened its doors at 209 High Road, opposite East Finchley library. Run by local couple Drazen and Alex Coric, it offers a wide range of accountancy services including tax returns, annual accounts, payroll, bookkeeping and tax advice specifically tailored to small businesses and individuals.

Drazen says: "For the last six years I have been working in Islington, but since we live here and this is our local community we were keen to extend and open a shop in the area. We feel that it will be a great addition to the many businesses in the area and a great service for them. From the initial interest we've had, it definitely seems to be the case."

Some 30 people attended the official opening celebrations on Thursday 6 October. Clients, neighbouring businesses and local friends watched as TaxAssist chief executive Karl Sandall cut the opening ribbon.

The couple are inviting local businesses for a free initial meeting. For more information telephone 020 8883 5258 or visit www.taxassist.co.uk/eastfinchley



Drazen & Alex Coric with TaxAssist CEO, Karl Sandall at the formal opening of TaxAssist Accountants.

Fundraiser to fight parking charges

Barnet CPZ Action is holding a Pub Quiz and Auction Night to raise money for its impending high court action against the London Borough of Barnet.

Taking place at the East Finchley Constitutional Club on Saturday 12 November, the event promises to be great fun as well as a way of raising further funds to fight the council's parking charge increases.

The Lazy Sally Cafe will be providing great snacks and you can bid to win some fantastic (and generously donated) prizes in the auction, including a week in the beautiful Majorcan village of Fornalutz and tickets to watch cricket at Lord's. Other prizes on offer include tickets to the Phoenix Cinema, dinner for two at the Bald Faced Stag, portrait photography and hypnotherapy sessions.

Tickets are £5 per person

on a first-come first-served basis. You can get tickets from David Attfield, 88 Summerlee Avenue, N2 9QH or you can pay via Paypal either by clicking on the Paypal donation button on the website <http://barnetcpz.blogspot.com/> or by making payment to barnetcpz@mail.com. Please make sure you put 'Quiz Night' in the header.

If you are able to "promise" something, such as dog walking, cat sitting, an hour or two of your professional expertise, or maybe something that money can't buy, you can e-mail David Attfield on barnetcpz@gmail.com.

November at the Phoenix Cinema

By Phoenix chief executive Paul Homer
"The Future is here." The Phoenix's technical manager emailed me these words last week. Wow, I thought, what new amazing piece of technology has Richard found? Something incredible that will make our lives much better, streamline our interactions, synchronise our temperaments and polish our shoes?

Alas no, it will do none of these things. Richard was talking about a trailer for the new film by Miranda July called *The Future*. You may know Miranda July as an indie American artist who writes books, acts and draws as well as directing films. Her new film explores how modern life tethers people, gives them responsibilities (didn't it always?) that they may not want. Faced with the choice of more responsibility or freedom they choose freedom. It's a choice that most of us aren't able to make, but wouldn't it be fun to do so? The film opens on 4 November.

From 13-17 November we continue to plunder the wealth of film from the London

Archive, with a celebration of Jewish film as part of the UK Jewish Film Festival. We have live opera from the Met, live ballet from the Bolshoi and live theatre from the National. In addition we have the new Terence Davies film *The Deep Blue Sea*, with Rachel Weisz and Tom Hiddleston, and a chilling British ghost story in *The Awakening*, with Dominic West and Rebecca Hall.

It's another busy month at the Phoenix where we have the past, the present and the Future. Given the history of this cinema and how busy we are now, that seems appropriate. Our box office is on 020 8444 6789 or visit www.phoenixcinema.co.uk.

Low-impact Zumba

By Betti Blatman

Although Zumba keep fit dance classes are usually quite energetic, there is a low impact version called Zumba Gold to which I am now addicted, thanks to the instructor's enthusiastic approach.

Classes are held locally at the following venues and times: Tuesdays, 12pm, New North London Synagogue (Sternberg Centre), 80 East End Road, London N3; Thursdays, 7 pm, Free Hall, 17 Northway, London NW11 6PB; Saturdays at 11.30 am, St. Mary's Hall, 26 Hendon Lane, London N3 1TS.

Their easy-to-follow pro-

gramme allows anyone of any age or any sex to perform Zumba Gold dance moves, featuring salsa, cha-cha, cumbia, flamenco and merengue and also using the twist, the Charleston, belly dancing and tango.

Contact Heidi van den Broek (ZIN Zumba Fitness Instructor) on 07717 314954 or visit www.zumbaclubNL.co.uk.

The Archer needs volunteer distributors for The Grange (3 rounds)
Distribution takes place once a month. A typical round takes 30-45 mins to deliver. For details contact 020 8883 0433 or the-archer@lineone.net

KALASHNIKOV KULTUR
By Ricky Savage, the voice of social irresponsibility

Clarkson's Law

It's own-up time. Yes, I am a self-confessed addict and my poison is petrol, preferably injected into a large internal combustion engine attached to a seriously out-to-lunch set of wheels. Hell, I must be the only person who watched *Fear and Loathing in Las Vegas* for the cars as well as the drugs. And now my time has come; Dave has listened to his friend Jeremy and promised to increase the speed limit.

It may only be an extra 10 miles an hour, but that matters. The chance to do 80 anytime, any place, anywhere is what serious driving is all about. All you need is speed, a full tank of gas, half a pack of cigarettes and sunglasses. And if you haven't got any speed, other recreational narcotics will do.

This is the kind of new law people like me want, none of this save the polar bears, go green, stop driving, start walking for me. I'll stick to petrol and proper driving. Why? Because like Jeremy, I know my top gear when I find it, I spit on speed cameras and I get all the exercise I need from changing gear.

Of course knitted-lentil-wearing, tree-hugging Toyota Pious drivers, self-righteous cyclists and worried parents will protest that this law will harm the planet or kill cyclists or make it dangerous for children to cross the road. Well, it's my planet as well as theirs, most cyclists use the pavement anyway and sprinting between speeding cars is the only exercise your average fat boy gets.

And in the modern age time is money and money is time. 200 miles at 70 takes 20 minutes longer than it does at 80. That's the difference between making it to the pub in time for a decent drink or screeching to a halt just as they call last orders. So that's another plus for fast driving.

In the great scheme of things, raising the speed limit may not seem much, but Rome survived centuries of upheaval on bread and circuses. Today we have McBurgers and the M25 and in a world like that going fast matters. Trust me, I've been there, complete with the half pack of cigarettes, full tank of gas and at night. And, yes, I was wearing sunglasses.

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