



## Regular Events

### Sport & Fitness

- **Badminton** Weds eves 8-10pm all abilities, contact George 8349 0170 or John 8444 7163.
- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall, Church Lane N2. Contact: Michelle 07767 804 564
- **Tae Kwon Do** for children & adults at Finchley Lido Mon & Fri 7-9pm 07949 612 706. [www.taekwondo-uktd.co.uk](http://www.taekwondo-uktd.co.uk)
- **Tai Chi** class at EF Methodist Ch, Weds at 1pm. Call James Drewe 8883 3308 or [james@taiji.co.uk](mailto:james@taiji.co.uk)
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 or see [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk).

### Music, Dance & Creative Arts

- **Art Classes**. For info call Henry on 8888 5133.
- **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Symphonic Wind Orchestra** Contact Caroline Egan 8340 2706
- **Traditional music** at TOC, Highgate Hill on 1st & 3rd Tue each month from 8.30 pm. Free. All musicians welcome. 07958 282898.

### Clubs & Social

- (See p8 for Parent & Toddler Clubs)
- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- **Finchley & District Philatelic Society**, Contact Brian 8444 3251
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **LGBT?** 1st Weds every month in a local pub. Welcoming atmosphere. Email [efinchleylgbt@hotmail.com](mailto:efinchleylgbt@hotmail.com)
- **Muslim Lunch Club** 1st & 3rd Weds, Green Man. Call 8444 1162 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Northside Bridge Club**, EF Methodist Church, Thurs 7.30-11pm. 8346 8145.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Call Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390



## Archie in art

Archie and the tube station featured in this eye-catching screen print by artist Natasha Barton as part of her exhibition at the Phoenix Cinema. Natasha graduated in fine art and graphic design from Camberwell School of Art and her work celebrates the local landmarks of London, where she has always lived.

A colourful Ally Pally, the monumental Hornsey Town Hall and the smart new exterior of the Phoenix itself were among the other subjects of her work. Natasha's exhibition finished in early July but you can see examples of her work online at <http://nb-prints.blogspot.co.uk>



Two of the off-beat characters from the Cabaret of Pottiness show.

## Come to the Cabaret

By Nick Young

Local comedy troupe the Cabaret of Pottiness will be performing at the Camden Fringe this summer. *Time Out* recently described the Cabaret of Pottiness as "a monster line-up of comedy, music and dance, from improv to drag with handmade props and costumes and a bizarre perspective on life, sex and more."

"The show is a vaudeville experience with its theme based on my love of old movies and the Art Deco period," explains founder Gareth Nash, who operates the Cabaret out of his flat on Park Farm Close. "It includes songs funny and emotive, linked together by character performance and engaging stories about human relationships."

Gareth and his comedy

partners perform monthly at the Black Heart pub in Camden. Their appearances at the seventh annual Camden Fringe will take place on 6, 7 and 8 August.

Cabaret of Pottiness can be found on Facebook, while further details of their evenings can be found on the Black Heart's website [www.ourblackheart.com](http://www.ourblackheart.com) and on the website for the Camden Fringe [www.camdenfringe.com](http://www.camdenfringe.com).

## Butterflies inspire children's writer

Local children's author Anne-Marie Conway has just released her fourth book, *Butterfly Summer*, a haunting tale of intense friendship and dangerous discovery.



When 12-year-old Becky finds an old photo in a box under her mum's bed, everything she thought she knew comes crashing down. The only place where she finds comfort is the local butterfly garden, with the wild and unpredictable Rosa May, but in the heat of the sun-drenched summer it seems that Becky is the only one in the dark.

Anne-Marie, who has lived in East Finchley for 11 years and runs a drama group at Finchley Youth Theatre on the High Road, has written three other books. She says *Butterfly Summer* was inspired by a visit to the Butterfly World project in St. Albans.

"I wanted to write a story where the beauty of the setting was in stark contrast to something much darker seething away just beneath the surface," she says. Described by the *Independent on Sunday* as "haunting and compelling", the novel was listed as one of their top children's books this year.

Published by Usborne, and suitable for children aged 9+, *Butterfly Summer* is available online and at Waterstones, WH Smiths and Muswell Hill Children's Bookshop.

## Open house for artists

See artwork up close at the East Finchley Open Artists' Open House Weekends on 7-8 and 14-15 July. More than 60 artists are opening their doors in this free exhibition, running from 11am to 6pm each day.

This is a great opportunity to view a wide variety of unique artwork for sale in EFO members' homes and studios, as well as local shops. Members include ceramicists, jewellers, painters, photographers, textile artists and sculptors, glass makers and wood workers.

For 2012 there's the work of ten new members as well as an online map of all the venues at [www.eastfinchleyopen.org.uk](http://www.eastfinchleyopen.org.uk)

## Break for Madden's

Madden's Ale House will be closed for refurbishment for the first three weeks of July.

Owner Kieran Madden confirmed that the pub was closing on Monday 2 July and would host a re-opening night party on Friday 20 July once the work was complete.

The family-run pub, at 130 High Road, opened its doors 16 years ago and has become a popular local venue for televised sporting events and live performances by local bands and singers. These will continue to be features of the pub following the refurbishment, as will the Thai food menu and the Tuesday night quiz.

## Pride in the House

Lauderdale House in Highgate is now inviting submissions from UK-wide gay and lesbian professional artists for its annual Pride in the House competition and exhibition.

One of the few free-to-enter art competitions in the UK, Pride in the House celebrates the artistic talent of the LGBT community and is now in its 12th successful year. Three finalists will showcase their work in a group exhibition where an independent panel of judges will select the overall winner. The main prize will be an exclusive two-week solo exhibition at Lauderdale House later in the year. Deadline for submissions is 10am on Monday 23 July. Further details from [www.lauderdalehouse.co.uk](http://www.lauderdalehouse.co.uk) or by phone on 020 8348 8716.

## What's On...

### Saturday 7 to Sunday 8 July

• First of two **East Finchley Open artists' Open House weekends**, 11am to 6pm; 65 artists, free exhibition. Unique artwork for sale in local homes and studios. 2012 show includes ten new members and three new open houses. Full details: [www.eastfinchleyopen.org.uk](http://www.eastfinchleyopen.org.uk)

### Sunday 8 July

• **Free music concert** at East Finchley Methodist Church, High Road; 7.30pm. Piano recital by Beatrice Nicholas with works by Schubert, Schumann, Chopin, Debussy and Rachmaninov. Free admission

with collection in aid of Iris Ministries, Mozambique, caring for children across Southern Africa. Venue fully accessible to people with disabilities.

### Saturday 14 to Sunday 15 July

• Second of two **East Finchley Open artists' Open House weekends**, 11am to 6pm; 65 artists, free exhibition. Unique artwork for sale in local homes and studios. 2012 show includes ten new members and three new open houses. Full details: [www.eastfinchleyopen.org.uk](http://www.eastfinchleyopen.org.uk)

### Sunday 15 July

• **Open gardens**, 79 Church Lane, East

Finchley N2, and 66 Muswell Avenue, N10, 2-6pm, in aid of the National Garden Scheme.

### Thursday 19 July

• **Community Focus Open Morning**, 11am to 12.30pm at artsdepot, Tally Ho Corner. Come and see the wonderful work created in our outreach programme. To book a free place and for more information contact Lili Barcroft on 020 8369 5483 or email [lili.barcroft@communityfocus.co.uk](mailto:lili.barcroft@communityfocus.co.uk)

### Sunday 22 July

• **Open garden**, 5 St Regis Close, Alexandra Park Road N10, 2-7pm, in aid of the

National Garden Scheme.

### Wednesday 25 July

• **Olympic Torch Relay passes through Barnet**, entering the borough at The Hyde, Hendon, at 12.15 pm and leaving at new Southgate at 3.15 pm. Full details: [www.london2012.com/olympictorchrelaymap](http://www.london2012.com/olympictorchrelaymap).  
• Victoria Park, N3, from dusk, free performance of **Bells, an aerial theatre and dance spectacular** by Theater Tol and Academi (Belgium/London). Opens with dazzling procession into park; climax has angels above, suspended from cranes, moving with the dancers below.