



THE ARCHER

PO Box 3699, London N2 2DE

www.the-archer.co.uk Email: the-archer@lineone.net

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Voicemail (messages only) 0844 579 6949 then enter mailbox number 75390 for Advertising / Finance or mailbox number 63450 for Editorial / Enquiries.

Published by	Editorial Team	Finance & Advertising
East Finchley Newspapers	Diana Cormack	John Dearing
Copy Editor	Daphne Chamberlain	Distribution
John Lawrence	Sub Editors	Toni Morgan
Production Editor	Ann Bronkhorst	Rose Molloy
Alison Roberts	Jeff Robson	Printed By
Picture Editor	Pam Kent	Sharman & Co Ltd
Mike Rubens		

Thank you to The Bald Faced Stag for providing us with a meeting place.

The Archer team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address.

Comments to The Archer may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – **December:** 16 November, **January:** 14 December, **February:** 11 January

USEFUL TELEPHONE NUMBERS

Councils

Barnet Council:	
Admin/Town Hall	020 8359 2000
Council Tax	020 8359 2608
Recycling & refuse	020 8359 4600
Primary Care Trust	020 8201 4700
Benefits Agency	020 8258 6500
Employment Service	020 8258 3900
Haringey Council	
	020 8489 0000

Leisure

Alexandra Palace	020 8365 2121
East Finchley Library	020 8359 3815
Muswell Hill Odeon	0870 505 0007
Phoenix Cinema	020 8444 6789
Warner Cinema	020 8446 9933

Transport

Nat. Rail Enquiries	0845 7484950
City Airport	020 7646 0088
London Transport	020 7222 1234
National Express	08705 808080
Heathrow Airport	0870 000 0123

Hospitals

Barnet General	0845 111 4000
Coppetts Wood	020 8883 9792
Finchley Memorial	020 8349 7500
Oak Lane Clinic	020 8349 7000
Royal Free	020 7794 0500
St Luke's	020 8219 1800
Whittington	020 7272 3070

Health Advice

AIDSline	020 8363 2141
Alcoholics Anonymous	0845 7697555
Barndoc	0300 033 3777
Barnet MENCAP	020 8203 6688
Cancer Support	020 8202 2211
Drinkline	0800 917 8282
Drugs Helpline	0800 776600
MIND	020 8343 5700
NHS Direct	0845 4647

OAPs' Advice

Age UK	020 820 35040
Contact (N2)	020 8432 1415

Crime

Emergency	999
Barnet Police	101
Mus. Hill Police Stn.	020 8345 2148
CrimeStoppers	0800 555111
Victim Support	0845 303 0900
East Finchley Safer	
Neighbourhood Team	020 7161 9014

Help & Advice

Advice Barnet Project Helpline	0844 826 9336
Carers' Line	020 8343 9698
Childline	0800 1111
Disability Info Service	020 8446 6935
Gingerbread	020 8445 4227
National Debt Line	0808 808 4000
NSPCC	0800 800500
Rape & Sexual Abuse	020 8683 3300
Relate	020 8447 8101
RSPCA Inspector	0300 1234 999
Samaritans	08457 909090
Refuge Crisis Line	0870 599 5443

Name your civic heroes

Barnet Council is inviting you to nominate a person or group that you feel has made an outstanding contribution to borough life for its annual Civic Awards.

The awards, now in their 13th year, are an opportunity to recognise officially the commitment and hard work of those who strive to make a positive difference to the lives of others. It could be someone who deserves some recognition, works tirelessly for little or no reward or perhaps somebody who gives up their free time to volunteer for a good cause. Barnet Council is now asking residents to submit their nominations for the 2013 awards. The deadline for applications is 31 December. To be eligible nominees should live or work in Barnet. All nominees receive a certificate, with those deemed to have made the greatest contribution presented with a framed vellum by the Worshipful the Mayor of Barnet Councilor Brian Schama at an awards ceremony in March 2013. Nomination forms are available from Hendon Town Hall, any of the borough's libraries, North London Business Park reception, or by downloading a copy from www.barnet.gov.uk/civic-awards

Planning Applications

Barnet Council

6 Aylmer Road, N2
Retention of rear side outbuilding.

43 Brim Hill, N2
Single-storey rear extension.

81-85 East End Road, N2
Installation of three air conditioning units to rear courtyard.

192 East End Road, N2
Part single, part two-storey side and rear extension following demolition of existing garage. Alterations to front porch and rear patio.

15 Lincoln Road, N2
Erection of a single-storey rear extension, following demolition of existing rear conservatory.

404A Long Lane, N2
Extension to roof including hip to gable, rear dormer and three front rooflights to facilitate a loft conversion.

56 Ossulton Way, N2
Non-material minor amendment pursuant to planning permission F/02069/12 for 'single-storey rear extension'. Amendments include removal of side lights and alterations to fenestration.

4 Sedgemere Avenue, N2
Extension to roof including L-shaped rear dormer and two front rooflights to facilitate a loft conversion.

2 Squires Lane, N3
Squires Lane Medical Practice: conversion of property into four

self-contained flats including single-storey rear extension.

Strawberry Vale Estate, N2
Refurbishment of existing play area and installation of new toddler/junior play area.

Haringey Council

22 Ringwood Avenue, N2
Demolition of existing lean-to and erection of single-storey extension including erection of side / rear dormers, replacement of existing rooflights with new rooflights to front / rear roofslope.

Woodside Cottages, Fortis Green, N2
Erection of single-storey side extension, infilling of existing entrance door and provision of new entrance via extension.

46 Aylmer Road, N2
Replacement of existing wooden fence and gates with a brick and railing wall / gates. Repositioning of pedestrian access along the wall and retention of vehicle access.

4 Shakespeare Gardens, N2
Formation of rear and side dormers, insertion of two rooflights to side roofslope, alterations to rear fenestration and erection of rear ground-floor extension.

8 Fordington Road, N6
Erection of single-storey side porch extension and single-storey rear infill extension. Alterations to side and rear elevations.

Get social, get running

East Finchley's new running club launches on Tuesday 13 November with its inaugural evening run followed by drinks in the Bald Faced Stag.

Run Social has been set up in the wake of the London 2012 Olympic Games with the aim of getting people together for fitness and socialising. The club, free to join, is open to people of all ages

and all levels of fitness.

It will meet every Tuesday at 7pm outside the Old White Lion Pub and run a 5km route through Cherry Tree Wood, Muswell Hill and up to Alexandra Palace. Runners will return for drinks and snacks in the Bald Faced Stag pub. In order to cater for all abilities, routes will be added in due course with differing distances and paces.

Organiser Nick Oleskiw says: "Running outdoors is a fantastic way to keep fit and is free of

charge. East Finchley and its surrounding areas offer opportunities for some great runs through parks and woods with some spectacular views over London. Running with a group is not only sociable but also boosts confidence and offers a safe environment for running on dark evenings."

If you would like to know more, email Nick Oleskiw at rumsocial@hotmail.co.uk or find the club on Facebook. Or just turn up at the Old White Lion on 13 November at 7pm.

Back to 1930s' glamour

String quartet Dirty Pretty Strings will be hosting an evening of modern voices and old-fashioned strings, gowns and candlelight, silent films and live music on Friday 23 November 2012 in aid of North London children's hospice Noah's Ark.

The charity, an expanding children's hospice service, is providing support for children and young people with life-threatening and life-limiting conditions and their families living in North London.

The glamorous evening, with special guests Sophie Ellis-Bextor, Ed Harcourt, Carl Barat and Brett Anderson, will recreate the look and resonate to the sounds of the 1930s. The singers will be performing mainly their own songs together with a few covers.

Tickets are priced at £25 and are available via www.unionchapel.org.uk/events.php

Advocate volunteer

The contact email in last month's Advocate Volunteer article was printed incorrectly. The correct address is heena@advocacyinbarnet.org.uk.

- Beginners -

T'ai Chi & Qigong

Wednesdays in East Finchley

** NEW COURSE ** September 5th: 12.00-12.55pm (Trial session: £5)

James Drewe is a qualified teacher and has been practicing t'ai chi for 36 years. He is the author of 3 books on t'ai chi & is a member of the BCCMA.

Other classes : www.taiji.co.uk

email: james@taiji.co.uk phone: 020-8883 3308

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