



Regular Events

Sport & Fitness

- **Badminton** Weds eves 8-10pm all abilities, contact George 8349 0170 or John 8444 7163.
- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelds Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall, Church Lane N2. Contact: Michelle 07767 804 564
- **Tae Kwon Do** for children & adults at Finchley Lido Mon & Fri 7-9pm 07949 612 706. www.taekwondo-uktd.co.uk
- **Tai Chi** class at EF Methodist Ch, Weds at 1pm. Call James Drewe 8883 3308 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 or see www.stretchingpeople.co.uk.

Music, Dance & Creative Arts

- **Art Classes**. For info call Henry on 8888 5133.
- **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Symphonic Wind Orchestra** Contact Caroline Egan 8340 2706
- **Traditional music** at TOC, Highgate Hill on 1st & 3rd Tue each month from 8.30 pm. Free. All musicians welcome. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **LGBT?** 1st Weds every month in a local pub. Welcoming atmosphere. Email efinchleylgbt@hotmail.com
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Northside Bridge Club**, EF Methodist Church, Thurs 7.30-11pm. 8346 8145.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Call Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390

Theatre friends relaunch

The Friends of Finchley Youth Theatre group is to be relaunched on Tuesday 6 November from 7.30-9pm at its High Road building. The Friends are an independent charity formed to raise the profile of FYT, apply for grants to supplement equipment and support the service.

The Trustees have decided to re-launch the Friends and are seeking people who would be interested in getting involved and people who are able to take a leading role in the new group. All are welcome and urged to come along to show their support.

The relaunch will be part of an extraordinary general meeting led by the outgoing

chair Ruth Mulandi and Roger Chapman, of the East Finchley Development Trust.

Rogersaid: "Finchley Youth Theatre is at the heart of our community. It offers an inclusive range of services to local young people. Turbulent times are ahead for all council services and we need an active Friends group to ensure we retain the excellent work it does."



Instructors and fitness fans exercised and danced their way through the Fortismere fundraising day.

Fundraising fitness marathon

Fit fundraisers danced their way through Zumba routines and toned their muscles in yoga sessions as part of a fitness marathon session at Fortismere School that raised more than £3,000 for North London Hospice.

Around 100 people took part in the masterclass, organised by JCW Fitness on Sunday 30 September.

North London Hospice volunteer Joe Attridge opened the event. Joe's wife Anna died at the hospice in February 2006, aged 48. Joe said: "I would like to say a huge thank you from everybody

at North London Hospice for the tremendous effort JCW Fitness have put into raising lots of money so that patients, their families and friends will benefit from the love, care and support the hospice provides."

For more information on the hospice, visit www.northlondonhospice.org.

What's On...

Saturday 3 November

• **Winter Fair**, 11am-3pm, Main Hall, Free Church Hall, Northway, NW11 6PB in aid of Combat Stress (Ex-Services Mental Welfare Society).

Monday 5 to Sunday 11 November

• **Real Ale Festival** at the Bald Faced Stag, High Road; 10% discount for CAMRA members.

Thursday 8 November

• **Free, live rock 'n' roll**. East Finchley band **Sound of the Suburb** will bring their high energy sounds to O'Neill's pub, 87 Muswell Hill, Broadway, N10 3HA, from 9pm, playing favourites from the 1950s to the present for your listening and dancing pleasure. Free entry. Their self-entitled debut album is available at Alan's Record Shop on the High Road.

Saturday 10 November

• **Fabulous Finchley**, a guided walk with City of London guide Paul Baker. Explore 1,000 years of history in Finchley Central

and East Finchley. Meet at Finchley Central tube station, Ballards Lane exit, 11am.

Contact Paul on 020 8440 6805 or www.barnetwalks.talktalk.net

Saturday 10 to Sunday 25 November

• **Finchley Art Society Autumn Exhibition**, Trinity Church Centre, Nether Street, Finchley N12 7NN, Monday to Saturday 9am-10pm, Sunday 2-6pm. Over 100 paintings in oil, acrylic, water colour and pastel covering a wide range of subjects by local artists at affordable prices and also some ceramics.

Sunday 11 November

• **Monthly litter pick at Stanley Playing Field**. Meet 2pm, equipment provided.

Saturday 17 November

• Children's bookshop, 29 Fortis Green Road, 2-3pm: **meet James Mayhew**, author of *Ella Bella Ballerina*, who will sign his books.

• **Festive Craft Fair** in aid of the Family Holiday Association, 11am to 5pm,



Sippy (left) and friends. Photo by Diana Cormack.

Bunjie's and beyond

By Diana Cormack

Sippy Azizollah is a well-known resident of East Finchley, particularly for her fund-raising activities. Despite being wheelchair-bound, Sippy manages to hold several of these events throughout the year, often with the help of Budgens store. Her latest took place on 30 September, this time in the Finchley Youth Theatre.

In her youth Sippy was a singer, having hits of her own in the pop world and providing backing for others. To raise money for Macmillan Cancer Support, Sippy decided to get some of her old friends together from Bunjie's, a club near Leicester Square where they all used to perform many years ago.

Musicians and singers came bringing their families, their instruments and their memories to share a moving and nostalgic afternoon. Much of the appreciative audience harked back to those times and joined in the performances accordingly. The event raised £363 for Sippy's chosen charity.

Hat trick for Harriet

You wait for a chance to exhibit your paintings and then, like buses, three come along at once, as East Finchley artist Harriet Connides has just discovered.

Not only is Harriet showing her watercolours until the end of November at Alexandra Park Library, but she also has a picture on display at the artsdepot in North Finchley, and is a contributor to the MS Trusts Secret Art Show, in aid of people with multiple sclerosis, online at <http://sas.mstrust.org.uk/artshop/shop>.

Harriet graduated with a BA Hons in Fine Art (painting), and her work is held in the archives of the Kent Institute as a marker of student excellence. She has exhibited widely, including shows in the Friends Room



'Spirit of the Woods' by Harriet Copperman, whose work is on show at Alexandra Park Library

at the V&A Museum, Canterbury Cathedral, The Phoenix Cinema and Burgh House.

E-mail your listings to: the-archer@lineone.net

in aid of North London children's hospice Noah's Ark, with special guests Sophie Ellis-Bextor, Ed Harcourt, Carl Barat and Brett Anderson. Tickets are priced at £25 and are available via www.unionchapel.org.uk/events.php

Until Sunday 25 November

• **Take Six art exhibition** at artisan, 80 Harlesden Road, London NW10 2BE. Six artists from the East Finchley Open group display their work: photography by Mike Coles, textiles by Ann Froemberg, jewellery by Monica Peiser, stoneware sculpture by Sheila Seepersaud-Jones, glass sculptures by Philip Vallentin and paintings by Christine Watson. Tuesday to Saturday, 11-5; Sunday, 12-4. www.artisan80.com

Thursday 29 November

• The Finchley Society hosts **Dickens in the Outer Suburbs**, a talk by Andrew Sanders, for the Jean Scott Memorial Lecture; 8pm at Avenue House, East End Road, N3 3QE. Non-members very welcome. Admission £2.

Henrietta Barnett School, Central Square, Hampstead Garden Suburb. Jewellery, ceramics, scarves, cards, glassware and other delightful items for sale. Lovely seasonal gifts at affordable prices. Also cake stall and raffle. Adults £2; children free.

Monday 19 November

• **Finchley Jazz Special**, at the old Wilf Slack Cricket Club (now the Hall School Sports Ground) at 19 East End Road, N3, from 7.45-10.45pm. Band led by Peter Rudeforth, one of the lead trumpet players with Chris Barber. Entrance £8, proceeds to Macmillan Nurses and Cancer Research UK, and you can bring your own booze. Please come along for a superb evening of top-quality jazz.

Friday 23 November

• Sensational string quartet **Dirty Pretty Strings** hosts an evening of modern voices and old fashioned strings, gowns and candlelight, silent films and live music