



## Regular Events

### Sport & Fitness

- **Badminton** Weds eves 8-10pm all abilities, contact George 8349 0170 or John 8444 7163.
- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall, Church Lane N2. Contact: Michelle 07767 804 564
- **Tae Kwon Do** for children & adults at Finchley Lido Mon & Fri 7-9pm 07949 612 706. [www.taekwondo-uktd.co.uk](http://www.taekwondo-uktd.co.uk)
- **Tai Chi** class at EF Methodist Ch, Weds at 1pm. Call James Drewe 8883 3308 or [james@taiji.co.uk](mailto:james@taiji.co.uk)
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 or see [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk).

### Music, Dance & Creative Arts

- **Art Classes**. For info call Henry on 8888 5133.
- **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Symphonic Wind Orchestra** Contact Caroline Egan 8340 2706
- **Traditional music** at TOC, Highgate Hill on 1st & 3rd Tue each month from 8.30 pm. Free. All musicians welcome. 07958 282898.

### Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- **Finchley & District Philatelic Society**, Contact Brian 8444 3251
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **LGBT?** 1st Weds every month in a local pub. Welcoming atmosphere. Email [efinchleylgbt@hotmail.com](mailto:efinchleylgbt@hotmail.com)
- **Muslim Lunch Club** 1st & 3rd Weds, Green Man. Call 8444 1162 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Northside Bridge Club**, EF Methodist Church, Thurs 7.30-11pm. 8346 8145.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Call Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390

## Underground artist's show

By Sheila Armstrong

**ARCHER** readers and tube travellers may have noticed two pictures by local artist Michael Haynes in East Finchley station and read the article about him in *The Archer* November 2011. Michael had a show in the Highgate gallery Artway in August which included very reasonably priced prints of these two works.

Born in East Finchley and living in Muswell Hill, Michael showed a variety of other prints as well as his more abstract paintings which capture his changing moods in both organic and geometric forms. He works mostly in oils or acrylics with some mixed media; typical titles are *Speed of Sound* and *Across the Universe*. These show another side to this artist who can do more than just represent our locality, who has other preoccupations and concerns. Contact Michael on

[www.michaelhaynesart.com](http://www.michaelhaynesart.com)

For readers who don't know the Artway Gallery it is accessed through the Artway Emporium, 273 Archway Road, a two-minute walk downhill from Highgate underground station. Artway is a vintage shop and is almost opposite the Boogaloo pub which holds the vintage fairs on the first Sunday of the month. Other local vintage shops featured in previous editions of *THE ARCHER* are in Muswell Hill and East Finchley.

## New writers' and readers' club

**An Authors', Aspirant Writers' and Readers' (AWR) club will be launched at Amici Delicatessen on Tuesday 11 September. Journalist Neil Behrmann, who is setting up the club, says it will have three aims. "First, in today's tough publishing environment, East Finchley and Muswell Hill authors can meet and help each other; second, they can encourage aspirant writers; and third, it will be a book club with a difference."**

Authors will take turns to talk about the background of their books, and read excerpts. The books will then be up for discussion and criticism.

"AWR will start with adult fiction, and move on to children's fiction and non-fiction," says Behrmann, author of financial thriller *Trader Jack: The Story of Jack Miner* and children's anti-war fantasy, *Butterfly Battle: The Story of The Great Insect War*.

He will open the club with a discussion of the background for *Trader Jack*, provided by his investigative reporting for the Wall Street Journal on Russian mafia mining scams, coffee dealings, and rogue trader fraud.

Meetings will be at 7pm every second Tuesday each month, with no entry charge. Amici Delicatessen is about 100 metres north of the Phoenix.

For more information, email Neil at [traderjackminer@gmail.com](mailto:traderjackminer@gmail.com)

## The little book of big scams

By Janet Maitland

**The Metropolitan Police have launched 'The Little Book of Big Scams', a comprehensive guide to avoiding fraud.**

Every year billions of pounds are lost to 'scammers'. Anyone with a computer, telephone, or even just a front door, is potentially at risk of falling for a scam. Vulnerable and older people are particularly at risk, but anyone can be a victim.

This guide explains some of the most common scams, ranging from the sophisticated to the simple, and provides essential advice on how to protect yourself from being conned.

**Don't be a walking wallet**

"Conmen and women are ruthless," said Esther Rantzen, who has welcomed the launch of the police guide. "They see honest people as 'walking wal-



Among the exhibits there will be photomontages by Adam Justice Mills, photographs by Karen Fraser (above) and paintings by Sheila Seepersaud-Jones and Christine Watson

## EFO at the Lyttleton House Gallery

**An exhibition of artworks by EFO (East Finchley Open) artists will take place at The Lyttleton House Gallery, 2 Lyttleton Way, N2 from 10 September to 4 October (check website below for opening times).**

This will be the EFO's first exhibition at the recently established Lyttleton House Gallery

which promises to be an exciting new venue for the group. Each of the 55 members has been invited to submit work to fill the light airy space ranging from traditional painting and photography to glassware, quilting and ceramics. You can find the complete range of work on the EFO website to get a preview of the sort of art that will be on show. All work will be for sale and available for collection at the end of the exhibition.

The EFO is fast approaching its 10th year and with the Open House event in July and the Winter Fair in November it is firmly established on the N2 cultural calendar. Local support from East Finchley residents and businesses is highly valued. EFO will also be having one of their regular exhibitions at the Phoenix Cinema throughout September, teasingly entitled 'Guess where I have been'.

For further information see [www.eastfinchleyopen.org](http://www.eastfinchleyopen.org).

## What's On...

### Sunday 2 September

• **Barnet Ghosts**: guided walk and spooky history tour of Barnet and Monken Hadley, the second most-haunted village in

England, with City of London guide Paul Baker. Meet at High Barnet tube station, 7.30pm. For details, contact Paul on 020 8440 6805.

### Sunday 9 September

• **Muswell Hill Festival**, Cherry Tree Wood, 12 noon to 6pm. Come and enjoy the eighth year of this free event. The fun includes a Muswell Hill's Got Talent competition, donkey rides, a dog show and live music, as well as a miniature steam train ride. There will be food and drink stalls, and a Pimms tent. All proceeds go to the London Centre

for Children with Cerebral Palsy.

• **Rescue cats available**, noon-6.0 pm, at Animal Aid and Advice, 48 High Road (near Phoenix cinema).

### Monday 10 September

• **Exhibition of artwork by EFO** at Lyttleton House Gallery, 2 Lyttleton Way, N2, until 4 October.

### Saturday 15 September

• Dance theatre **Sweetshop Revolution's Tree** at artsdepot, North Finchley. Information/booking: 0208 369 5454 or [www.artsdepot.co.uk](http://www.artsdepot.co.uk)

### Sunday 16 September

• **Battle of Barnet**: guided walk and tour of the famous battlefield of 1471 with City of London guide Paul Baker. Meet at junction

of Great North Road and Hadley Green Road, 2.30pm. For details, contact Paul on 020 8440 5805.

### Tuesday 18 September

• UK premiere of **Not Until We Are Lost** by aerial theatre company Ockham's Razor, at artsdepot. For information/booking see 15 September.

### Wednesday 19 September

• **Meeting to discuss a High Road Christmas Festival**, at the Barracuda Café, 6.30-8.30 pm. Come along with your ideas and suggestions.

### Thursday 27 September

• **The Finchley Society** will concentrate on East Finchley at 8.00 pm, Martin School, High Road, N2. Everyone welcome. Non-

members: £2 admission.

### Saturday 29 September

• **Standup comedy with Robert Rouse** at artsdepot. For information/booking see 15 September.

### Sunday 30 September

• Family theatre show **Bert's Magical Mystery Kitchen** at artsdepot. For information/booking see 15 September.

### Saturday 6 October

• Enjoy an evening of music and laughter with **The Confections** at 7.45 p.m. in St Mary's Church Hall, 279 High Road, N2. Tickets (including refreshments) £8 and £7 (concessions) from 020 8440 2817 or at the door on the night. All proceeds going to St. Mary's Church.

E-mail your listings to: [the-archer@lineone.net](mailto:the-archer@lineone.net)