



THE ARCHER

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Thank you to The Bald Faced Stag for providing us with a meeting place.

THE ARCHER team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address.

Comments to THE ARCHER may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – June: 10 May, July: 14 June, August: 12 July

USEFUL TELEPHONE NUMBERS

Councils

Barnet Council:

Admin/Town Hall	020 8359 2000
Council Tax	020 8359 2608
Recycling & refuse	020 8359 4600
Primary Care Trust	020 8201 4700
Benefits Agency	020 8258 6500
Employment Service	020 8258 3900
Haringey Council	020 8489 0000

Leisure

Alexandra Palace	020 8365 2121
East Finchley Library	020 8359 3815
Muswell Hill Odeon	0870 505 0007
Phoenix Cinema	020 8444 6789
Warner Cinema	020 8446 9933

Transport

Nat. Rail Enquiries	0845 7484950
City Airport	020 7646 0088
London Transport	020 7222 1234
National Express	08705 808080
Heathrow Airport	0870 000 0123

Hospitals

Barnet General	0845 111 4000
Coppetts Wood	020 8883 9792
Finchley Memorial	020 8349 7500
Oak Lane Clinic	020 8349 7000
Royal Free	020 7794 0500
St Luke's	020 8219 1800
Whittington	020 7272 3070

Health Advice

AIDSline	020 8363 2141
Alcoholics Anonymous	0845 7697555
Barnodoc	0300 033 3777
Barnet MENCAP	020 8203 6688
Cancer Support	020 8202 2211
Drinkline	0800 917 8282
Drugs Helpline	0800 776600
MIND	020 8343 5700
NHS Direct	0845 4647

OAPs' Advice

Age UK	020 820 35040
Contact (N2)	020 8432 1415

Crime

Emergency	999
Barnet Police	101
CrimeStoppers	0800 555111
Victim Support	0845 303 0900
East Finchley Safer	
Neighbourhood Team	020 7161 9014

Help & Advice

Advice Barnet Project	0844 826 9336
CAB Money Advice	020 8201 7727
Carers' Line	020 8343 9698
Childline	0800 1111
Disability Info Service	020 8446 6935
Gingerbread	020 8445 4227
National Debt Line	0808 808 4000
NSPCC	0800 800500
Rape & Sexual Abuse	020 8683 3300
Relate	020 8447 8101
RSPCA Inspector	0300 1234 999
RSPCA animal clinic	020 8365 3910
Samaritans	08457 909090
Refuge Crisis Line	0870 599 5443

Safer money advice for older people

Lloyds TSB Foundation Trust has given a £78,000 grant to Advocacy In Barnet to provide a voice for older people in financial matters, and to protect them from financial abuse.

Would you like to help in this project? Do you have a financial or legal background? If so, you could be one of the 10 new volunteer advocates now being recruited.

As existing volunteer advocates do, you would make weekly visits to older people living in care homes, other residential settings, day centres, and hospitals.

You would receive free training and development opportunities, a free enhanced Criminal Record Bureau check, on-going support and supervision, and travel expenses.

The next available training date for Introduction to Advocacy will be this month.

To apply, please visit www.advocacyinbarnet.org.uk, or contact Janet Brand on janet.b@advocacyinbarnet.org.uk or via 020 8201 3415.

Advocacy In Barnet offers a free, independent and confidential advocacy service to all people over the age of 18 living in the Borough of Barnet. It takes two forms: Issue Based Advocacy for people living in the community in their own homes; and Advance, a voice through Advocacy for older people living in care homes.

Summer starts here

Now the cold weather is finally behind us, it's time to turn our attention to the glorious days of summer ahead, fingers crossed.

You can start by getting your garden in shape with the help of Finchley Horticultural Society's Great Spring Plant Sale on Sunday 19 May, which will have a great selection of garden flowers and vegetable plants at bargain prices.

A sunflower competition will also be running for children aged 16 and under. Young sunflower plants can be purchased at the sale for 50p and grown on at home or on allotments. Winners will be judged at the start of September.

The society's sale takes place in the Gordon Road allotments, off Dollis Road, N3, from 10am to 1pm. For more details on the sunflower contest, email fhssunflower@hotmail.co.uk

Get on your bikes

British Cycling, the national governing body for cycling, is encouraging more women in Barnet to get on their bikes.

Led by women, for women, Breeze Network is British Cycling's women-only programme aimed at encouraging women to cycle more. The Breeze Network is sup-

ported by Breeze Champions who are a group of volunteers who deliver the bike ride to other women cyclists. There is no need to be a cycling expert, just be confident on a bike and have heaps of enthusiasm. To find out more about Breeze and to register for the training course, call Breeze Network on 0161 274 2117, email breeze@britishcycling.org.uk or visit www.breezebikerides.com.

Accident witness appeal

Police are still appealing for witnesses after a fatal collision in Finchley. On Monday 25 March at around 10.10pm there was a collision at the junction of the A406 North Circular Road with the A1 and the A598 Regents Park Road, N3.

A Saab containing a male driver aged 38, an elderly female relative aged 99 in the front seat, and his wife and two small children in the rear, was travelling south in Regents Park Road when it collided with a traffic island kerb. The front seat passenger suffered serious injuries and died six days later. Traffic officers are asking any witnesses to call the collision witness line on 020 8842 1817.

Robbery charge

A man who lives on the Grange Estate has been charged with a series of street robberies in N12 and N14.

Two of the robberies were allegedly at knife point. Ahmed Ali, an 18-year-old student, appeared in Hendon Magistrates Court on 27 March for a first hearing. All the alleged robberies took place in March, with only a few days between each incident.

Planning Applications

Barnet Council

16 Beresford Road, N2

Single-storey rear infill extension, including pitched roof and two roof lights.

16 Elmfield Road, N2

Single-storey side and rear extension with three skylights. First-floor rear extension.

232 East End Road, N2

Roof extension to existing loft, including three roof lights.

58-60 High Road, N2

Two-storey rear extension, to provide additional retail space at ground-floor level and additional residential flat at first-floor level.

305 Long Lane, N2

Single-storey rear extension, with part single-storey side infill including a roof light.

39 Park Hall Road, N2

Roof extension including a rear dormer window with two roof lights to front roof slope to facilitate loft conversion.

54-60 Trinity Road, N2

Alterations to roof, including raising existing roof level to create additional accommodation and storage within loft space of flats 58 and 60. Two front roof lights, two rear roof lights and one dormer to roof of No 60.

Viceroy Parade Post Office, N2

Haringey Council

4 Bancroft Avenue, N2

Two-storey rear extension with four roof lights to side elevation. Outside Manor Court, Aylmer Road, N2

Replacement of existing 12.5m high telecommunications street work pole with new 12.5 high telecommunication street work pole, and three additional equipment cabinets on grass verge adjacent to Aylmer Road.

23 Twyford Avenue, N2

Certificate of Lawfulness for side dormer, and one rear and three front roof lights.

- Beginners -

Tai Chi & Qigong

2 Classes in East Finchley

Wednesdays at either 12.00 or 1.00pm (Trial session: £5)

James Drewe is a qualified teacher and has been practicing t'ai chi for 37 years. He is the author of 3 books on t'ai chi & is a member of the BCCMA.

Other classes: www.taiji.co.uk

email: james@taiji.co.uk phone: 020-8883 3308

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