



# We will miss her greatly

Pam Kent, a member of the *ARCHER* team for most of our 20 years, died on 15 of September. She was the *ARCHER* typist in our early, pre-email days, and for many years she ran our distribution. This meant having over 9,000 copies delivered to her house, where she counted out the rounds.

When ill-health forced her to give this up, she continued to deliver her own substantial round until only a few months ago. She was also our proof-reader, and in addition proof-read locally written books and the N2 poetry magazine.

Print, in one way or another, was Pam's life. Born Pamela Morris in Hertford in 1942, she left school at 15 to work as a copy holder for a local printing firm. There she met her future husband, Cliff Kent, whom she married in 1963. They moved to Evesham, and Pam worked in nearby

Worcester for Kays Catalogue, writing copy and liaising with printers all over Europe.

Returning nearer home in the 1970s to support her mother, after her father suffered a stroke, she was head-hunted by a London printer, and she and Cliff settled in East Finchley.

Pam went on to arrange photographic shoots for Woburn Studios, and later worked as Assistant Production Manager at Carlton, and as an overseer of print jobs for IMG in Chiswick. This led to her becoming the UK agent for a Turin-based book printer.

She ran her own business, Kentprint, from her home in Hamilton Road, before purchasing the house next door as the business expanded. After retiring in 2002, she rented that house to MCC for their foreign cricketers in the season. Her "boys" included the Irish-born English international Eoin Morgan, William Paterfield, David Molam and Boyd Rankin.

One of Pam's main relaxations was the jazz scene, to which she was introduced by her neighbours. She ran the Finchley Jazz Club fortnightly, as well as a monthly club in Stamford, Lincolnshire. Many people will remember the two local jazz evenings organised by Pam in the last year of her life to raise money for Macmillan Nurses and Cancer Research UK.

Despite being diagnosed with cancer five years ago, she carried on with most of her activities until increasing ill-health forced her to cut them down. She had become closely involved with Bishop Douglass School, where she was a meal-



Pam Kent RIP. photo courtesy of Bishop Douglass School

time supervisor and part of the exam invigilating team, as well as co-ordinating the school's annual Christmas dinner for older people and driving some senior citizens to and from the event. In return, Bishop Douglass staff made sure she was well looked after during her illness, even supplying her with a daily school lunch.

Among Pam's many qualities were warmth, kindness, and willingness to help everyone. She was always the first to say, "I can do that", even when she became ill.

She left this written message. "Please do not mourn for me. I've had a wonderful life, met and stayed friends with so many lovely people, but now it's time for a rest. So to all my super family, friends, acquaintances, neighbours, work colleagues, and all the local cats, I leave you with only joy in my heart and much happiness."

We will all miss her greatly.

# What is the Harington Scheme?

By Daphne Chamberlain

East Finchley's Arts Festival supported two charities this year: Noah's Ark Children's Hospice and the Harington Scheme. You may be assuming, as I did, that "Harington" is someone's name. Not so. The name is a blend of Haringey and Islington. It was founded by the local community 33 years ago, in Highgate Village, where several boroughs meet, but caters for people with learning difficulties or disabilities from a wide area of London.

These people are of all ages from 16 upwards, but about 80% are in the 16-24 age-group, and the scheme provides them with life skills and vocational training.

### Work experience

Learners are helped to select the career which is best



A scene from last year's Arts Festival. Photo by Marian Harris.

## Restaurant at the crossroads

By Sheila Armstrong  
BuFi, the new Italian restaurant in prime position at the High Road and Fortis Green crossroads, is run by Sofia Arricale and her father Mario. They have been very busy from day one in April and both say they are pleased with East Finchley's welcome to their restaurant.

Sofia has always wanted to open a restaurant. She describes it as a traditional Neopolitan pizzeria with a modern twist. Mario's lifetime experience working in restaurants has been invaluable and several other family members are also involved in the new venture.

The restaurant on the site of the former Barclays Bank uses buffalo meat and other products which are very low in cholesterol. Gluten-free pizzas and pasta can be ordered too, food that is not always easy for celiacs to find.

All the buffalo products sourced by Sofia come from the organic buffalo herd in Laverstoke Park in Hampshire, owned by ex-racing driver Jody Scheckter.

Sofia told *THE ARCHER* that she has plans for a second restaurant in the course of time. BuFi's website is [www.bufires- taurants.com](http://www.bufires- taurants.com) or 020 8883 4720.

for them, with help in reading, writing, maths, ICT and City and Guilds qualifications. Their OFSTED reports are excellent. Some go into retail, and have work experience in organisations including Budgens and Waitrose. Others have had placements with artsdepot in North Finchley.

The majority are found jobs or further training over a broad vocational range, with continuing support and liaison from Harington where necessary. Some need to be eased into employment via Harington Gardeners, which provides garden maintenance services to organisations and private households under the guidance of qualified professionals. All the income from gardening contracts supports the charity.

One learner said: "It's good because you do gardening, and

you can get work experience and a job. It's fun working outside."

### Learning and growing

There is also therapeutic day provision for adults with learning disabilities or mental health needs, who benefit from working in Harington's beautiful grounds. It's nicely symbolic that a walled garden on the site once belonged to a 16th century apothecary. A motto of the Harington Scheme is "Learning to grow, Growing to learn". One of the clients summed it up as "A welcoming and easy-going place which has made me feel very confident and comfortable."

Twice a year, Harington holds plant and produce sales. We will keep you informed about these and other events. For further information, visit [www.harington.org.uk](http://www.harington.org.uk) or call 020 8341 3657.

## KALASHNIKOV KULTUR

By Ricky Savage, the voice of social irresponsibility

### Beware...Cliff!

In the weird and mysterious world of rock'n'roll no one's quite as weirdly mysterious as the aging phenomenon that is Cliff Richard. Yes, I'm talking about the rock'n'roll rebel who rebelled by not doing the whole sex'n'drugs thing, but God and tennis (not Sue Barker) instead.

Well he's back with his 100th album and this time he's returning to his fabulous rock'n'roll roots by doing Little Richard, Elvis and Buddy Holly covers.

In the 54 years since Cliff released his first album a lot of natural resources have been wasted as he has gone from Britain's answer to Elvis to being left off the Radio 2 1960s playlist for being seriously uncool. Highpoints have included 'Cliff', 'Cliff Sings' and 'Live at the ABC Kingston 1962' all of which were backed by The Shadows.

In 1962 he was bigger than The Beatles, but back then the Beatles were still playing the clubs. By 1964 they were bigger than everyone, including Cliff. There were other high points, records like 'I'm Nearly Famous' and 'Wired for Sound' and his reunion with the Shadows in 2009.

Low points? Well I'm spoilt for choice, but can't leave out 'Songs from Heathcliff', 'Cliff at Christmas' or 'Hymns and Inspirational Songs'. Anyway, the one album I would buy is the one they won't release and that's 'Singing in the Rain, Cliff Live at Wimbledon'. After all, that's the reason they had to put a roof over Centre Court so that he couldn't do it again and again.

To list the entire outpourings would constitute cruel and unusual punishment, especially when he's churned out 47 studio albums, 7 film soundtracks, 35 compilations and 11 live albums. At around 40 minutes per record you'd have to abandon nearly 3 days of your life to continuously listening to Cliff. Anyone who can manage that is either the ultimate fan or has lost the will to live.

Has anyone gone further than Cliff? Well, Elvis has. By the time he died of a heart attack on the toilet in 1977 he'd churned out 74 albums. Since then he's worked overtime and churned out a further 106. What worries me is that Cliff is trying desperately to catch up.

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