



YOUNG ARCHER



Sisters Orli, seven, and Maya Bagilhole Josephs, five, spent four hours one Saturday morning creating this two-metre loom band necklace. Well done, girls. Could it be a world record-breaker?

Football and fun day on the Grange

Sign up now to enter a team for a football tournament on the Grange. Or go along to get your nails done for free, help design some graffiti and listen to music from local DJs.

The activities are part of a free fun day on Saturday 12 July from noon to 4pm on the green at the junction of Brownswell Road and Oak Lane.

Youth charity Art Against Knives is teaming up with Grange Big Local to host the event, following on from the success of the Grange Big Local festival in the same community space last September.

Younger children are also welcome and can get their face painted, have a go on the bouncy castle and join in creative activities.

Grange resident and Big

Local steering group member Aisha Kene Lawrence says: "We are really excited about this event, working with Art Against Knives and looking forward to a fun day for all. We definitely need more youth and children's activities in the area."

Text your team

To register a football team, text 'I've got a team' to 07581 070717. Maximum of five players in a team and players must be in the same age group (7 - 11) (12 - 15) (16 - 25). To find out more email hello@artagainstknives.com

East Finchley Baptist Church

Just off the High Road in Creighton Avenue N2

Sunday Mornings at 10.30 am

Crèche and Sunday School during service
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For more information please contact the Church Office
Tel: 8883 1544 (Minister: Simon Dyke)
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KLAGE

A NAME IN PLUMBING FOR OVER 40 YEARS

These races are strictly for the birds

By Diana Cormack

Two years ago I discovered a sporting event I dearly wanted to attend. Only the London Olympics prevented me going. Last summer, however, I determined to travel to Derbyshire, specifically to the little village of Bonsall, along with many other like-minded people.

What did we have in common? Hens. I have loved hens since I was a child, when helping to look after my grandparents' chickens gave me a lifelong interest in these birds. There's more to them than is generally recognised, but I have to admit they are particularly bird-brained when it comes to racing. However, hen racing was a fun activity enjoyed by locals in the county over 100 years ago. It has survived in its present form for nearly 25 years at the Barley Mow public house, which hosts The Official World Hen Racing Championships on the first Saturday in August.



International event

Entries do come from parts of the world other than Britain, with a variety of hens on display along with a range of training techniques. There are also hens for hire if you fancy getting involved in the races. Unsurprisingly, the hens don't look as if they want to.

After being let loose at the start of the 15m track, most of them just peck about the place, ignoring the quiet encouragement of their owners. Loud noise is banned during the races, as is pecking or fighting with

fellow contestants, for which our feathered friends are disqualified. After three minutes the bird closest to the finishing line goes through to the next round, with six eventually fighting it out in the final.

The final I saw was well worth waiting for because, amazingly, two hens crossed the line and a third was pretty close. As usual it was filmed for international TV stations. It has also featured on Sky. Have a look at it on YouTube or be there on 2 August and you'll have one of the most unbelievably fun afternoons ever!

Summer musical

Full Circle Theatre Company is running a one-week summer workshop working towards a performance of a musical on the last day. If you love to act, dance or entertain you can join the fun.

The sessions run from Monday 28 July to Friday 1 August at Martin Primary School from 10am to 3pm each day. The cost is £75.

Full Circle is a well-established theatre company run by three qualified and highly experienced teachers. For further details or to book a place, please contact: Anne-Marie Conway 07958 409863.

PARENT & BABY/CHILD ACTIVITIES

- ☉ **Baby & U baby massage.** Contact Ruth at babymassagewithruth@gmail.com, www.facebook.com/baby-andubabymassage
- ☉ **Dads' Club:** Get-togethers for dads looking after young children in East Finchley. Adam 07957 441435.
- ☉ **EF National Childbirth Trust** contact Ruby Yang or Patrizia Canwell at east-finchleyncct@googlemail.com
- ☉ **Muswell Hill Toy Library** story time, singalong and other events. 8444 0244/ 8489 8774, www.muswellhilltoylibrary.com
- ☉ **Musical Tots:** Wednesdays 11am at the Old White Lion and Fridays 11am at The Five Bells N2. [Katemusicaltots on facebook](http://Katemusicaltots.on.facebook.com).
- ☉ **Parent & Toddler Group,** Green Man Centre, Sajni 8359 3460/Julia 8444 2276
- ☉ **Phoenix Cinema activities,** Bringing up baby screenings, Weds, 11am; Kids Club, Sat, 12pm; Toddler Time, Tues, 11am. Full details from box office on 020 8444 6789.
- ☉ **Stepping Stones,** interactive play for under 3s. Tues 10am, East Finchley Baptist Church. Liz 07836 284538.
- ☉ **Teddy Bears' Music,** singing for 0-3s in Holy Trinity Church, N2; Thurs 9.45am & 10.45am. Camilla 07900 988149.

Spare Change: soup kitchen drama

Fixation Theatre will stage their first charity performance event to raise awareness about homelessness in London and in aid of local charity Homeless Action Barnet (HAB) at 7.30pm on Thursday 10 July at Finchley Youth Theatre in the High Road.

Spare Change is a multi-accessible performance event, with the audience being greeted in a soup kitchen. Tickets are £8 each (includes a £3 donation).

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