



## Regular Events

### Sport & Fitness

- **East Finchley Flyers running club**, Tuesdays 7pm at the tube station, 7k run and socialising. Nick 07593 367134.
- **Finchley & Hornsey Ramblers Group** Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall. Michelle 07767 804 564
- **Tai Chi** class at EF Methodist Ch, Weds 1pm. James 8883 3308 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk).

### Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **Ballroom Dance Classes**, Wednesday eves for beginners & improvers. St Mary's Church Hall, N3. 8444 0280.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Come and sing!** All welcome, Thursdays 10.15am-12 noon, nr Finchley Central tube. Contact Maxann 8371 9479.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lillian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Ladies Keep Fit** Class for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional music at TOC**, Highgate Hill, on 1st & 3rd Tues each month from 8.30pm. Free. All musicians welcome 07958 282898.

### Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **Contact Lunch Club** Tuesdays at the Green Man. Call 8444 1162 to book.
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390
- **Youth Club** at Green Man Community Centre, Strawberry Vale every Tues in termtime. Ages 8-13, £1 entry.



Sippy with her work at the Arts Depot. Photo by Diana Cormack

## The future is bright

By Daphne Chamberlain

Sippy Azizollah told us she really appreciated having 90 of her pictures exhibited at artsdepot last month. She told us, "They were beautifully displayed. The events manager said how lovely it was to look at such a bright wall."

Brightness is very much one of Sippy's trademarks. She loves colour, and in recent years has expanded her range. At the opening of her show, I heard lots of admiring comments about the way she works with stickers, sequins and feathers.

Pleasantly surprised by the number she sold, she said, "I

really enjoyed going in to the exhibition. It was lovely to hear kids saying things like 'Ooh look, Mummy, there's a butterfly!' It's so important for me to be with people."

She had special thanks for the artsdepot staff, especially events hire manager Fay Davies.

## Phoenix Cinema in March

By Elizabeth Taylor-Mead, executive director at the Phoenix

Poet Emily Dickinson described March as "the month of expectation" and so the Phoenix Cinema offers a month of great expectations on the big screen, starting with the adaptation of Markus Zusak's celebrated novel *The Book Thief*. Newcomer Sophie Nélisse steals not only the books but the screen too from veteran actors Geoffrey Rush and Emily Watson.

Wes Anderson, whose quirky hits include *Rushmore* and *Moonrise Kingdom*, is a cinematic March hare. This month we present his latest, *The Grand Budapest Hotel*, an elegant screwball caper starring Jude Law, Ralph Fiennes and a divine Tilda Swinton.

For fashionistas and the people who love them, French biopic *Yves Saint Laurent* portrays the man who built a couture empire against the background of Swinging Sixties.

Cinematic tastes leaning more towards a moonwalk than the catwalk? We're sure you'll be tempted by Scarlett Johansson as an alien seductress in Jonathan Glazer's audacious thriller *Under the Skin*.

Screen Arts continue to thrive in East Finchley. Join us for exciting transmissions of *War Horse* from the National Theatre, *Marco Spada* from the Bolshoi Ballet, and two gems from the Metropolitan Opera: Borodin's *Prince Igor* and Massenet's *Werther*.

The Phoenix hosts weekly Bringing Up Baby screenings of recent films for parents and carers with infants on Wednesdays, Toddler Time activities and films on Tuesdays, and Kids Club on Saturdays, all low cost and entertaining, rain or shine.

So be like March: come in like a lion, go out like a lamb. See you at the movies! Find out more at [www.phoenixcinema.co.uk](http://www.phoenixcinema.co.uk) or phone the box office on 020 8444 6789.

## What's On... E-mail your listings to: [the-archer@lineone.net](mailto:the-archer@lineone.net)

### Sunday 9 March

• **Free music concert**, East Finchley Methodist Church, High Road, opposite Creighton Avenue, 7.30pm. Celebrating the life and work of Bryan Fairfax, a wonderfully varied programme performed by his friends will include works by Mozart, Bach, Debussy and Beethoven. Free admission, collection in aid of North London Hospice. Venue accessible to people with disabilities.

### Wednesday 12 March

• **Career Detox Workshop**: 7pm - 9pm, North Finchley. Thinking of career change or unhappy in your current job? Discover what you need from work to achieve career happiness. Places £30, limited so early booking essential. For more info contact [sarah@careertree.org.uk](mailto:sarah@careertree.org.uk) or visit [www.careertree.org.uk](http://www.careertree.org.uk)

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### Wednesday 12 March to Sunday 20 March

• **Upstairs at the Gatehouse**, Highgate, presents *Murderer*, a thriller by Anthony Schaffer. Box office 020 8340 3488.

### Friday 14 March

• **Jazz Evening**: Caroline Morgan on vocals & Robertson piano. Clissold Arms, Fortis Green, 9-11pm, tickets £5 from 020 8444 4224.

### Saturday 15 March

• **Baby Jumble** at Holy Trinity Church hall, 2-4pm. Buy and sell good quality children's items. Tables £22 (some £18 early bird tables available on [www.babyjumble.com](http://www.babyjumble.com)). Entrance £2.50 per family, with 25% going to local charity, Noah's Ark Children's Hospice.

• **North London Chorus** and Meridian Sinfonia with conductor Murray Hipkin

## Art class with a difference

By Daphne Chamberlain

Many artists say that hands are the hardest things to draw. Then again, the whole thing of drawing a person wearing clothes rather than clothes wearing the person is a bit of a challenge. If you agree, you could be interested in an art class with a difference.

Tutor Mari I'Anson has worked as a fashion illustrator and editor, and is a prolific watercolour artist. Many of her paintings record her extensive travels abroad, including her time as artist-in-residence at schools in Singapore and Bangkok. The people in those paintings seem very real.

Her new class combines life drawing with fashion and costume. A model will demonstrate how different fabrics look when draped over the body. Garments will be different each week.

The classes are for all abilities. Just bring a drawing board

and A3 paper, medium soft pencils, coloured crayons and an eraser. As soon as you feel confident, you can move on to watercolour or oils.

Classes will be held at The Art Stables, 80 East End Road (see below). Initially, there will be a five week course, starting on 26 February, but you can join at any time. If the first course is successful, Mari will run further classes after Easter. Once again, you can either enroll for a course or drop in, phoning beforehand on 020 8346 7011. You can also contact Mari on [mari.artist@uwclub.net](mailto:mari.artist@uwclub.net).

## Hidden art and fitness classes open to all

The old stables in the grounds of the Sternberg Centre in East End Road have been transformed into a new arts space called The Art Stables. A variety of art classes and workshops as well as Hatha and Iyengar yoga are on offer.

The Art Stables offers a bright and airy space where painting, drawing, music, performance, Pilates and yoga can take place for all ages and sections of the community. Organisers say interaction with local schools, colleges and other interested institutions will create a vibrant activity centre.

Anyone is welcome to go along any time for a cup of tea and a chat about the courses. Students are enrolled throughout the year and currently on offer are classes in oil painting, acrylics, watercolour & pastels, portrait painting, life drawing, clay modelling, papier mache, Ipad art, after school and weekend kids clubs, photography and Hatha and Iyengar yoga.

For further information contact: The Art Stables, c/o The Sternberg Centre, 80 East End Road, London N3 2SY, visit [www.artstables.co.uk](http://www.artstables.co.uk), telephone 020 3302 5525 or email: [info@artstables.co.uk](mailto:info@artstables.co.uk)



The Art Stables in the Sternberg Centre

## Hatha yoga for all

'Yoga with Julia' is offering taster classes for £5. Classes are suitable for all abilities and take place in The Art Stables at 9-10.30am on Mondays or in Maples Close N3 on Thursday mornings.

Julia also offers prenatal and restorative yoga. For details see [www.facebook.com/finchleyyogawithjulia](http://www.facebook.com/finchleyyogawithjulia) or contact julia on 07961 381425 or [juliadavis@talktalk.net](mailto:juliadavis@talktalk.net).

Bring a friend and, if your friend signs up too, you'll receive a free class.

perform Psalms and Prayers in settings by Bernstein, Mendelssohn and Schubert, 7.30 pm, St. James' Church, Muswell Hill, N10 3DB. Ticketline 0203 468 1213

### Saturday 22 March

• Celebration Press invites you to an evening of poetry and music in aid of Cherry Lodge Cancer Care at 7.30pm at East Finchley Methodist Church, High Road, N2 (opposite Creighton Avenue). Dennis Evans will be reading from his new collection First the Silence with music by Sarah Majid & friend. Admission: £10 (includes a copy of First the Silence).

### Sunday 23 March

• **Soulful Laziness** duo featuring Rossano Gabrielli play soul music from the 60s, 70s, 80s & 90s at the Clissold Arms, Fortis Green

from 8pm.

### Saturday 29 March

• **In the Footsteps of the Famous in High Barnet**: guided walk, with City of London guide Paul Baker. Meet High Barnet tube station at 2.30pm for a look at the famous and the infamous who have lived in High Barnet and Monken Hadley. Contact Paul on 020 8440 6805 or visit [www.barnetwalks.talktalk.net](http://www.barnetwalks.talktalk.net)

### Tuesday 1 to Saturday 5 April

• **Finchley & Friern Barnet Operatic Society perform Honk!** The Ugly Duckling Musical at The Intimate Theatre, Palmers Green, N13 4DH, 7.30pm; Saturday matinee 2.30pm. Box office: 0208 482 6923 or [www.ticketsource.co.uk/ffbos](http://www.ticketsource.co.uk/ffbos). Tickets £12/13 (concessions £10).