



## THE ARCHER

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Thank you to The Bald Faced Stag for providing us with a meeting place.

THE ARCHER team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address. Comments to THE ARCHER may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – **November:** 10 October, **December:** 14 November, **January:** 12 December

## USEFUL TELEPHONE NUMBERS

### Councils

Barnet Council:	
Admin/Town Hall	020 8359 2000
Council Tax	020 8359 2608
Recycling & refuse	020 8359 4600
Primary Care Trust	020 8201 4700
Benefits Agency	020 8258 6500
Employment Service	020 8258 3900
Haringey Council	
	020 8489 0000

### Leisure

Alexandra Palace	020 8365 2121
East Finchley Library	020 8359 3815
Muswell Hill Odeon	0870 505 0007
Phoenix Cinema	020 8444 6789
Warner Cinema	020 8446 9933

### Transport

Nat. Rail Enquiries	0845 7484950
City Airport	020 7646 0088
Transport for London	0843 222 1234
National Express	08705 808080
Heathrow Airport	0870 000 0123

### Hospitals

Barnet General	0845 111 4000
Coppetts Wood	020 8883 9792
Finchley Memorial	020 8349 7500
Oak Lane Clinic	020 8349 7000
Royal Free	020 7794 0500
St Luke's	020 8219 1800
Whittington	020 7272 3070

### Health Advice

AIDSline	020 8363 2141
Alcoholics Anonymous	0845 7697555
Barndoc	0300 033 3777
Barnet MENCAP	020 8203 6688
Cancer Support	020 8202 2211
Drinkline	0800 917 8282
Drugs Helpline	0800 776600
MIND	020 8343 5700
NHS Direct	0845 4647

### OAPs' Advice

Age UK	020 820 35040
Contact (N2)	020 8432 1415

### Crime

Emergency	999
Barnet Police	101
CrimeStoppers	0800 555111
Victim Support	0845 303 0900
East Finchley Safer	
Neighbourhood Team	020 7161 9014

### Help & Advice

Advice Barnet Project	0844 826 9336
CAB Money Advice	020 8201 7727
Carers' Line	020 8343 9698
Childline	0800 1111
Disability Info Service	020 8446 6935
Gingerbread	020 8445 4227
National Debt Line	0808 808 4000
NSPCC	0800 800500
Rape & Sexual Abuse	020 8683 3300
Relate	020 8447 8101
RSPCA Inspector	0300 1234 999
RSPCA animal clinic	020 8365 3910
Samaritans	08457 909090
Refuge Crisis Line	0870 599 5443

## New police team tackles crime in the West End

By Janet Maitland

Have you ever been put off going for a night out in the West End because you're worried about getting robbed in the crowds? A team of 100 police officers is now patrolling the streets, a new initiative launched by City of Westminster police at the end of July.

The officers are patrolling Leicester Square, Piccadilly Circus, Coventry Street and the immediate surrounding area and a mobile police station has been set up in Leicester Square. The plan is for a minimum of 18 officers to patrol during the day, and a minimum of 23 at night.

"Local people have wanted additional resources to deal with crime and anti-social behaviour," said Police Commander Alison Newcomb. "This new team will provide visible policing that responds directly to the concerns of the community. It will reduce crime and the fear of crime and

raise community confidence."

THE ARCHER asked whether the posts were new or if the team was made up of officers redeployed from elsewhere. "These are new posts, but they've been filled by experienced officers, who were asked to apply," said a spokeswoman from Westminster police. "Our budget hasn't increased. Seventy per cent of the officers came from Westminster and the rest from other boroughs. We've also recruited 100 new officers as part of the Met's general recruitment, who will work in neighbourhood policing teams."

## Planning Applications

### Barnet Council

#### 13A Church Lane, N2

Change of use from Class B1 (Office) to Class C3 (Residential) 1 Unit.

#### 163 East End Road, N2

Single-storey extension to both sides, including removal of one shed, to convert existing dwelling into two self-contained flats.

#### 240 East End Road, N2 (Cavendish House Dental Surgery)

Rendering of front elevation. Two non-illuminated fascia signs (door and wall plaques). One internally illuminated freestanding sign.

#### Grange Estate, N2

Replacement of various entrances and installation of new electrical intake cupboards to these houses: Berwick, Bouchier, Cleveland, Crathorne, Craven, East View, Elmfield, Garden, Goodyear, Hilton, Lochleven, Myddleton, Sayers, Sycamore, Todd.

#### Green Man Community Centre, Strawberry Vale, N2

Development of vacant site to provide communal garden, including boundary fencing and gates, benches, paved area, steps, and timber shed. To be open only 9am-5pm, Monday to Friday, with occasional early evening use.

#### 80 Hamilton Road, N2

Single-storey rear extension. Depth 4.8m from rear wall, eaves height 2.955 m, maximum height 3.2m.

#### 120A High Road, N2 (Sourcegift Ltd)

New ATM.

#### 1-39 Homefield Gardens, N2.

Enclosure of walkways to 1st and 2nd floors.

#### 3 Howard Walk, N2

Re-rendering all elevations. Repair and replacement of damaged and missing roof tiles and bonnets. Replacing all steel windows with like-for-like Crittall double-glazed windows.

### Haringey Council

#### 8 Church Vale, N2

Single-storey extension. Depth from original rear wall 6m, maximum height and eaves height 3m.

#### 20 Church Vale, N2

Two-storey side extension and single storey rear extension to replace conservatory.

#### 3Fordington Road, N6

Single storey side extension, double storey rear extension and loft extension.

#### Ground floor flat, 28 Lauradale Road, N2

Single-storey rear extension.

#### 38 Ringwood Avenue, N2

Rear ground-floor extension and roof extension with rear dormer.

## Barnet leads in cancer survival rates

Battling cancer is not something anyone wants to face. However latest research from Macmillan Cancer Support shows that if you've been diagnosed with cancer, your survival rate is one of the highest in the country if you live in Barnet.

Seventy-two per cent of people diagnosed with cancer in Barnet will live for more than a year following their diagnosis. This is above the national average.

Dr Clare Stephens, cancer lead for NHS Barnet Clinical Commissioning Group (CCG) and a local GP in Barnet said: "Early diagnosis and treatment of cancer is a top priority for us. We are working with Macmillan Cancer Support and Cancer Research UK to implement and develop tools in general practice that aid early cancer diagnosis and working towards the goals in the national cancer strategy to improve cancer services, enhance patient experience and raise survival rates."

### Symptom alert

The NHS invites people from higher risk age groups to screen regularly for breast, bowel and cervical cancer. Screening is one way to pick up any changes.

People are also asked to visit their GP should they experience any of the following key symptoms: unexplained weight loss, any unexplained bleeding including in urine or stools, any unusual lump or swelling, any change in the size, shape or colour of a mole, a sore that won't heal for several weeks, a cough lasting for three or more weeks or coughing up blood.

### Early response

Dr Stephens continued: "Stopping smoking, cutting down on alcohol and being a healthy weight all reduce the risk of developing cancer.

"And it's also about catching the signs and symptoms early. Research shows that identifying cancer early saves lives. We work with our partners and local community groups to build

awareness and educate people about the signs and symptoms of cancer and to encourage them to seek GP advice when they experience something not normal for them."

## Christ's College open morning

Christ's College will be holding an open morning for parents of prospective pupils on Friday 10 October from 10am to 12 noon.

Visitors will be able to see the school at work, drop into lessons and talk informally to the head teacher, staff and students. No appointment is necessary. For further details, phone the school on 020 8349 3581 or visit [www.christscollegefinchley.org.uk](http://www.christscollegefinchley.org.uk)

## ROBIN KIASHEK

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- Beginners -

## Tai Chi & Qigong

2 Classes in East Finchley

Wednesdays at either 12.00 or 1.00pm (Trial session: £5)

James Drew is a qualified teacher and has been practicing Tai chi for 37 years. He is the author of 3 books on Tai chi & is a member of the BCCMA.

Other classes: [www.taiji.co.uk](http://www.taiji.co.uk)

email: [james@taiji.co.uk](mailto:james@taiji.co.uk) phone: 020-8883 3308