



Regular Events

Sport & Fitness

- **Finchley & Hornsey Ramblers Group**
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Keep fit for the Retired** on Wednesdays, Christ Church N12. Call Bridie 8883 5269
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Pilates** in East Finchley, qualified teacher. Contact Dee on 8883 7029
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Beginners Classes** Tue 9.30-10.30am, Holy Trinity Church Hall. Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.

Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464.
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Carola 8883 5808 or Lilian 8444 1793.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Ladies Keep Fit** Class for over 50s. Tues 10.30-11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional music at TOC**, Highgate Hill, on 1st & 3rd Tues each month from 8.30pm. Free. 07958 282898.

Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **North London Bridge Club**, Muswell Hill. Contact 8348 3495
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.
- **Muswell Hill Tetherdown Bridge**, contact 8883 4390



New faces: the 2015 cast of *Jungle Rock*.

Jungle drums rumble again

By Mary Musker and Mary Groom
Garden Suburb Theatre is reviving its smash hit production of *Jungle Rock*, a version of Kipling's *The Jungle Book* with a 1960s twist.

The theatre group first staged the show, written by former chairman Terry Rogers, in 1998 and quite a few of the original cast have been re-cast in this production, in one case being promoted from merely non-speaking animal chorus to the heady heights of the all-speaking, all-dancing First Jackal!

The production is directed by Gabi Maddocks, who for her day job runs The Playing Space, a drama company for children,

young adults and adults in Southgate, with her husband.

Jungle Rock runs at the Lund Theatre, University College School, Hampstead, from Tuesday 17 February to Saturday 21 February at 7.30pm with an additional matinee on Saturday 21 at 2.30pm. Tickets cost £12 (£9 concessions) and are available from <http://www.ticketsource.co.uk/gardensuburbtheatre> or by ringing 020 7723 6609.

Pastel shades

Work by local artist Christine Watson, of Creighton Avenue, N2, has been selected from over 600 entries to appear alongside paintings by some of Britain's leading pastel artists. The Pastel Society UK's annual exhibition will be on display at Mall Galleries, near Trafalgar Square, between 24 February and 7 March.

The Pastel Society holds an open submission exhibition in central London each year. Founded in 1898, with historical membership including Walter Crane and Dame Laura Knight, today the society is well known for spanning figurative, abstract and experimental work in all types of dry media.

On show: This work by Christine Watson will be exhibited in Central London.



Meditation meeting

If you would like to start meditating or are looking to improve your existing practice, turn up for an informal group on Monday mornings from 9.30am to 10.30am in Holy Trinity Church, on Church Lane.

The group talk about how they are getting on with meditating and follow some recorded guided meditations together. All are welcome, whatever your experience of meditation. The group sit on chairs, but please

bring a cushion if it will make you more comfortable. The cost will be £3 maximum to cover venue hire. Contact laura@createyouridealfuture.com or call 07976 511506 if you'd like to come along.

February at the Phoenix

By Elizabeth Taylor-Mead, Phoenix Cinema executive director

The shortest month of the year is long on must-see films and events at your favourite cinema.

We split the first week between Louis Malle's *Au Revoir, Les Enfants*, a semi-autobiographical tale of friendship between two 12-year-old boys in Nazi-occupied France, and *Birdman*, critically acclaimed as one of the best films of 2014, showcasing Michael Keaton as a former superhero star.

Selma, the story of Dr. Martin Luther King Jr.'s 1965 Deep South civil rights march, is a deeply moving slice of history powerfully brought to life by director Ava DuVernay.

Our next two films look at 'being different'. Alfred Molina and John Lithgow portray a long-term couple in the multigenerational heart-warmer *Love is Strange* while *Kumiko the Treasure Hunter* asks why life can't be like it is in films.

Finally, the hotel reservation we've been waiting for! Why not book into the *Second Best Exotic Marigold Hotel?* Everyone's favourite ex-pat senior

residents (Judi Dench, Maggie Smith, Bill Nighy, Celia Imrie) light up the screen again, this time making room for new guest Richard Gere.

Our Metropolitan Opera transmissions offer great value. Join us for *Iolanta/Bluebeard's Castle and La Donna del Lago*.

Our Film Salons move to Monday night and take place on the 4th and 18th this month. Our popular Use It Or Lose It Film Quiz takes place Sunday 22 February.

We have plenty happening for the youngest filmgoers this month. Half term events include a new photography workshop and another chance to join in a *Frozen Sing-along*.

Don't forget our weekly family programmes: Toddler Time (Tuesday) Bringing Up Baby (Wednesday) and the interactive Kids Club every Saturday.

Full programme details and online booking at: www.phoenixcinema.co.uk

What's On... E-mail your listings to: the-archer@lineone.net

Sunday 8 February

• **Free concert at East Finchley Methodist Church**, High Road (opposite Creighton Avenue), 7.30pm, 'Winter to Spring'; Caroline Hunter and Sandra Lissenden, soprano, Kerry Reid, horn player, and Richard Black, piano, perform Purcell, Mozart, Schubert, Wolf, Quilter, Gurney, Berlin and Dring. Free admission with collection in aid of Walk the Walk (breast cancer). Venue fully accessible to people with disabilities.

Sunday 15 February

• **Gardening day at Stephens (Avenue) House**, East End Road, N3. Meet at the café at 11am or 2pm.

• **Quiz Night at Stephens (Avenue) House**, East End Road, N3; 7.30pm in the house; £15, including fish supper.

Tuesday 17 February to Saturday 21 February

• Garden Suburb Theatre presents *Jungle Rock* at the Lund Theatre, University College School, Hampstead, at 7.30pm with an additional matinee on Saturday at 2.30pm. Tickets cost £12 (£9 concessions) and are available from www.ticketsource.co.uk/gardensuburbtheatre or by ringing 020 7723 6609.

Tuesday 17 February to Saturday 14 March

• **Muswell Hill**, a blackly funny play by Torben Betts, at Park Theatre, Finsbury Park, N4 3JP. It is January 2010, an earthquake in Haiti has just killed thousands but life goes on for a group of friends in Muswell Hill...

but will history remember any of them?

More details from www.parktheatre.co.uk

Saturday 21 February

• **Winter Trees**: a walk through Coldfall Wood, led by local woodsman Iain Loasby. Meet 2.30 pm at western gate, Creighton Avenue. Warm clothes and tough footwear advised; £3 donation appreciated.

Thursday 26 February

• The Finchley Society hosts a talk by Adam Corsini on *Mediaeval Middlesex: the archaeological remains*. 2.30 pm at Stephens (Avenue) House, East End Road, N3. 020 8346 7812.

Non-members very welcome. Admission £2.

• **Gospel Choir at St Mary's N2** Parish Centre, Thursdays 7-8pm in term time; all welcome; St Mary's Church, 279 High Road, N2. Contact Sandra on 07866 479913.

Saturday 28 February

• **Enjoy making a mandala**, a magical artwork that can be relaxing and transformative, 1.30pm to 5.30pm at North Bank, Pages Lane, Muswell Hill, N10 1PP; £45 per person, materials and refreshments included. More details from www.artists-resource.co.uk

Sunday 1 March

Majjo's Indian buffet and film at the Phoenix Cinema; **Pather Panchali** directed by Satyajit Ray, plus **Second Best Exotic Marigold Hotel**. For full details, phone the box office on 020 8444 6789 or visit www.phoenixcinema.co.uk.

East Finchley Baptist Church

Just off the High Road in Creighton Avenue N2

Sunday Mornings at 10.30 am

Crèche and Sunday School during service

Wheelchair access

For more information please contact the Church Office

Tel: 8883 1544 (Minister: Simon Dyke)

www.eastfinchleybc.org.uk

Visitors always welcome