



THE ARCHER

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THE ARCHER team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address.

Comments to THE ARCHER may be published unless clearly marked 'Not for publication' within the text.

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USEFUL TELEPHONE NUMBERS

Councils

Barnet

Admin/Town Hall 020 8359 2000

Council Tax 020 8359 2608

Recycling & refuse 020 8359 4600

Primary Care Trust 020 8201 4700

Benefits Agency 020 8258 6500

Employment Service 020 8258 3900

Haringey Council 020 8489 0000

Leisure

Alexandra Palace 020 8365 2121

East Finchley Library 020 8883 2664

Gt North Leisure Park 0870 240 6020

Muswell Hill Odeon 0870 505 0007

Phoenix Cinema 020 8444 6789

Tourist Info Service 0870 128 8080

Warner Cinema Village 020 8446 9933

Transport

BR Enquiries 0845 7484950

City Airport 020 7646 0088

London Transport 020 7222 1234

National Express 08705 808080

Heathrow Airport 0870 000 0123

Help & Advice

Childline 0800 1111

Cruse Bereavement Care 0870 167 1677

Disability Info Service 020 8446 6935

EF Advice Service 020 8444 6265

Lone Parent Centre 020 7021 4146

Missing Persons Helpline 0500 700700

National Debt Line 0808 808 4000

NSPCC 0800 800500

Rape & Sexual Abuse helpline 020 8683 3300

Relate 020 8447 8101

Samaritans 08457 909090

Refuge National Crisis Line 0870 599 5443

Health Advice

AIDSline 020 8363 2141

Alcoholics Anonymous 0845 7697555

Barnet MENCAP 020 8203 6688

Cancer Support 020 8202 2211

Carers' Line 0808 808 7777

Drinkline 0800 917 8282

Drugs Helpline 0800 776600

Health Info Service 0800 665544

MIND 020 8343 5700

National Blood Centre 0845 7711 7711

Crime

Emergency 999

Finchley Police 020 8200 1212

CrimeStoppers 0800 555111

Victim Support 0845 303 0900

Hospitals

NHS 111

Barnet General 020 8216 4000

Coppetts Wood 020 8883 9792

Edgware General 020 8952 2381

Finchley Memorial 020 8349 7500

Oak Lane Clinic 020 8346 9343

Royal Free 020 7794 0500

St Luke's 020 8219 1800

Whittington 020 7272 3070

Western Eye Hospital 020 7886 6666

OAP's Advice

Barnet Age Concern 020 8346 3511

Contact (N2) 020 8444 1162

Independent Age 0800 319 6789

Help the Aged 0808 800 6565



Fruit and veg: East Finchley High Road. Photo by Mike Coles

Official: Our High Road is good for you!

Continued from page 1.

The closure of the High Road's only GP surgery in March will have a negative effect on public health as patients are forced to travel further and wait longer to be seen. And we await Barnet Council's decision on the future of the library, a community hub as well as a book-lending service, which is under review by the borough as part of money-saving moves.

Here's the full list of the healthiest high streets in London:

1. Whetstone
2. St Johns Wood
3. Stanmore
4. Pinner
5. Temple Fortune
6. Kingsbury
7. Muswell Hill
8. East Finchley
9. Hornchurch
10. Stockwell

And here's the list of the unhealthiest:

1. Whitechapel
2. New Addington
3. Camberwell
4. Crisp Street, Tower Hamlets
5. Seven Sisters
6. Plumstead
7. New Cross
8. Finsbury Park
9. Bakers Arms, Waltham Forest
10. East Beckton

Source: *Royal Society for Public Health*

Call back?

Think twice

By Janet Maitland

If you get a missed call from a number you don't recognise, think twice before calling back. Ofcom is warning consumers about a mobile phone scam that tricks victims into thinking they've received a legitimate missed call and ending up being charged up to £1.50 a minute.

The numbers used start with 070 or 076, selected because they look like ordinary mobile phone numbers but cost considerably more to call. When you ring the number back, the call is immediately dropped or an engaged tone is played. Either way, you are charged.

Some callers have also heard a recorded voice suggesting a bad line, encouraging the caller to ring back and be charged a second time.

If you get a missed call number beginning with 070 or 076, make a note of it and call the premium rate regulator Phonepay Plus on 0800 500 212 to report it.

Planning Applications

Barnet Council

25 The Bishops Avenue, N2

Two-storey dwelling house, including basement and rooms in roof space, following demolition of existing property.

30 Howard Walk, N2

Alterations to roof, involving three conservation roof lights, to facilitate loft conversion.

183 East End Road, N2

Relocation of entrance door to side elevation, and replacing existing door with window.

New canopy to side elevation. New window to first floor level. Single-storey rear extension.

Bald Faced Stag, High Road, N2
Erection of single-storey outbuilding.

10 Brook Walk, Strawberry Vale, N2

Replacement of existing railings and metal gates.

66 Huntingdon Road, N2

Single-storey rear extension

5 Hamilton Road, N2

Single-storey rear extension.

1 Church Lane, former pub

Change of use from A4 (drinking establishment) to A3 (restaurants and cafes), erection of two canopy structures to rear, rebuild of existing canopy in rear garden, demolition of outbuilding and rebuild with new canopy in rear garden, erection of new roof to front patio area. One illuminated fascia sign to front, three illuminated signs to side.

34 Oakview Gardens, N2

Three-storey side extension to the existing dwelling house.

6 Elm Gardens, N2

Single-storey rear extension. Removal of existing front porch.

Roof extension, including rear dormer and two front roof lights, to facilitate a loft conversion.

- Beginners -

Tai Chi & Qigong

** NEW COURSES ** in East Finchley

Wednesday mornings (Trial session: £5)

James Drewe is a qualified teacher and has been practising tai chi for 40 years. He is the author of 3 books on tai chi & is a member of the BCCMA.

Other classes: www.taiji.co.uk

email: james@taiji.co.uk phone: 020-8883 3308

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