



## THE ARCHER

PO Box 3699, London N2 2DE

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Thank you to The Bald Faced Stag for providing us with a meeting place.

THE ARCHER team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address.

Comments to THE ARCHER may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – **October:** 11 September, **November:** 16 October, **December:** 13 November

## USEFUL TELEPHONE NUMBERS

### Councils

#### Barnet

Admin/Town Hall 020 8359 2000  
Council Tax 020 8359 2608  
Recycling & refuse 020 8359 4600  
Primary Care Trust 020 8201 4700  
Benefits Agency 020 8258 6500  
Employment Service 020 8258 3900

#### Haringey Council

Leisure  
Alexandra Palace 020 8365 2121  
East Finchley Library 020 8883 2664  
Gt North Leisure Park 0870 240 6020  
Muswell Hill Odeon 0870 505 0007  
Phoenix Cinema 020 8444 6789  
Tourist Info Service 0870 128 8080  
Warner Cinema Village 020 8446 9933

#### Transport

BR Enquiries 0845 7484950  
City Airport 020 7646 0088  
London Transport 020 7222 1234  
National Express 08705 808080  
Heathrow Airport 0870 000 0123

### Help & Advice

Childline 0800 1111  
Cruse Bereavement Care 0870 167 1677  
Disability Info Service 020 8359 7637  
EF Advice Service 020 8444 6265  
Lone Parent Centre 020 7021 4146  
Missing Persons Helpline 0500 700700  
National Debt Line 0808 808 4000  
NSPCC 0800 800500  
Rape & Sexual Abuse helpline 020 8683 3300  
Relate 020 8447 8101  
Samaritans 08457 909090  
Refuge National Crisis Line 0870 599 5443

### Health Advice

AIDSLINE 020 8363 2141  
Alcoholics Anonymous 0845 7697555  
Barnet MENCAP 020 8203 6688  
Cancer Support 020 8202 2211  
Carers' Line 0808 808 7777  
Drinkline 0800 917 8282  
Drugs Helpline 0800 776600

Health Info Service 0800 665544  
MIND 020 8343 5700  
National Blood Centre 0845 7711 7711

### Crime

Emergency 999  
Police non-emergency 101  
CrimeStoppers 0800 555111  
Victim Support 0845 303 0900

### Hospitals

NHS 111  
Barnet General 020 8216 4000  
Coppetts Wood 020 8883 9792  
Edgware General 020 8952 2381  
Finchley Memorial 020 8349 7500  
Oak Lane Clinic 020 8346 9343  
Royal Free 020 7794 0500  
St Luke's 020 8219 1800  
Whittington 020 7272 3070  
Western Eye Hospital 020 7886 6666

### OAP's Advice

Barnet Age Concern 020 8346 3511  
Contact (N2) 020 8444 1162  
Independent Age 0800 319 6789  
Help the Aged 0808 800 6565

## Planning Applications

### Barnet Council

#### Archer Academy Playing Fields, Stanley Road, N2

Details of community use agreement. Conditions pursuant to planning permission dated April 2014.

#### 87 Bedford Road, N2

Roof extension, with two rear dormer windows and three front roof lights, to facilitate loft conversion.

#### 1 Chamberlain Road, N2

Single-storey rear extension.

#### Cemetery, East End Road, N2

Rebuilding section of west boundary wall.

#### 209 Creighton Avenue, N2

Roof extension, with hip to gable, rear dormer window and one front roof light, to facilitate loft conversion.

#### 260 Creighton Avenue, N2

Single-storey rear and side extension. Plus lawful development certificate for roof extension.

#### 10 Deansway, N2

Single-storey rear extension. Roof extension, with rear and side dormer windows and two front roof lights, to facilitate loft conversion.

#### 34 Durham Road, N2

Alterations to ground floor fenestration, including adding rear double doors and moving front entrance.

#### 10 Fairlawn Avenue, N2

Single-storey rear extension. Roof extension, including rear dormer windows to facilitate loft conversion.

#### Side of 56 Fortis Green, N2

BT Openreach cabinet, box, pillar, pedestal or similar.

#### 101 Hertford Road, N2

Single-storey part side and rear extension.

#### 122 High Road, N2

New shopfront. Internal alterations to provide disabled access WC. Extraction duct to rear.

#### 336 High Road, N2

Single-storey rear extension. First floor flat, 2 Chasewood Lodge, 366 Long Lane, N2

Roof extension, with two rear dormer windows and three front roof lights, to facilitate loft conversion.

#### 31 Summerlee Avenue, N2

Single-storey rear extension.

### Haringey Council

#### 44 Aylmer Road, N2

Partial rear ground floor extension. New flat roof over ground floor. New clear toughened glass guarding.

#### 7 Beech Drive, N2

Certificate of lawfulness for rear dormer.

#### 44 Beech Drive, N2

Basement and associated works, including light wells.

#### Albion Cottage, Fortis Green, N2

Listed building consent for internal alterations to rear extension.

#### 23 Ringwood Avenue, N2

Ground floor rear extension and internal modifications. Replacement of front dormer with two new separate ones.

#### 24 Ringwood Avenue, N2

First floor side extension and loft conversion.

## Austerity and mental health

By Diana Cormack

East Finchley station was the penultimate meeting point for Walk the Talk 2015, the aim of which was 'to raise awareness of social policies that are leading to psychological distress'.

From 17 – 21 August psychologists, counsellors and clients walked 100 miles from the British Psychological Society's office in Leicester to their London HQ, with some sleeping rough overnight or camping out in fields. On the way they visited centres connected with homelessness, food poverty and affected by the benefits system.

Organiser Stephen Weatherhead, a clinical psychologist, told The Archer that all in all 62 people had taken part, with others joining en route from



The Walk the Talk marchers at East Finchley Station.

Photo Mike Coles

different points. Another 25 joined at East Finchley including four from EFAB's weekly Talkie-Walkies group.

## Happy to be here

Continued from front page

In it over 10,000 Londoners were asked about their lives, and how they rated their neighbourhoods.

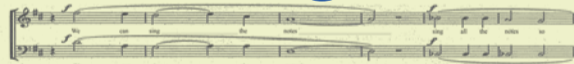
The saddest area in the capital was Dagenham, the most stressed was East Ham, the best for families was said to be Twickenham and the most

drunk were people in Clapton.

What makes you happy about living in East Finchley? Email [the-archer@lineone.net](mailto:the-archer@lineone.net) or drop us a line on Facebook and Twitter @TheArcherN2. You can also write to us: The Archer, PO Box 3699, London N2 2DE.

See also Ricky Savage, p9.

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- Beginners -

## Tai Chi & Qigong

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James Drows is a qualified teacher and has been practising tai chi for 40 years. He is the author of 3 books on tai chi & is a member of the BCCMA.

Other classes: [www.taiji.co.uk](http://www.taiji.co.uk)

email: [james@taiji.co.uk](mailto:james@taiji.co.uk) phone: 020-8883 3308

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