



## Regular Events

### Sport & Fitness

- **Finchley & Hornsey Ramblers Group**  
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Ladies Keep Fit Class** for over 50s. Tues 10.30–11.30am at Tetherdown Hall. Sheila 8444 0084.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Outdoor Bootcamp** 9.30am & 10.30am every Sat; **Boxing and Kettlebells**, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. [www.pilatesineastfinchley.co.uk](http://www.pilatesineastfinchley.co.uk). Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or [james@taiji.co.uk](mailto:james@taiji.co.uk)
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk).
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

### Music, Dance & Creative Arts

- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. [www.a-chord.uk](http://www.a-chord.uk)
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. [www.boldbodies.co.uk](http://www.boldbodies.co.uk).
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

### Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.



## Intriguing story of a socialite spy

Rebecca Dunn is bringing her one-woman show *Agent of Influence: The Secret Life of Pamela More* back to north London following a critically acclaimed run at the Edinburgh Festival in August.

Written by Sarah Sigal, the show tells the story of Lady Pamela, fashion columnist and socialite, who was recruited by MI5 to keep notes on Wallis Simpson and Edward VIII, suspected to be colluding with the German Embassy in the shadow of war in the 1930s.

Former Fortismere student Rebecca attended the East Finchley Youth Theatre and, like her father Robin, was involved in many performances at The Incognito Theatre in Friern Barnet before training at

Drama Studio London in 2003.

Frustrated by the gender imbalance in theatre, she and fellow actors set out to create more work for female casts, setting up Fluff Productions. This latest show is one of their commissions.

*Agent of Influence: The Secret Life of Pamela More* is playing for one night only at JW3, Finchley Road, NW3 6ET on Sunday 9 October at 5.30pm. Tickets are priced £12. To book telephone 020 7433 8988.

## What's On...

### Sunday 9 October

• **Free concert at East Finchley Methodist Church**, opposite Creighton Avenue, 7.30pm; Organ Recital by Robert St John, playing popular classics including works by Bach, Brahms, Vivaldi, Satie and Vaughan Williams; free admission with collection in aid of North London Hospice. Venue is fully accessible.

### Sunday 16 October

• **Battle of Barnet, guided walk** with City of London guide Paul Baker; meet at junction of Great North Road and Hadley Green Road, 2.30pm. Details and bookings: contact Paul on 07506 761294 or visit [www.barnetwalks.talktalk.net](http://www.barnetwalks.talktalk.net).

### Thursday 20 to Sunday 23 October

• **Garden Suburb Theatre performs two fascinating one-act plays** in one evening. *No Exit (Huis Clos)* is the story of two women and one man in a claustrophobic room from which there is "no exit". *The Regina Monologues* is a modern-day retelling of the story of the six wives of Henry VIII; 7.30pm, (plus 4pm on the 23<sup>rd</sup>

only), Upstairs at the Gatehouse, Highgate Village. Tickets £12/£10 concessions. See [www.upstairsatthegatehouse.com](http://www.upstairsatthegatehouse.com) for more details.

### Sunday 23 October

• **Fungus Walk** with local field mycologist Andy Overall, a 'fungi to be with'; hunting for species in Coldfall Wood, Creighton Avenue, 2.30pm. More details and bookings at [www.coldfallwoods.co.uk](http://www.coldfallwoods.co.uk).

### Monday 24 October to Friday 28 October

• **Half-term Halloween activities at Stephens House and Gardens**, East End Road, N3, every day from 1-4pm. Visit the Spooky Basement or venture outside for the Ghosts in the Trees garden ghost hunt. More details at [www.stephenshouseandgardens.com](http://www.stephenshouseandgardens.com).

### Thursday 27 October

• **A Taste of Autumn: seasonal fashion show** in aid of North London Hospice, organised by the personal styling team at John Lewis, Brent Cross; Hendon Golf Club, Devonshire Road, NW7, at 8pm. Tickets £20 from Anne on 020 8905 5249 or Vivienne on 020 8203 5131.

## Bravura performance by skilled quartet

Review by Andrea Whittaker

The new season of East Finchley Methodist Church's popular monthly concerts got off to an excellent start on 11 September with a bravura programme given by Saoko Blendis and Yuki Osedo (pianists), Sanae Honda (violin) and Ruth Cohen (viola).

The considerable skills of all four performers were well-demonstrated in major pieces such as Mozart's *Violin Sonata in B flat major*, Schubert's *Fantasy for Piano 4 Hands* and Halvorsen's *Passacaglia* for violin and viola.

On the lighter side, it was an enjoyable surprise to hear *Jealousy*, the well-known song from the 1930s, in its original instrumental form, known as *Jalousie Tango* by the Danish composer Jacob Gade.

The large, appreciative audience gave generously to the performers' chosen charity Spread A Smile", which works with seriously-ill young people in hospital.

EFM, on the High Road opposite Creighton Avenue, hosts its next free concert on Sunday 9 October at 7.30pm when organist Robert St John will give a recital of works by Widor, Bach, Brahms and others. There will be a collection in aid of North London Hospice.

## No exit for Henry's queens

Garden Suburb Theatre performs two fascinating one-act plays in one evening. *No Exit (Huis Clos)* is the story of two women and one man in a claustrophobic room from which there is 'no exit'. *The Regina Monologues* follows six women, each of whom has been married to the same man called Henry, in a modern-day retelling of the story of the six wives of Henry VIII.

The plays are performed from 20-22 October at 7.30pm and on 23 October at 4pm at Upstairs at the Gatehouse in Highgate Village. Tickets cost £12/£10 concessions. See [www.upstairsatthegatehouse.com](http://www.upstairsatthegatehouse.com) for more details.



Six wives: The director and cast of *The Regina Monologues*, who will perform Upstairs at the Gatehouse in Highgate.

E-mail your listings to: [the-archer@lineone.net](mailto:the-archer@lineone.net)

Thursday 27 October to Monday 31 October  
Halloween Ghost Walk: special guided walk through Barnet and Monken Hadley, the second most haunted village in England with City of London guide Paul Baker. Prizes for the spookiest costumes! Details and bookings: contact Paul on 07506 761294 or visit [www.barnetwalks.talktalk.net](http://www.barnetwalks.talktalk.net).

### Friday 28 October

• **Memory Lane Singing Club celebrates 23 years of singing** in the community with 'It's Showtime!' at St Mary's Parish Hall, Hendon Lane, Finchley Central, N3, 11am to 12.30pm. Carers, friends and family welcome. Free entry. Spacious venue with wheelchair access. Tea and biscuits will be served. To attend, please contact Valerie in advance on 020 8458 4508 or email [v.cowan@hotmail.co.uk](mailto:v.cowan@hotmail.co.uk).

### Sunday 6 November

• **Ramblers Association walk** from Finchley Central; meet at tube station at 11.30am for a linear six-mile walk to Barnet church hall, the venue for the association's AGM. Bring a snack. Contact leader Tony

Mallindine on 020 8883 8190.

### Saturday 12 November

• **Geology walk**, led by Diana Clements, local geologist and a recognised expert in London's geology, through Coldfall Wood, once covered by the southern limit of Britain's ice sheet; Coldfall Wood, Creighton Avenue, 10.30am. Details and bookings at [www.coldfallwoods.co.uk](http://www.coldfallwoods.co.uk).

• **Holy Trinity Church Autumn Fayre**, Church Lane, N2, 12 noon to 3pm; free entry, all welcome; children's games and activities, tombola, raffle, books, used clothing, homemade cakes and chutney, bric-a-brac, hot dogs and refreshments.

• **Finchley Chamber Choir** presents a programme of music on the theme 'Let There Be Light', including John Rutter's *Hymn to the Creator of Light*, *O Nata Lux* by Morten Lauridsen, and works by Jonathan Rathbone and Eric Whitacre; Trinity Methodist Church, Nether Street near Tally Ho corner, North Finchley, 7.30pm. Ticket prices: £15 full, £13 concessions, £6 for under-18s.