THE ARCHER - www.the-archer.co.uk



League glory for young cricketers



Thumbs up: The winning North Middlesex cricketers

Showcase of talent

The Archer Academy ended the summer term with its annual Arts Showcase, involving a cast of 140 students and led by the Creative & Performing Arts team. The showcase played at artsdepot to two sell-out audiences.

The repertoire included a performance of Medea, which took the junior title at the Welwyn Youth Drama Festival, and a piece by the GCSE dance students which won the Barnet Schools Dance Competition, as well as a range of drama and comedy sketches and an Abba-tastic finale.



Greek drama: The academy's production of Medea

In the pink for 5k run

East Finchley resident Sarah Pascoe, 10, dressed the part when she ran in Cancer **Research UK's Race for Life on** 23 July.



North Middlesex Under-13 Girls won their final match of the cricket season and in doing so became the winners of their league.

The girls won five of their six league matches, qualifying for the County Finals Day on 4 September as winners of their division. If you're a girl interested in cricket or your daughter would like to play cricket at the club based in Park Road, N8, find out more at www.northmiddlesexcc.co.uk or email: nmcc. colts@gmail.com.

The great Baronsmere bake sale

By Diana Cormack A stall she saw at Tetherdown School's summer fair inspired five-year-old pupil Mae Delbridge to do some fundraising of her own. She chose to support Adoption for Pets and Save the Children by having a cake sale outside her house in Baronsmere Road.

Assisted by her three-year-old brother Sonny and five-and-ahalf-year-old friend Stella, she spentahot Saturday in July selling a selection of homemade cakes to passers-by. Banana and lemon cakes, breakfast bars, chocolate chip cookies and marshmallow crispies were just some of the delicious bites on offer, courtesy of her mum Catriona. Well done to Mae who successfully raised £65 for her chosen charities.

Haris makes it all the way to Rio Years of dedication and sacrifice earned Haris Bandey

a place at the Rio Olympics last month swimming in the 400m freestyle event for Pakistan. The 17-year-old, who lives in the High Road, N2, was eligible to represent the country through his Pakistani father Zeb.

He clocked up a time of 4mins 33.13 seconds in the event on the opening day of the Games. This wasn't enough to take him through to the final stages but just being in Rio was an unforgettable experience.

And it wasn't the first time for the Bandey family. His older sister Anum swam for the same team in the London Olympics four years ago at the age of 15, breaking a national record in the 400m individual medley.

Self-discipline

Haris, a former Holy Trinity Primary pupil and now a student at Fortismere, had been training in the pool at Barnet Copthall eight times a week and going to gym sessions twice a week in the intensive run-up to Rio. He had to cut out all junk food and sugars



Team swimmer: Haris Bandey in Rio

to train at peak levels.

His mum Nikki said: "He has worked so hard and showed a great deal of discipline to achieve this. Not to mention the chocolates and sweet treats he had to avoid at family gatherings and special occasions. For that I am so proud of him as it takes real dedication."

All Saints' Church, Durham Road, **East Finchley Church of England**

Sunday masses at 8.00 a.m. and 10.00 a.m. Weekday masses at 10.00 a.m. (Coffee served after mass on Sunday and Thursday)

Join us for our "Back to Church Sunday" on 18th September: Parish Mass at 10.00 a.m. "Hymns You Have Loved" at 6.30 p.m. followed by refreshments

> and for "Harvest Thanksgiving" on 2nd October: Parish Mass at 10.00 a.m. followed by Harvest Lunch

The Parish has a *flourishing* social life. Contact the Vicar, Fr Christopher Hardy, on

Decked out from head to toe in pink, Sarah ran the 5k course in baking hot sunshine and was proud to finish in under one hour. Sarah's positive attitude and eyecatching outfit helped raise a few smiles on the day as well as raising over £200 for Cancer Research. Well done, Sarah!

020 8883 9315.

All Saints' also has a strong musical tradition and an enthusiastic choir. Experienced singers are always welcome. Contact Geoffrey Hanson on 020 8444 9214. http://www.allsaints-eastfinchley.org.uk

