



Regular Events

Sport & Fitness

- ◉ **Finchley & Hornsey Ramblers Group**
Call Vivien 8883 8190
- ◉ **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- ◉ **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- ◉ **Outdoor Bootcamp** 9.30am & 10.30am every Sat; **Boxing and Kettlebells**, 6.45pm Weds, Victoria Park, N3. Contact Sarah 07956 589902.
- ◉ **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- ◉ **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- ◉ **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. www.pilatesineastfinchley.co.uk. Michelle 07767 804 564
- ◉ **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or james@taiji.co.uk
- ◉ **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- ◉ **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- ◉ **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or info@yogalogy.co.uk
- ◉ **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 www.stretchingpeople.co.uk.
- ◉ **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

Music, Dance & Creative Arts

- ◉ **Art Classes**. Call Henry on 8888 5133.
- ◉ **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. www.a-chord.uk
- ◉ **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- ◉ **'Calm & Sing' workshops**. Contact Angie on missangiea@yahoo.co.uk
- ◉ **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- ◉ **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. www.boldbodies.co.uk.
- ◉ **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- ◉ **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- ◉ **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- ◉ **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- ◉ **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- ◉ **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- ◉ **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

Clubs & Social

- ◉ **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- ◉ **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- ◉ **French conversation** in small friendly group with native speaker. 8444 9395.
- ◉ **Friends of Cherry Tree Wood** www.cherrytreewood.co.uk or 8883 7544.
- ◉ **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- ◉ **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- ◉ **Bridge Club**, every Saturday 1.30-4pm, Ann Owens Centre, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.
- ◉ **Jewish Friendship Club** for over 60s, Tues 1-3 pm at Muswell Hill Synagogue, Tetherdown. Anita 8886 6140.



Café Life in Irvine, California, by Michael J Duke

A window on the world

Photographer Michael J. Duke has travelled far and wide, and along the way assembled a series of images with a unique perspective. Collected together as *Life After Coffee* his exhibition shows life through café and restaurant windows in Rome, California, the Isle of Wight... and Finchley. It's on show at the Phoenix Cinema throughout September.

Michael said: "My habit when travelling is to stop for a coffee break to write down notes of the morning and to plan the afternoon, and again in the evening to make notes. Initially the photographs were just a part of my 'been there, done it' images; it was only as I was going through and categorizing them that I realised that I had a theme upon which to make an exhibition."

Be seen in *The Archer*

Is your charity, school or society planning a public event? Tell everyone in East Finchley about it with a free listing in our What's On column on page 10 of every issue.

Send brief details by email to the-archer@lineone.net or by post to The Archer, PO Box 3699, London N2 2DE. You can also reach us on Facebook and Twitter at TheArcherN2.

Deadline for submissions is always the middle of the month ahead of the issue in which you'd like your event included. Full details of deadlines are always at the top of page 2.

Solo actor performs for bijou audience in a back garden

By Diana Cormack

An innovative way of viewing theatrical productions was introduced to East Finchley this summer, when a dramatised version of Shakespeare's poem *Venus and Adonis* was performed in the back garden of a house in Lincoln Road.

Just think of the convenience if this caught on: no transport problems, easy access, wine and an impressive selection of nibbles on hand for the audience, not to mention the very reasonable price.

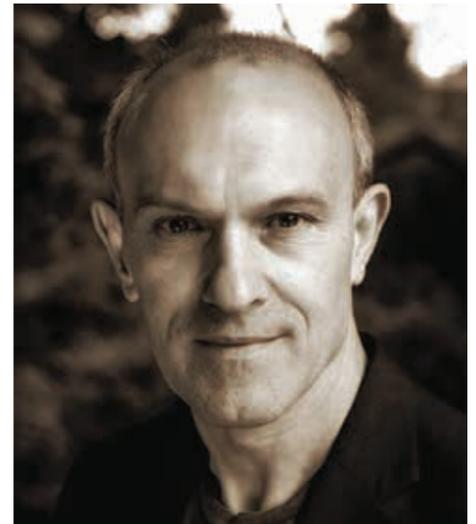
Local actor Christopher Hunter was performing his own dramatisation of the little-known work and the event was hosted by Teresa Harrison, to raise money to take the show to the Edinburgh Fringe Festival later this month. Let's hope audiences up there are as impressed as they were down here.

Contemporary relevance

Alongside his extensive acting work in the theatre, on television and in film, Christopher has developed a career as a director and writer. His long-term interest in and study of the poem has led him to discover something much darker at its heart, very different from a lyrical, erotic story of passionate love.

The solo version he has created shows that a work completed in 1593 can be surprisingly relevant and recognisable today, not only in its language but also its theme: an innocent young boy leaves his home one morning; he is sexually assaulted by an older woman; he never returns home.

Venus and Adonis is believed to be Shakespeare's first poem, printed before any of his plays were published, though not before some had been staged. An instant success, he wrote it at a time when plague was preventing people attending the theatre



Christopher Hunter

and dedicated it to his patron, the 3rd Earl of Southampton.

Support for SurvivorsUK

With his producers and county roads residents Hilary Townley and Stephen Graham, Christopher hopes the production will raise awareness for SurvivorsUK. Any profits the play makes will be donated to this charity which supports men and boys who are the victims of sexual abuse. If you would like to help with their Edinburgh effort, visit www.crowdfunder.co.uk/venus-and-adonis-edinburgh-fringe-2017.

Conked out? Recycle and restart

By Ian Cormack

Year 10 students at the Archer Academy have been learning about an unusual aspect of recycling in their enrichment classes. At the beginning of July they invited the general public along to the final session, held in the entrance lobby of the Beaumont Close campus behind East Finchley tube station.

I had not heard of Restart before, but it is an organisation which helps people to use their old electronic apparatus longer so as to reduce waste.

I had brought along a digital radio with excessive hum and a clock radio where the CD player had stopped working. After Portable Appliance Testing them for safety, Faraz and Philip from the seven-member Restart team set about dismantling the appliances whilst showing the students and myself the methodical way they applied themselves to the job. They guided the students and allowed them to get directly to grips with the process.

New lease of life for radio

Unfortunately, the crucial section of the clock radio just would not come apart so, despite a broken connection

being seen there, the appliance had to be re-assembled because at least the radio worked. There was better luck with the DAB radio as a component with overheating stains was noticed and a near substitute was available in their basic supplies. On testing out of situ, the defect was confirmed and the new component did what was necessary.

The students, watched over by their Head of Design and Technology, had a very hands-on experience for two hours and what I learned could prove to be useful. The Restart team then packed their gear away for another day's enlightenment of the general public. They were most appreciated by all. Visit www.meetup.com/Restarters-London for further information.

