



Unexpected crop as allotments celebrate 100 years of growth

By Liz Szewczyk

East Finchley Allotments are holding an open day this month to celebrate their 100th anniversary. Visitors to our site, off Plane Tree Walk behind Martin Primary School, will see that plots are beginning to blossom but not always with predicted crops. One plot is a woodland area with fig and apple trees but it also grows an unexpected and self-sown crop of wild garlic.

Everyone is welcome to come along to the open day on Sunday 18 June between 1.30pm and 4.30pm and see even more vegetables, plants and fruit trees at their finest. There will be stalls of produce and plants, tea and cakes, mosaic making, bee keeping demonstrations, tours of the site and activities for children. Admission is £2 and under 16s are free.

Wild garlic recipe

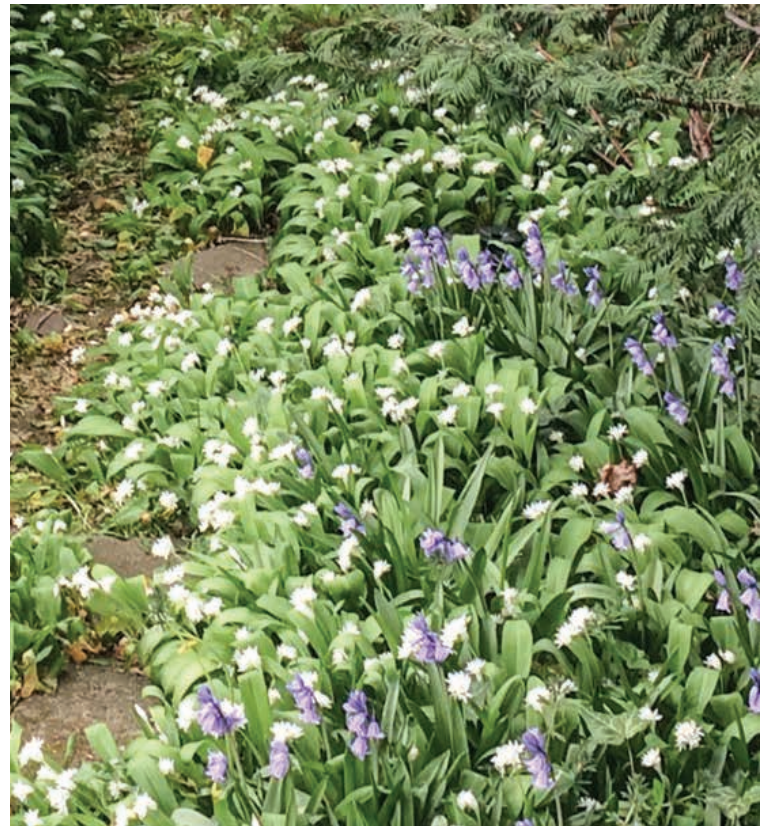
I read one of Nigel Slater's

recipes recently in which he bemoaned his inability to grow wild garlic, also called ramsons. He included wild garlic in a recipe for frittata which I made and which was excellent. I sent Nigel an email offering him a basket of wild garlic as I know it's terribly expensive in shops. I haven't heard back yet.

My own frittata recipe is to slice or chop a mixture of carrots, French beans, broad beans, asparagus or simi-

lar, then soften in butter in an omelette pan. Gently beat three eggs and pour the mixture into the pan, stirring to incorporate the vegetables.

Chop up a few leaves of wild garlic and add them at the last minute before putting the pan under a hot grill to cook the top layer of egg. Turn out onto a plate, slice to share. Enjoy with salad or boiled new potatoes or bread or game chips. A summer lunch!



Tiptoe through the garlic: East Finchley Allotments are alive with growing crops and wild plants

Pleasure of poetry from a man of many jobs

By Daphne Chamberlain

East Finchley's Dennis Evans retired as Poet-in-Residence at Golders Green Unitarian Church earlier this year. Before then, shortly before Christmas, there was a celebration of his poetry at a Sunday morning meeting. This covered his life from childhood through National Service and work days, and his interest in the peace movement and the countryside.

During his five years in post, he organised poetry and music evenings for pleasure, which also raised money for a variety of charities. Part of his role was to encourage and help poets and poetry translators, as well as producing an anthology of the congregation's writing.

East Finchley and the world

Dennis, who has worked as a hospital porter, farm labourer, millwright, design engineer, journalist and teacher, has travelled to many parts of the world. His writing has been translated into Brazilian Portuguese, French, Urdu and Russian; and his dance poems have been choreographed and performed at Sadlers Wells Lilian Baylis Theatre.

In 1990 he set up the East Finchley Poetry Writing Workshops, which still meet every four weeks on a Saturday, and are designed to encourage creative potential in both new and established writers.



Dennis Evans, pictured in 2008.

Photo by Lourdinho Morais

Please call 020 8346 9528 or email dennis@poetry1.plus.com for further details.

The Unitarian connection

Dennis's connection with the Unitarian church, which has the memorable address of 31 and a half, Hoop Lane, goes back a long way. It was 40 years ago that, along with the then minister, he set up monthly poetry and prose evenings which are still running. They are open to the public.

The Unitarian Church is a very broad one, with members from many faiths and from none. Its purpose is to help people find their own spiritual path, and to live together in kindness and respect. Famous Unitarians include Sir Tim Berners Lee (inventor of the World Wide Web), Isaac Newton, four American Presidents, and poets Longfellow and Emily Dickinson.

Calling all poets

By Daphne Chamberlain

Take out your pens or open your laptops. Let the rest of us see those lines that came to you in the middle of the night, or the piece you have toiled over constructing. Poetry only lives when it is shared.

There is a ready outlet in N2 Poetry, which is currently accepting submissions for Issue 6. Writers can send up to four poems, typed on white A4 paper, to Sue Reardon-Smith, Editor N2 Poetry, 26 Merrick Square, SE1 4JB. Please include

a covering letter, plus a stamped, addressed envelope.

The Editor's decision is final, and no communication will be entered into regarding publication. Copyright and translation copyright remain with the authors.

Caring for people with dementia

On Wednesday 14 June a training course on caring for people with dementia will be held at Trinity Church, 15 Nether Street, North Finchley, from 10am to 12.30pm with a buffet lunch provided.

The topics include learning about dementia and the brain; the memory and how it works; finding activities to promote independence; and managing carer stress. To book, contact Barnet Carers Centre's adult carers team on 020 8343 9698 or email adultcarers@barnetcarers.org.

Holy Trinity Church Church Lane, East Finchley Church of England

We're a warm and friendly congregation who look forward to welcoming you

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Children's Sunday Club ♦ Meet over coffee after church

Fr. Marius Mirt is happy to answer any enquiries:

email: marius.mirt@htef.org.uk

tel: 020 3565 4430

www.holytrinityeastfinchley.org.uk

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