



## Regular Events

### Sport & Fitness

- **Finchley & Hornsey Ramblers Group**  
Call Vivien 8883 8190
- **Glebelands Indoor Bowls Club**, Summers Lane N12. New and experienced bowlers welcome.
- **Muswell Hill Bowling Club**, Kings Ave, N10. New & experienced bowlers welcome. Tel: 8883 0433.
- **Outdoor Fit Camp** Lyttelton Playing Fields, N2, 6.30pm Wed and 9.30am Sat. Call Martin on 07809 593952.
- **Pilates class** Weds 3.30 & 7pm at Ann Owens Ctr, N2. Call Penny 8444 2882.
- **Pilates Classes** Tue 9.30, Fri 9.15 & Sun 11am. [www.pilatesineastfinchley.co.uk](http://www.pilatesineastfinchley.co.uk). Michelle 07767 804 564
- **Tai Chi & Qigong** in N2, Weds 1pm. James 8883 3308/07836 710281 or [james@taiji.co.uk](mailto:james@taiji.co.uk)
- **Tennis club** with four clay courts off Southern Road. Call 8883 7723.
- **Yoga, breathing & relaxation**. Weekly drop-in classes - N3, N6, N10. Phone Judy on 07956 375607.
- **Yoga beginners' course** at Yogalogy, High Road, N2. Contact 020 70187377 or [info@yogalogy.co.uk](mailto:info@yogalogy.co.uk)
- **Yoga**, pregnancy yoga, meditation classes. Call Sunnah 07941 321 772 [www.stretchingpeople.co.uk](http://www.stretchingpeople.co.uk).
- **Women's kick boxing**, Thursdays 9.30am, East Finchley Combat Academy, Church Lane, N2. Contact 07956 340540.

### Music, Dance & Creative Arts

- **The Archer Community Choir**, Tuesdays 7-9pm, The Archer Academy, Eagans Close, N2. Email: [archercommunitychoir@gmail.com](mailto:archercommunitychoir@gmail.com).
- **Art Classes**. Call Henry on 8888 5133.
- **A-Chord**, friendly choir, all genres, open to all. Thursdays 8pm at NNLS, East End Rd. Laura 07732 120464. [www.a-chord.uk](http://www.a-chord.uk)
- **Ballroom & Latin American Dance Classes** - beginners & improvers. Wed & Fri eve, Bishop Douglass Sch. 8207 2323.
- **'Calm & Sing' workshops**. Contact Angie on [missangiea@yahoo.co.uk](mailto:missangiea@yahoo.co.uk)
- **Creative writing classes** in informal, friendly atmosphere. Tel Sallie Rose 020 8444 7217.
- **Creative Writing** at Friern Barnet Community Library. Every Saturday, 12pm, 07488 230580.
- **Dance conditioning classes**. New body in 10 lessons. Diana: 07580 041270. [www.boldbodies.co.uk](http://www.boldbodies.co.uk).
- **East Finchley Writers Group**, Weds at the Old White Lion. Contact Ralph 8444 5903.
- **East Finchley Poetry Writing Workshops**. Monthly on Saturdays. Contact Dennis Evans 8346 9528.
- **Memory Lane Singing Club** - friendly singing club meets every Friday in Finchley. Call Valerie 8458 4508.
- **Over 50s Tea Dance** at Christ Church, North Finchley. Every Weds, 1pm. 020 8444 0280.
- **Learn to sing** at Finchley Methodist Church, Ballards La. Call 8888 4412.
- **Muswell Hill after school ukulele club**, Wednesdays 4.15-5.15pm, ages 6-10. Contact Margie 07909 439513.
- **Rock 'n Roll dance lessons**, 8pm every Weds at the Constitutional Club, The Walks. Drop-in. Call Kav 07721 489489.
- **Traditional tunes** @ TOC Highgate Hill, join in playing by ear - 1st & 3rd Tues monthly from 8.30pm. Free. 07958 282898.

### Clubs & Social

- **Bingo evening**, 8pm Sundays, at the Constitutional Club, The Walks, N2.
- **Bingo Club** Mondays 7-9 pm, Green Man Centre, Contact: Jan 8815 5452
- **French conversation** in small friendly group with native speaker. 8444 9395.
- **Friends of Cherry Tree Wood** [www.cherrytreewood.co.uk](http://www.cherrytreewood.co.uk) or 8883 7544.
- **Haringey Recorded Music Society** informal meetings locally. Call David Moldon on 8361 1696.
- **Muslim Ladies Lunch Club** 1st & 3rd Weds, Ann Owen Ctr., Oak La. Call 8432 1415 to book.
- **Bridge Club**, Thursday & Saturday afternoons, Age UK, Oak Lane, N2 8LT. Contact Ray Tiano 07944 562180.



Dave Herbert



Martyn Peters



Paul Tomlinson

## Live music on stage at the Stag

This month sees the first birthday of the popular open mic sessions at the Bald Faced Stag in the High Road. Photographer Judit Varga took these photos of some of the performers who have entertained there in the last 12 months.

They happen on Thursdays from 8pm but there was a specially extended first birthday session that kicked off at 6pm on Thursday 5 April with another great line-up of musicians and plenty of celebratory cake.

Actor Shereen Roushbaiani organises and hosts the sessions and has performed herself. You can get involved by emailing her at [shereen16@hotmail.co.uk](mailto:shereen16@hotmail.co.uk) or find more information on Twitter @ Stag\_Sessions

**Shereen Roushbaiani:** "Stag Sessions gave me a platform to face my fears and enjoy singing again. It's very exciting having so much talent in one room and the crowds are growing each time."

**Dave Herbert:** "I love performing at the Stag Sessions because of all the

fabulous musicians and talent we get to hear. And it's in such a great environment, hosted by Shereen who has so much enthusiasm and energy it seems to bring the best out of all the performers. Plus there's great food and it's only a hop skip and a jump from the tube."

**Paul Tomlinson:** "I'm a hobbyist folk player interested in the craft of playing and focused on improving technical and performing ability. Stag Sessions are great because they attract strong musicians, which is an incentive to practise, and because of the friendly party atmosphere."

**Martyn Peters:** Originally from North Wales, singer, song writer and multi-instrumentalist Martyn Peters is now firmly a resident of London and is currently promoting his debut album



Shereen Roushbaiani

**Veins.** "It was the first time I played at the Stag but I'll definitely be back; a lovely, lively atmosphere, fantastic acts with a wide variety of different styles."



## Women shine through

Creators Denise Wyllie and Clare O'Hagan built a printed textile artwork called **Whitework** to celebrate Women's Day last month. The exhibition, entitled "Threads", was curated by Renee Rilexie at Espacio Gallery in Bethnal Green. It invited participants to choose a thread from the wide tapestry of their lives and gently unravel it. Denise, from East Finchley, and Clare shone a light on Rosalind Franklin, a British scientist who contributed to our knowledge about the structure of DNA. Franklin died at the age of 37 in 1958 without ever learning of the importance of her contribution.

The Threads exhibition drew to a close on 18 March but you will be able to see "Whitework" at the Black Gull bookshop in the High Road, East Finchley. Find more information at [www.wyllieohagan.com](http://www.wyllieohagan.com).

*White work: Denise Wyllie with her textile creation*

## What's On...

### Thursday 12 to Saturday 14 April

• **Garden Suburb Theatre** presents **A Woman of No Importance**, Oscar Wilde's classic play about a family secret; King Alfred Phoenix Theatre, North End Road, NW11. Evening performances 7.30pm with matinee on 14 April at 2.30pm. Tickets £13/£11. Book tickets at [www.gardensuburbtheatre.org.uk](http://www.gardensuburbtheatre.org.uk).

### Saturday 14 April

• **Pond Day at Long Lane Pasture**, opposite the fire station, Long Lane, N3, 10am to 12 noon. Discover tadpoles, newts, water beetles, pond skaters, caddisfly larvae and water snails. Pond trays, nets and help with identification available.

• **Captain Calamity Science Show**, a fun performance of magic, science and bubbles suitable for children aged three

and above; Lauderdale House, Highgate, 10.30am. More information and tickets at [www.lauderdalehouse.org.uk](http://www.lauderdalehouse.org.uk)

### Sunday 15 April

• **The Solarek Piano Trio** plays works of great but forgotten women composers, including Johanna Senfter and Lili Boulanger; 6pm at St Cuthbert's Church, West Hampstead, NW2 3TN; tickets available at door, priced £10 (£8 concessions) including glass of wine/fruit juice.

### Saturday 21 April

• **Haringey Dog Watch walk**; enjoy an informal hour's walk in the company of community police officers Stef and Avra, and other dog walkers; meet 10.30am at Farmers' Market entrance, Alexandra Palace Way, N22.

### Until Tuesday 22 April

• **Happy Warriors**, new play by James

Hugh Macdonald. As war rages in Europe in 1944, Evelyn Waugh and Randolph Churchill are billeted in a Yugoslavian farmhouse with a belligerent young housekeeper. What could possibly go right? **Upstairs at the Gatehouse**, The Gatehouse pub, Highgate; Tuesdays to Saturdays 7.30pm, Sundays 4pm. Tickets from [www.upstairsatthegatehouse.com](http://www.upstairsatthegatehouse.com)

### Thursday 26 April

• **The Finchley Society** hosts **Don't Lose your Way - The Campaign to Save our Footpaths**, a talk by Roger Chapman; 8pm. Venue to be decided. Everyone welcome. £2 for entry and refreshments for non-members. Find out more at [www.finchleysociety.org.uk](http://www.finchleysociety.org.uk)

• **Age UK Barnet Spring Quiz** to raise funds for local charity. Enter a team of eight or join

one of the Age UK Barnet social teams of staff, volunteers and clients; 7pm at Ann Owens Centre, Oak Lane, N2. Entry £10 per person, which includes a home-made lasagne. For more information call Wendy on 020 8432 1415 or email [community@ageukbarnet.org.uk](mailto:community@ageukbarnet.org.uk).

• **Clark Tracey Quintet celebrates 40 Years in Jazz**; Lauderdale House, Highgate, 8.30pm. Clark Tracey won Best Drummer award at the British Jazz Awards 2017. More information and tickets at [www.lauderdalehouse.org.uk](http://www.lauderdalehouse.org.uk)

### Sunday 6 May

• **Dawn Chorus at Long Lane Pasture**, opposite fire station, Long Lane, N3; meet at Gazebo 4.45am - 5am. Come and hear the symphony, help identify the birds and watch the sun and mist rise over pasture and pond.

E-mail your listings to: [the-archer@lineone.net](mailto:the-archer@lineone.net)