



Local filmmaker Ian Harding working on his feature film. Photo Mike Coles

## Movie debut muscles in on world of bodybuilding

By Angela Martin

East Finchley filmmaker Ian Harding last month achieved a milestone after 25 years in photography and film by releasing his first feature film *These Are The Ones That Count*.

Made with his school friend Shane Ackroyd, it chronicles the agony and the ecstasy experienced by Shane's brother Simon as he prepares for the biggest competition of his life.

The camera follows Simon through a gruelling eight-week training process as he gets himself in shape to compete for the

title at the pinnacle of amateur bodybuilding, Mr Universe.

Ian told *The Archer* it is "an entirely honest look into a world of dedication and sacrifice where every repetition, calorie and carb matter and which highlights the commitment and focus that bodybuilders apply."

Ian's interest in film and photography started as a boy growing up in Manchester. His father, a keen photographer, had his own darkroom where Ian began experimenting with his own footage and found that he had a keen eye. It wasn't long before he was filming his friends on their skateboards and, after some clever editing with two video recorders, he would achieve great action films.

Now running his own company Crispy Dog Productions making corporate videos, Ian told *The Archer* that filming *These Are The Ones That Count* required a completely different approach to his day job. You can see the trailer on YouTube and find the film itself on Amazon.

## Roof repairs to start after £250k cash boost

By David Melsome

Urgent conservation work begins this month at All Saints Church in East Finchley after it received a £250,000 injection of cash from the National Lottery Heritage Fund.

Stonework and interior roof repairs will be made at the Grade II-listed church in Durham Road, which is nearly 130 years old, finishing by the end of September. The total cost of the work is expected to be £400,000.

Fundraising will continue while the work is carried out. The church congregation has already raised just under £25,000 from fundraising events and donations from individuals and businesses in the area.

### History project

Some of the Heritage Fund money will be put towards a project fully exploring the history of All Saints and making educational materials available to school visits and everyone in East Finchley. One part of that will be the completion of research into the casualties listed on the church's war memorial.

Fr Christopher Hardy, vicar of All Saints, said: "We are thrilled to have received this support, and our grateful thanks go out to National Lottery players. We are confident that the



Looking up: The vaulted roof at All Saints.

project will enable the local community, schools, amateur historians, lovers of art and architecture, and all people who look for a centre of friendship, meaning and identity to appreciate the heritage represented by our beautiful building."

All Saints was granted listed status by Historic England in 2011 in recognition of its high-quality stonework and detailing, notably the window tracery and panelling of the chancel, and its hammer-beam roof.

## RICKY SAVAGE ...

"The voice of social irresponsibility"

### Hall of Yawn

Welcome to spring, welcome to Easter, welcome to chocolate and bunny rabbits and welcome to musical sedative time. Why? Because it's time for Classic FM's annual Hall of Fame, that chance to listen to the 300 'best' bits of classical music 'as voted for by you'. But in the nice world of Classic FM I know they won't be as voted for by me.

From the moment it started Classic FM has been the station for people who like the sound of classical music, but don't understand it. That's why on Saturday nights, when Radio 3 is live streaming an opera from Covent Garden, Classic FM plays film music. And not just film music; they've expanded it to include TV so that those who don't go to the cinema can hear something calmingly familiar. That means the theme from *Poldark*, something from *Inspector Morse* and a bit from *Game of Thrones* that sounds almost like Wagner, but isn't.

The best way for a piece of music to make the Hall of Fame is for it to be used to advertise toilet paper, cat food or car insurance. I mean people really love *The New World Symphony* because it was used to sell bread. Either that or get it into a film so that when people hear Wagner's *Ride of the Valkyries* they think of helicopter gunships, not The Ring Cycle.

And once a year they allow the Horlicks to completely take over the airwaves. As with any sedative this is all so boringly familiar. Yes, there will probably be the Elgar Cello concerto because the cello is pretty cool this year, Nicola Bernadetti will be there because she just got a gong. But don't expect anything you need to think about; so no Arnold Bax, not much Mark Anthony Turnage, but lots of Mozart, Beethoven and the easy bits of Vaughan Williams and Elgar.

Classical music can be weird, wild, strange and challenging as it struggles with angst and the human condition. If that's your style you'd better retune because Classic FM isn't like that. It's there for people who don't really understand music, but just love a nice tune.

### EAST FINCHLEY METHODIST CHURCH

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#### Easter Services

- 18 April 6.00p.m. Maundy Thursday United Service (at Holy Trinity Church, Church Lane N2) - Holy Communion
- 19 April 10.30a.m. Good Friday "Reflections on the Cross"
- 21 April 10.30a.m. Easter Day Celebration Service - Holy Communion

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