



Just bananas! Holy Trinity pupils ask why fruit has to be wrapped in plastic.

Simple steps to save our planet

By Y4 Eco Club, Holy Trinity Primary School.

We are very concerned about the environment and we are sure that you are too! If you want to help, then here are a few ways to join in:

1. When going shopping, always take your own bag with you to be eco-friendly.
2. Instead of throwing your empty plastic containers in the bin, use them for junk modelling or donate them to a local school for them to use.
3. Remember to always compost your food waste.
4. Try to walk more than you

use the car.

The 3 Rs

One of the most recognisable eco phrases is the 3 Rs: Reduce, Reuse, Recycle. But there is an additional R, which is Refuse. For example, Refuse could be if you are at the shops buying bananas. Which would you buy: a banana wrapped in plastic or a banana on its own?

Buying a banana on its own would be refusing the banana wrapped in plastic, which would help our fight against waste.

Not only will most plastic be on the planet for millions of years to come but animals will end up dying because of it!

Memory Walk to defeat dementia

Archer deliverer John Michaeloudis is again taking part in one of the annual Memory Walks organised by the Alzheimer's Society to raise money to fight dementia.

The walks are spread across England, Wales and Northern Ireland, with each walk taking



a different route through either city, woodlands or a park.

On the morning of Sunday 29 September, John will be at the Queen Elizabeth Olympic Park, setting off at 10am, walking in memory of his mother and close friends.

Fundraising

In advance of the event John, of Lynmouth Road, N2, will be seeking sponsorship locally. He will be knocking on doors to ask for your support in the form of a cheque made out to the Alzheimer's Society. Help him to raise more than last year's amazing amount of over £2,000! For more information visit www.memorywalk.org.uk

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Creative writing for young minds

Local teacher and award-winning children's author Anne-Marie Conway is starting a creative writing club in East Finchley for children aged 7-12 years. It starts in September and will be held for an hour each week after school.

Children attending in a maximum of eight per group will have the chance to develop a story, or experiment with poetry, to add illustrations, design a front cover and write a blurb.

"We often hear parents bemoan the fact that children don't read enough for pleasure these days," says Anne-Marie, "but what about writing for pleasure?" For further details, contact Anne-Marie on 07958 409863 or shawconway@btinternet.com

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Tony's leads the charge against plastic bags

By Ruth Anders of No2PlasticsN2

Following the success of our No2Plastics stand at the East Finchley Summer Festival, we were thrilled to hear that Tony's Continental is joining the groundswell of support for our campaign by introducing a 5p charge for plastic carrier bags.

The High Road greengrocers launched their initiative in July with some apprehension. They had been suggesting to their patrons for months that they should bring their own bags rather than add to the plastic mountain. Most customers were sympathetic and supportive, but a small number resisted, arguing that the shop could lose customers as a result.

changes like this, but everyone should get behind this endeavour, whether they're shops or individuals."

You'd need to be a hermit to be unaware of the problems facing our planet and our future. Even so, Radio 4's *World at One* reported last month that only a small percentage of small and medium businesses like Tony's are honouring the nine very basic suggested measures to decrease single use plastics.

Tony's has been selling unpackaged fruit and vegetables and supplying brown paper bags since 1971. Their alternatives to plastic carrier bags include bags for life and cardboard and wooden boxes. They also offer a refill service for liquid soap, detergent and fabric softener, alongside Sicilian and Cretan olive oil.

Memory Lane

Some readers of *The Archer* will remember shopping in the 1950s, when there wasn't a scrap of plastic to be seen. Pasta was wrapped in blue waxed paper, cheese and butter in greaseproof paper, fruit and veg popped into paper bags, and we carried everything home in our own string bags and baskets.

No2Plastics is working alongside Tony's to change current shopping habits in East Finchley. Won't you join us? Find us on Facebook and Instagram: @No2PlasticsN2.



Carrier charge: The sign at Tony's Continental discouraging the use of single-use plastic bags and encouraging other forms of recycling.

Making ethical changes

Explaining why they had introduced the charge, Tony's Chris Athanasiou said: "It's a positive move for Tony's and for East Finchley as a whole. As a small business, we are not legally required to make ethical



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