



## The Archer

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Thank you to The Bald Faced Stag and New Local Cafe for providing us with a meeting place.

The Archer team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address. Comments to The Archer may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – **March:** 15 February; **April:** 15 March;  
**May:** 12 April

## USEFUL TELEPHONE NUMBERS

<b>Councils</b>	<b>Help &amp; Advice</b>	Drinkline	0800 917 8282		
<b>Barnet</b>	Childline	0800 1111	Drugs Helpline	0800 776600	
Admin/Town Hall	020 8359 2000	Citizens Advice Barnet	0300 4568365	Health Info Service	0800 665544
Council Tax	020 8359 2608	Cruse Bereavement Care	0870 167 1677	MIND	020 8343 5700
Recycling & refuse	020 8359 4600	Disability Info Service	020 8359 7637	National Blood Centre	0845 7711 7711
Primary Care Trust	020 8201 4700	EF Advice Service	0300 4568365	<b>Crime</b>	
Benefits Agency	020 8258 6500	Lone Parent Centre	020 7021 4146	Emergency	999
Employment Service	020 8258 3900	Missing Persons Helpline	0500 700700	Police non-emergency	101
<b>Haringey Council</b>	020 8489 0000	National Debt Line	0808 808 4000	CrimeStoppers	0800 555111
		NSPCC	0800 800500	Victim Support	0845 303 0900
<b>Leisure</b>		Rape & Sexual Abuse helpline	020 8683 3300	<b>Hospitals</b>	
Alexandra Palace	020 8365 2121	Relate	020 8447 8101	NHS	111
East Finchley Library	020 8359 3815	RSPCA	0300 1234 999	Barnet General	020 8216 4000
Gt North Leisure Park	0870 240 6020	Samaritans	08457 909090	Edgware General	020 8952 2381
Muswell Hill Everyman	0871 9069060	Refuge National Crisis Line	0870 599 5443	Finchley Memorial	020 8349 7500
Phoenix Cinema	020 8444 6789	<b>Health Advice</b>		Oak Lane Clinic	020 8346 9343
Tourist Info Service	0870 128 8080	AIDSline	020 8363 2141	Royal Free	020 7794 0500
		Alcoholics Anonymous	0845 7697555	Whittington	020 7272 3070
<b>Transport</b>		Barnet MENCAP	020 8203 6688	<b>OAP's Advice</b>	
BR Enquiries	0845 7484950	Cancer Support	020 8202 2211	Age UK Barnet	020 8203 5040
City Airport	020 7646 0088	Carers' Line	0808 808 7777	Independent Age	0800 319 6789
London Transport	020 7222 1234			Age UK (general advice line)	0800 169 2081
National Express	0871 781 8181				
Heathrow Airport	0870 000 0123				

## Falls clinic

A falls prevention service operates at Finchley Memorial Hospital in Granville Road, North Finchley, offering advice to help reduce the risk of falling.

It is available free to anyone who has a fear of falling, has a history of falls or near misses or lacks confidence with their balance and walking. This also applies to those who have been diagnosed with osteoporosis. Any health professional, such as your GP, can refer you or you can refer yourself.

A free 12-week programme

will give you information and advice, group sessions to help with balance, flexibility and stamina, and exercises to do at home • A check of your home to identify hazards • Plan strategies to help you cope if you do have a fall. Find out more by telephoning Finchley Memorial Hospital on 020 8349 7528 or emailing [icsbarnet@nhs.net](mailto:icsbarnet@nhs.net).

## Computers and a cuppa

Are you sometimes stumped when using your computer or do you need a bit of help in finding your way around the internet?

A free Computers and a Cuppa scheme can help you. Drop in at The Five Bells pub in East End Road, N2, from 2pm to 4pm on Tuesdays or alternatively drop in to Wilmot Close, N2, from 2pm to 4pm on Wednesdays.

## Gentle fitness

Anyone looking to keep fit without pounding away in a gym might be interested in joining the gentle keep fit and social group that meets on Thursdays from 12.30pm to 2.30pm at the Green Man Community Centre, Strawberry Vale, N2.

To find out more call Nina Gentry on 020 3828 4834 or email [Nina.Gentry@peabody.org.uk](mailto:Nina.Gentry@peabody.org.uk).



All together now: Last year's East Finchley Festival was a huge success and it returns to Cherry Tree Wood again this year. Photo by Mike Coles

## The summer festival is coming

The days are getting (gradually) longer through these winter months, and summer really can't be far away because the date of the East Finchley Festival has just been announced.

This year's free community event will take place in Cherry Tree Wood on Sunday 23 June. As always, it promises a full line-up of music, food, crafts, stalls

and children's entertainment.

If you're interested in applying for a food stall, please contact Miranda Levey [mirandalevey@yahoo.co.uk](mailto:mirandalevey@yahoo.co.uk)

We'll bring you more festival information over the next few months. Meanwhile you can follow the latest on social media [@eastfinchleyfestival](https://twitter.com/eastfinchleyfestival).

## Planning Applications

### Barnet Council East Finchley Underground Station Car Park

Erection of a minicab office.

### 3 Beresford Road, N2

Single-storey rear extension: depth 5m, eaves height 3m, maximum height 3 m.

### 6 Brendon Grove, N2

Single-story rear extension including alterations to rear patio. Relocation of front door from side to front. Alterations to fenestration.

### 28 Cherry Tree Road, N2

Single-storey rear extension. Roof extension involving rear dormer window with Juliette balcony, one roof light on flat roof of dormer and three front facing. New raised patio and associated access steps to garden.

### 93 East End Road, N2

Conversion into three self-contained units, including first floor rear extension. Alterations to fenestration and first floor terrace. Associated refuse and cycle storage.

### 230 East End Road, N2

Single-storey rear extension, following demolition of existing conservatory. Roof extension involving hip to gable, side/rear dormer window, two front roof lights and new side gable window.

### 7 Elmfield Road, N2

Roof extension involving rear dormer window with Juliette balcony and three front facing roof lights.

### 2 Elmhurst Avenue, N2

Single-storey rear extension: depth 6m, eaves height 3m, maximum height 3m.

### 2 Heath View Close, N2

New front porch, following demolition of existing one. Roof extension, including one rear dormer window, three rear roof lights and five front roof lights. New side doors and windows.

### 332 High Road, N2

Change of use to rear from commercial A3 to residential C3 (studio flat). Addition of main door and windows on wall facing

street, and alterations to rear to insert a window and relocate an external door. New refuse store.

### 3 King Street, N2

Change of use from class B1 (c) to class C3 (2 units). Use of Flat 4 in Second Floor Unit as residential.

### 74 Leicester Road, N2

Single-storey rear extension: depth 6 m, eaves height 2 m, maximum height 2.95 m.

### Garden Lodge, 370 Long Lane, N2

Use as a single dwelling house.

### 39 Manor Park Road, N2

Single-storey rear extension: depth 6m, eaves height 2.7m, maximum height 3m.

### 19 New Trinity Road, N2

Single-storey side and rear extension with new patio area.

### 5 Oak Lane, N2

Single-storey rear extension: depth 6 m, eaves height 2 m, maximum height 2.95 m. Single-storey side extension.

### 21 Summerlee Avenue, N2

Single-storey side and rear extension.

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52 Twyford Avenue  
Fortis Green  
London N2 9NL  
tel: 020 8815 0979

