



New business: (left to right) Marian Fixler, Fiona Hurlock and Julian Ormerod at the Japanese Acupuncture Clinic. Photo Mike Coles

Acupuncture clinic gets hands-on

By Ruth Anders

A new business in Bedford Mews, N2, is aiming to raise the profile of Japanese acupuncture, which is often less well known than traditional Chinese medicine.

Japanese Acupuncture Clinic Finchley is the brainchild of Fiona Hurlock, who previously worked at Utopia in Leicester Road, and her business colleague Marian Fixler.

East Finchley born and bred Julian Ormerod complements their work by offering an integrated therapy combining his extensive experience as a chiropractor with sports massage, yoga and Pilates. While Julian has trained in India, Fiona and Marian have both studied in Japan.

Historically the profession of the blind, Japanese acupuncture is much more hands-on than traditional Chinese medicine and the needling techniques are gentler as the needles are extremely fine.

The guide tube, now used by acupuncturists worldwide, was invented by a blind Japa-

nese practitioner to assist with needle insertion. Japanese Acupuncture Finchley also offers moxibustion (a warming herb placed on or near the skin) and cupping.

Fiona told *The Archer*: "Covid has changed the nature of our work and having highly skilled services available locally to support home working is vitally important. Acupuncture works to fine-tune the way the body relates to itself and its environment, enabling it to work at its optimum level, resulting in recovery from disease and symptoms. "This medicine is non-specialist so it can be used to treat a variety of medical conditions from pain to fertility, and from depression to respiratory illnesses including post viral fatigue syndrome (long Covid)."

Between them, the three partners have accrued 85 years of experience. They aim to work in partnership with each of their clients, enabling them to stay healthy and enjoy life. Fiona added: "We each have our areas of special interest: while we both work with fertility and pregnancy, Marian enjoys treating babies and children, and I like working with mental health."

To find out more, visit www.japaneseacupunctureclinicfinchley.com

50 rough sleepers moved into long-term housing

By Janet Maitland

Have you wondered if the rough sleepers who were helped off the streets at the start of the pandemic are back in doorways?

Since the Everyone In scheme was announced by Louise Casey MP a year ago, the Rough Sleepers Project at Barnet Homes has helped 50 of Barnet's 268 rough sleepers in temporary accommodation to move into long-term housing.

The Rough Sleepers Project was set up in 2019 with funding from the Ministry for Housing, Communities and Local Government. A hostel in Friern Barnet has been converted into a Somewhere Safe to Stay Hub using some of the project's £700,000 funding for 2020/21, allocated before the pandemic. It will accommodate 17 people for up to six weeks and will open soon.

In addition to Everyone In, the safety and protection of rough sleepers during the pandemic has triggered several additional funding initiatives from central government. This has helped the Rough Sleepers Project to employ two extra workers to support people in longer term accommodation to ensure they don't return to the streets, as well as paying for the costs of the extra temporary accommodation the

project has had to find.

The project will also buy 15 homes, using its £2 million allocation from the £150 million released by government last year, and will help rough sleepers to register with a GP so they can be vaccinated.

Gareth Davies, head of the National Audit Office, said: "For the first time, the scale of the rough sleeping population has been made clear and it far exceeds the government's estimates."

Shops warning

Thirteen businesses have added their names to a letter written to *The Archer* to say their livelihoods are being put in jeopardy by the introduction of cycle lanes along the High Road.

The shops and businesses that have co-signed the letter all operate south of the junction with Fortis Green, where the new cycle lane has completely removed parking spaces from outside their premises.

Turn to page 11 to read the letter in full.

Man jailed for series of child abuse offences

An East Finchley man who committed multiple child abuse offences over a 20-year period has been jailed for 17 years.

Adam Justice-Mills, 61, appeared for sentencing at Wood Green Crown Court on Tuesday 2 February after pleading guilty to 78 counts of child sexual offences in Barnet and Haringey between 2000 and 2020.

This included incidents of rape, attempted rape and other sexual offences relating to two female victims who were known to Justice-Mills and were children at the time of the offences. He also admitted to possessing or making indecent images of children.

Justice-Mills will spend a further year on licence, and will be placed on the Sexual Offenders' Register for life.

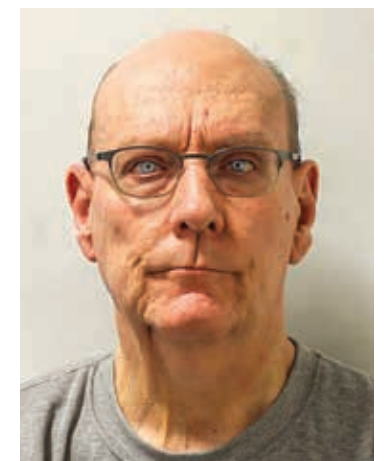
The court heard how Justice-Mills' offending came to light when police received information which expressed concern for the risk he posed to children. It was later established that

Justice-Mills had made admissions to abuse carried out over a long period of time.

Police arrested him in January 2020 and he pleaded guilty to all counts. A search of Justice-Mills' address following his arrest revealed a sophisticated computer set-up with an array of external hard drives. Forensic interrogation of the devices seized revealed in excess of 170,000 illegal images of children, including those of the most serious category.

Police statement

Detective Constable Virginia Condren, the investigating officer from the Met's North Area Public Protection Unit, said: "Justice-Mills is a dangerous, predatory paedophile who has preyed on our most vulnerable members of society for his own sexual gratification. It is of great reassurance that he will serve a lengthy sentence as punishment for his offending. For the victims there is no length of sentence that will undo the trauma or replace the innocence he has taken."



Jailed: Adam Justice-Mills

Reporting child abuse

If you have been a victim of abuse or you have information about an offender, contact police on 101 or 999 in an emergency. There are specially trained officers who will listen and investigate where needed. Alternatively call Crimestoppers on 0800 555 111, or report online. You can also report abuse and get support from the NSPCC on 0808 800 5000, or visit www.nspcc.org.uk

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Holy Trinity Parish Church

67 Church Lane, N2 0TH

www.holytrinityeastfinchley.org.uk

*We are a community where faith is shared,
hope is nourished, and love comforts.*

You are welcome to join us for worship and mutual support:

Bible Readings & Prayers: Sunday at 11.00 am - Online

Morning Prayer: Monday to Friday, at 9.00 am - Online

The church building is closed until further notice.

For more information please contact us:

Email: marius.mirt@htef.org.uk

Tel: 020 3565 4430