



Community hub springs into life for the spring

By Janet Maitland

The number of local residents using the community centre on Tarling Road continues to grow. Bookings are steadily increasing, especially for celebrations and parties, and a spring event is planned for Saturday 23 April from 12 - 3pm.

Jon Woolfson, the manager, is keen to start providing refreshments at the centre and would welcome any practical proposals to make this become a reality. If you have any ideas and/or relevant expertise contact him on 020 7018 6560 or email tarlingroad@ymcalcan.org



He also wants residents to feel welcome to use the garden. "During the daytime when the centre is staffed and the gate is open, neighbours are welcome to use the garden for general recreation," said Jon. Parents and guardians are asked to take responsibility for their children at all times, not to engage in activities that endanger or disrupt others, and to take heed of any instructions from staff.

Clubs and classes

A youth club organised by Maureen Clemetson meets two evenings a week, for pre-teens on Fridays and older children on Thursdays, with football, dance, boxing and basketball run by volunteer coaches. Other activities for children and

young people include Aikido on Mondays, ballet on Wednesdays and karate on Sundays.

There are also activities for adults. An exercise class for over 55s is offered by Age UK Barnet on Friday mornings. "It works on the whole body, combining movement, strength and stretch," said Wendy Nutman, who runs the class. Find out more at www.ageukbarnet.org.uk or call 07741 877027.

Local resident Charm Donohue runs a Yoga class on Thursday mornings. "We're a small friendly group and we welcome beginners," said Charm. Find out more by emailing yogacharmrd@gmail.com. A Christian Pentecostal church group meets on Sundays. "All are welcome," said Pastor Karl Garwood.

Facts and figures

For general information about activities at the hub, email tarlingroad@ymcalcan.org or ring 020 7018 6560. To book a room go to <https://hallbookingonline.com/tarlingroad>. The hall costs £35 an hour to hire from Monday to Friday, and £38 at weekends. Office hire is £20 an hour or between £300 and £350 per calendar month. A co-working desk is £100 a month.



Soap and water: Zeb Jackman-Overlander, left, and William Symonds washing cars for their charity venture

Car washing for victims of Ukraine war

When Archer Academy Year 8 students William Symonds and Zeb Jackman-Overlander were given a challenge to start a business with £10 funding they decided to start washing cars and give all the profits to charities helping the victims of the war in Ukraine. With their £10 they bought sponges and detergent and went looking for business among neighbours on Leopold Road, N2. After just a few days of hard graft they had generated enough profit to make an amazing donation of £373.

Soccer dads in solidarity

Local footballing dads from Holy Trinity and Martin primary schools in East Finchley show their support for the people of Ukraine by swapping out of their usual colours of yellow and orange into yellow and blue for their regular Wednesday evening match at Power League at Colney Hatch.



Car boot is back

This month's Muswell Hill Indoor Car Boot Sale takes place on Saturday 30 April from 10am to 1pm at Hornsey Parish Church Hall, on the corner of Cranley Gardens and Park Road, N10 3AH. Admission is 50p and refreshments are available. For more information, phone 020 8368 8180.

Festival of artists

A four-day festival of art and activities for children and families takes place in Wood Green this month. The Citizens Art Festival runs from Thursday 7 to Sunday 10 April at various locations including Blue House Yard.

Around 50 painters, sculptors, printmakers and photographers will be exhibiting in the art show, leading workshops or hosting a stall at the art market.

The programme of free art activities for all ages will include a Chinese calligraphy workshop, and sessions on collage making and printmaking, all led by professional artists. For full details visit www.citizensart.market/cam-festival.



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East Finchley Baptist Church

We meet each Sunday for worship at 10.30 am. If you would like to join us please go to our website for further details. All welcome.

For more information please contact the Church Office Email: office@eastfinchleybc.org.uk www.eastfinchleybc.org.uk

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