



Sunrise over the station

By Katie Leuw

A Northern line train driver has used her art and a particular view of East Finchley station to help her overcome her struggle with her mental health after experiencing a tragic incident on the Tube last year. Poland-born Hanna K was picking up her train from East Finchley station when she saw a beautiful sunrise over the tracks heading into town and decided to paint it.



Inspiration: Above, Hanna's original sunrise photo and, below, the painting she created from the scene



@leartedibuja



@katiebrushandnib



@oliviadrawsandpaints



@watercolourvibes



@wyliewolfart



@litydraws



@ati24159



@butacrafts

When she invited others to do the same via Instagram she was amazed at the support and response she received. Fellow artists from around the world saw the scene for themselves and painted their own versions to share with Hanna. I was extremely humbled and shocked when 13 people from all around the world got involved, from Malaysia, Canada, Germany and the UK, to name a few," she told *The Archer*.



@juliahmarshall



@friendsoftheblobs

Trauma and recovery

Hanna struggled with her post-traumatic stress after witnessing an accident while she was at the cab of a train last year. Someone jumped in front of the train ahead of hers, which was

being driven by a colleague, and even though she wasn't directly involved she had to watch the aftermath of the tragic incident.

Hanna has always loved painting since she was very young. She always wanted to be an artist and to go to art school. However, growing up in Poland with parents who were

farmers, this wasn't affordable for them. When her own children were at school she used to love helping them with their homework and getting into arts and crafts with them. So after struggling to take her mind away from the stress following the incident on the line, she picked up her paints again and found that concentrating on the colours and the specific details of her drawing became a

huge part of her recovery.

Her daughter was so proud of her artwork and told her to share it with others on Instagram so she started putting up her work and noticed how amazing it was to build

a network and community. That's when her East Finchley station painting got such a big response, with contributions showing off the station sunrise through a fascinating range of styles.

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@meganpaintswaterloo