



The Archer

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Thank you to The East Finchley Constitutional Club for providing us with a meeting place.

The Archer team wishes to thank all the generous people who give up their spare time, in all weather, to deliver the paper for us.

If you have a story for us, please contact us at the above address.

Comments to The Archer may be published unless clearly marked 'Not for publication' within the text.

Copy deadlines – **September: 12 August**
October: 16 September; November: 14 October

USEFUL TELEPHONE NUMBERS

Councils

Barnet Council	020 8359 2000
Recycling & refuse	020 8359 4600
Benefits	0800 882200
Haringey Council	020 8489 0000
Recycling & refuse	020 88857700
Benefits	020 8489 2800

Leisure

Alexandra Palace	020 8365 2121
East Finchley Library	020 8359 3815
Everyman, Muswell Hill	0872 436 9060
Garden Suburb Library	020 8458 3301
Muswell Hill Library	020 8489 8773
Phoenix Cinema	020 8444 6789
TarlingRdCommunityCtr	02070186560
Vue, North Finchley	0345 3084620

Transport

National Rail	0845 7484950
City Airport	020 7646 0088
Heathrow Airport	0844 3351801
National Express	0871 781 8181
TfL	0343 222 1234
Thameslink	0345 026 4700

Help & Advice

Childline	0800 1111
Citizens Advice Barnet	0300 4568365
Cruse Bereavement Care	0808 8081677
EF Advice Service	0300 4568365
Lone Parent Centre	020 3828 4834
Missing Persons Helpline	116 000
National Debt Line	0808 156 7718
NSPCC	0808 8005000
Rape Crisis helpline	0808 802 9999
Refuge Crisis Helpline	0808 2000 247
Relate Helpline	0300 100 1234
RSPCA	0300 1234 999
Samaritans	116 123
SENDIASS Barnet	020 8359 7637
SENDIASS Haringey	020 3667 5233

Health Advice

AIDSline	020 8363 2141
Alcoholics Anonymous	0845 7697555
Barnet MENCAP	020 8203 6688
Cancer Support	020 8202 2211
Carers' Line	0808 808 7777
Drinkline	0800 917 8282
Drugs Helpline	0800 776600

Health Info Service	0800 665544
MIND	020 8343 5700
National Blood Centre	0845 7711 7711

Crime

Emergency	999
Police non-emergency	101
CrimeStoppers	0800 555111
Victim Support	0845 303 0900

Hospitals

NHS	111
Barnet General	08451 114000
Edgware General	020 8952 2381
Finchley Memorial	020 8349 7500
Oak Lane Clinic	020 8346 9343
Royal Free	020 7794 0500
Whittington	020 7272 3070

OAPs' Advice

Age UK Barnet	020 8203 5040
Independent Age	0800 319 6789
Age UK	0800 169 2081



Work to do: Students from the Climate Council at Christ's College Finchley Council with lead Ms Moris

School awarded £1.9 million to become energy efficient

An East Finchley secondary school has won a £1.94 million government grant to help it reduce its carbon footprint. Christ's College Finchley, on East End Road, will use the money to modernise its heating system.

It is the largest amount awarded to any single London school in a recent round of funding from the Department for Business, Energy and Industrial Strategy aimed at promoting carbon net zero and clean growth projects.

Christ's College Finchley will replace its existing gas boiler with new energy-efficient, low carbon air-to-water heat pumps. Additionally, cavity wall and roof insulation will be installed into the school's buildings to reduce power consumption further.

Carbon reduction

Students on the school's Climate Council announced: "We are striving to make our school more eco-friendly. The news of this low-carbon heating technology has made us excited to take the next step on our ambition to achieve net zero carbon

and also to be established as an Eco-School."

Headteacher Samson Olu-sanya said the measures will reduce the school's carbon footprint significantly in line with its sustainability goals. He added: "We are committed to giving our young people a practical understanding on how we can make a positive impact on our climate whilst providing them with a much-improved environment for learning."

Installation of the new pumps begins during the summer break and the project is due to be completed by March 2023.

The grant money was awarded as part of the Public Sector Decarbonisation Scheme which supports the aim of reducing emissions from public sector buildings by 75% by 2037, compared to 2017.

Five ways to make our high streets healthier

By Diana Cormack

Barnet Council is encouraging local businesses to sign up to five schemes in an attempt to promote healthier high streets in the borough. This could blend in with the East Finchley Town Team's plans to improve and promote our town centre, see page 3.

The schemes are:

The Healthier Catering Commitment: open to all food businesses with a hygiene rating of three or above. The idea is to make small changes in how food is prepared with the intention of making it healthier.

Refill Barnet: your business can become a Refill Station by offering free drinking water.

Breastfeeding welcome: Mothers have a legal right to breast feed anywhere. Sadly some still feel uncomfortable at breastfeeding in public. Window stickers will show that nursing mothers are welcome.

Dementia-friendly: There is a borough-wide attempt to provide for people living with dementia. Local businesses can participate step by step, gradually improving accessibility, establishing clear signage and educating staff.

Community toilets: This scheme encourages local businesses, pubs, restaurants and shops to make their toilets available to the public in Barnet town centres and to supplement the existing toilets in libraries and parks. An annual maintenance fee of £800 - £1,200 will be paid to

premises that participate and open their toilets to the public free of charge.

For fuller details visit barnet.gov.uk and search 'Healthier High Streets'

BE PART OF IT Volunteers wanted

Compiled by Lynn Winton of N2United

Driving Aid to Ukraine is a new non-profit organisation based in N2 and started by local resident Michael Byrne, who delivers humanitarian aid to the Ukrainian conflict zones via border transfer points. His team needs volunteers to help them scale up their work, by building and sustaining a social media campaign, raising funds and grant writing. You can find out more by searching 'Driving Aid to Ukraine' on crowdfunder.co.uk or get in touch with Michael at 07791 912389.

East Finchley Pollinator Project aims to bring the bees back to N2. It is seeking interested gardeners to help develop new nectar café sites and maintain existing ones throughout East Finchley. If you love the outdoors and want to be part of the camaraderie of working with like-minded volunteers please contact efpollinators@gmail.com

Number Champions, based in East Finchley, helps transform the lives of young children in state primary schools who are struggling with numeracy or lack confidence in maths. They provide training for in-school volunteers to use games and other creative activities in one-to-one sessions with children. If you have good basic numeracy, plenty of enthusiasm, 1.5 hours/week during term time and you're interested in volunteering from late September, then please visit www.numberchampions.org.uk or contact volunteer@numberchampions.org.uk. This is the last call for this school year so if you're interested, don't delay!

Bin There Donate That is a successful local initiative, driven by Emma Frampton's passion to create a more sustainable neighbourhood. Huge steps have already been made in getting shops on board to take in reusable goods. All types of help are needed for research, liaising with local shops to take in items for recycling/reusing, web and social media updates and project managing. Whether you have one spare hour a week or much more, email bintheredonatethat@gmail.com for more details.



N2United is East Finchley's Community and Business Network. If you wish to be included in this column please send details to volunteer@n2united.co.uk. Max 60 words please.

Emergency Denture Repair and New Dentures



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