



Race rescued from cancellation gets over the line

By David Melsome

The popular Race the Neighbours event that almost never happened this year got over the starting line in fine style, with 500 runners competing over a 10k route between East Finchley and Muswell Hill.

The event was rescued from cancellation after the North London Hospice took over the organisation from the

elsewhere in north London tackled the 10k course from Cherry Tree Wood, N2, to Alexandra Palace and back on Sunday 30 June. The coveted Cherry Tree Cup was won by N10 (Muswell Hill) with their runners crossing the finish line in an average of 55 minutes. Individual male and female winners in first place were Monte Watson, 34:09, and



North London Hospice thanked everyone who took part and the 60 volunteers who helped on the day. Altogether, the race raised £22,000 to support patients needing end-of-life care.

Funding services

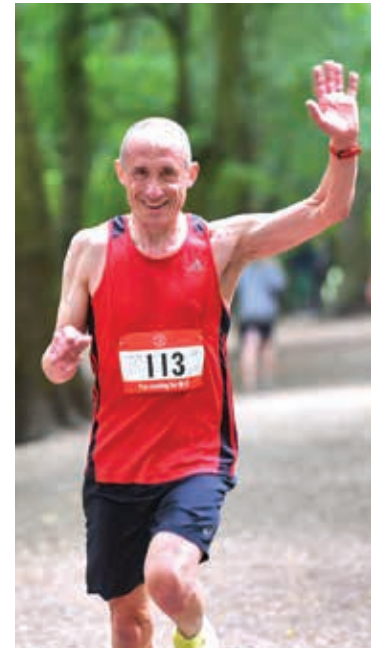
Hospice CEO Declan Carroll said: "Our care is free of charge, but it does not come for free. It now costs nearly £16million a year to fund our services. Most of our funding comes from donations, this is something that we never take for granted. That is why the support from our local community, through events like Race the Neighbours, is so important."

North London Hospice cares for over 3,500 people with a life-limiting illness every year within the boroughs of Barnet, Enfield and Haringey and provides support for their families, friends, and carers.

Wave of runners: Race the Neighbours competitors make their way along the Parkland Walk towards Alexandra Palace and, below, arrive back in Cherry Tree Wood.

Left: The fastest runners line up and the race gets under way.

Photos North London Hospice



founding team of volunteers, who had announced they'd run out of time to stage it this year (The Archer, March 2024). Runners from East Finchley, Muswell Hill, Highgate and

Gillian Hughes, 43:18; in second place Alexander Mulvihill, 36:00, and Chloe Lane, 48:11; and in third place Fred Beale, 36:17, and Claudia Neira, 49:07.

kütchenhaus
The German Kitchen

BWU AWARDS
10 Years
bathrooms and kitchen solutions
YOUR INDUSTRY YOUR CHANCE

Proud Winner
kütchenhaus
The German Kitchen
Hampstead Garden Suburb

Deck the halls - and your kitchen too
Get your dream kitchen before Christmas!



Kutchenhaus Hampstead Garden Suburb and Swiss Cottage
0203 948 5006
Kutchenhaus, 1 Lyttleton Road,
Hampstead Garden Suburb, N2 0DR
showroom@hg.kutchenhaus.co.uk
kutchenhaus_hsl

BIN THERE DONATE THAT

Where to donate your unwanted household items for recycling

- Batteries to EF Electricals and Sainsbury's, High Road
- Bicycle inner tubes to Bike & Run, High Road
- Cables and small electrical items to EF Electricals, High Road
- Crisp packets to Cherry Tree Café, Cherry Tree Wood
- Dental products (toothbrushes and heads) to Cavendish Dental Practice, East End Road
- Electrical cables to Everything Electrical, High Road
- Ink jet cartridges to UOE, High Road
- Lightbulbs to Amy's or EF Electricals, High Road
- Make-up to Oakdale Pharmacy, High Road.
- Paper, cork, ribbon, foil, wood off-cuts, buttons, stationery, sequins, carpet samples to Amy's, High Road
- Spectacles to Stewart Duncan Opticians and David Hillel Opticians, High Road